

Dance

2017 Summer Sessions	Novice & Junior Teams
<p>The Edge School for Athletes 33055 Township Rd 250 Calgary, AB T3Z 1L4</p> <p>Registration: http://calalta.uplifterinc.com/ P: 403-245-2425 Email: info@calalta.net Website: www.calalta.net</p>	<p>Please see Kim or Chantelle for details on the program and for permission to skate in this program.</p> <p>You must be registered and paid prior to attending or you will be asked to leave the ice.</p> <p>Medical refunds available with a Doctor's note and an absence of more than one week.</p>

The packages are available on the following weeks:		
Week #	Cost per Week	Dates Available
Monday to Friday unless specified below		
1	\$282.00	July 3-7
2	\$282.00	July 10-14
3	\$282.00	July 17-21
4	\$282.00	July 24-28
5	\$282.00	July 31-Aug 4

Must book by the week

Daily Schedule Novice to Junior Dance teams		
Times	Type	Comments
7:00-7:20 am	Off Ice	Warm up and walk through
7:30-9:00 am	Ice	
9:45-10:45 pm	Off Ice	Ball Room, Musical Theatre, Ballet
11:00-12:30 pm	Ice	
12:45-1:45 pm	Off Ice	Duckett Fitness Centre
The sessions below are booked a la carte on Uplifter		
2:45 - 3:30 pm	Free Skate @ The Glencoe	Monday to Friday @ \$50/week
3:30 - 4:00 pm	Stroking @ The Glencoe	Monday to Friday @ \$50/week
4:15 - 5:00 pm	Free Skate @ The Glencoe	Monday to Thursday @ \$40/week

Please ensure your skater has the necessary gear to make for a successful day:

- Healthy and nutritious snacks and water;
- Proper footwear and clothing for off ice classes.