

2018 Summer Schedule for Jimmie Condon Arena



July 3 to Aug 3, 2018

Monday	Tuesday	Wednesday	Thursday	Friday
Competitive 1&2 7:30-8:00 am Stroking	Competitive 1&2 7:30-8:00 am Stroking	Competitive 1&2 7:30-8:00 am Stroking	Competitive 1&2 7:30-8:00 am Stroking	Competitive 1&2 7:30-8:00 am Stroking
Competitive 2 8:00-8:45 am Free Skate	Competitive 2 8:00-8:45 am Free Skate	Competitive 2 8:00-8:45 am Free Skate	Competitive 2 8:00-8:45 am Free Skate	Competitive 2 8:00-8:45 am Free Skate
Flood 8:45-9:00 am	Flood 8:45-9:00 am	Flood 8:45-9:00 am	Flood 8:45-9:00 am	Flood 8:45-9:00 am
Competitive 1 9:00-9:45 am Free Skate	Competitive 1 9:00-9:45 am Free Skate	Competitive 1 9:00-9:45 am Free Skate	Competitive 1 9:00-9:45 am Free Skate	Competitive 1 9:00-9:45 am Free Skate
Competitive 2 9:45-10:30 am Free Skate	Competitive 2 9:45-10:30 am Free Skate	Competitive 2 9:45-10:30 am Free Skate	Competitive 2 9:45-10:30 am Free Skate	Competitive 2 9:45-10:30 am Free Skate
Flood 10:30-10:45 am	Flood 10:30-10:45 am	Flood 10:30-10:45 am	Flood 10:30-10:45 am	Flood 10:30-10:45 am
Competitive 1 10:45-11:30 am Free Skate	Competitive 1 10:45-11:30 am Free Skate	Competitive 1 10:45-11:30 am Free Skate	Competitive 1 10:45-11:30 am Free Skate	Competitive 1 10:45-11:30 am Free Skate
Competitive 2 11:30-12:15 pm Free Skate	Competitive 2 11:30-12:15 pm Free Skate	Competitive 2 11:30-12:15 pm Free Skate	Competitive 2 11:30-12:15 pm Free Skate	Competitive 2 11:30-12:15 pm Free Skate
Flood 12:15-12:30 pm	Flood 12:15-12:30 pm	Flood 12:15-12:30 pm	Flood 12:15-12:30 pm	Flood 12:15-12:30 pm
Competitive 1 12:30-1:15 pm Free Skate	Competitive 1 12:30-1:15 pm Free Skate	Competitive 1 12:30-1:15 pm Free Skate	Competitive 1 12:30-1:15 pm Free Skate	Competitive 1 12:30-1:15 pm Free Skate
Star 2 to 5/Open 1:15-2:00 pm Free Skate	Star 2 to 5/Open 1:15-2:00 pm Free Skate	Star 2 to 5/Open 1:15-2:00 pm Free Skate	Star 2 to 5/Open 1:15-2:00 pm Free Skate	Star 2 to 5/Open 1:15-2:00 pm Free Skate
Flood 2:00-2:15 pm	Flood 2:00-2:15 pm	Flood 2:00-2:15 pm	Flood 2:00-2:15 pm	Flood 2:00-2:15 pm
Star Camp/ Open Free Skate 2:15-3:00 pm Group Lesson	Star Camp/ Open Free Skate 2:15-3:00 pm Group Lesson	Star Camp/ Open Free Skate 2:15-3:00 pm Group Lesson	Star Camp/ Open Free Skate 2:15-3:00 pm Group Lesson	Star Camp/ Open Free Skate 2:15-3:00 pm Group Lesson
Stroking 3:00-3:15 pm Star Camp & Star 2-5	Stroking 3:00-3:15 pm Star Camp & Star 2-5	Stroking 3:00-3:15 pm Star Camp & Star 2-5	Stroking 3:00-3:15 pm Star Camp & Star 2-5	Stroking 3:00-3:15 pm Star Camp & Star 2-5
Star 2 to 5/Open 3:15-4:00 pm Free Skate	Star 2 to 5/Open 3:15-4:00 pm Free Skate	Star 2 to 5/ Open 3:15-4:00 pm Free Skate	Star 2 to 5/Open 3:15-4:00 pm Free Skate	Star 2 to 5/Open 3:15-4:00 pm Free Skate
	Open 6:30-7:30 pm		Open 6:30-7:30 pm	
	Open July 3,10,17,24,31 7:30-8:30 pm <i>No August sessions</i>		Open July 5,12,19,26 7:30-8:30 pm <i>No August sessions</i>	

2018 Summer Schedule for Jimmie Condon Arena



July 3 to Aug 3, 2018

Monday Off Ice	Tuesday Off Ice	Wednesday Off Ice	Thursday Off Ice	Friday Off Ice
Competitive 1 8:15—8:45 am Off Ice	Competitive 1 8:15—8:45 am Off Ice	Competitive 1 8:15—8:45 am Off Ice	Competitive 1 8:15—8:45 am Off Ice	Competitive 1 8:15—8:45 am Off Ice
Competitive 2 9:00-9:30 am Off Ice	Competitive 2 9:00-9:30 am Off Ice	Competitive 2 9:00-9:30 am Off Ice	Competitive 2 9:00-9:30 am Off Ice	Competitive 2 9:00-9:30 am Off Ice
Competitive 1 11:35-12:20 pm Off Ice (fitness)	Competitive 1 11:35-12:20 pm Off Ice (fitness)	Competitive 1 11:35-12:20 pm Off Ice (fitness)	Competitive 1 11:35-12:20 pm Off Ice (fitness)	Competitive 1 11:35-12:20 pm Off Ice (fitness)
Competitive 2 12:25-1:10 pm Off Ice (fitness)	Competitive 2 12:25-1:10 pm Off Ice (fitness)	Competitive 2 12:25-1:10 pm Off Ice (fitness)	Competitive 2 12:25-1:10 pm Off Ice (fitness)	Competitive 2 12:25-1:10 pm Off Ice (fitness)
Star Camp 1:30-2:00 pm Off Ice (Jump)	Star Camp 1:30-2:00 pm Off Ice (Jump)	Star Camp 1:30-2:00 pm Off Ice (Jump)	Star Camp 1:30-2:00 pm Off Ice (Jump)	Star Camp 1:30-2:00 pm Off Ice (Jump)
Star 2-5 2:15-2:45 pm Off Ice (Jump)	Star 2-5 2:15-2:45 pm Off Ice (Jump)	Star 2-5 2:15-2:45 pm Off Ice (Jump)	Star 2-5 2:15-2:45 pm Off Ice (Jump)	Star 2-5 2:15-2:45 pm Off Ice (Jump)
Star Camp 3:30-4:00 pm Off Ice (fitness)	Star Camp 3:30-4:00 pm Off Ice (fitness)	Star Camp 3:30-4:00 pm Off Ice (fitness)	Star Camp 3:30-4:00 pm Off Ice (fitness)	Star Camp 3:30-4:00 pm Off Ice (fitness)
Star 2-5 4:15-5:00 pm Off Ice (fitness)	Star 2-5 4:15-5:00 pm Off Ice (fitness)	Star 2-5 4:15-5:00 pm Off Ice (fitness)	Star 2-5 4:15-5:00 pm Off Ice (fitness)	Star 2-5 4:15-5:00 pm Off Ice (fitness)

Off Ice includes a variety of different activities like, flexibility training, gymnastics, pilates, mindfulness, fitness, ballet, stretching, cool down and warm up exercises.

Level	Description
Open	Open to all skaters and disciplines.
Star Camp	For Introduction to Figure Skating, GroupStar, first year Junior Prep skaters or Star 1. This group is fully supervised from the time they are dropped off to when they are picked up.
Star 2-5	For 2 nd Year Junior Prep HP skaters, Star 2-5, or skaters
Competitive 1	This package is for competitive skaters who compete at the Pre-Novice (2 nd yr), Novice and Junior level. Please speak to your coach BEFORE registering.
Competitive 2	This package is for competitive skaters who compete at the Pre-Juvenile, Juvenile and 1 st year Pre-Novice. Please speak to your coach BEFORE registering.