

Calalta Figure Skating Club has a highly qualified team of professional coaches who work together to ensure that each skater achieves personal excellence. Our coaching team includes international level coaches in Singles, Pairs, and Dance. All of our coaches have been certified through the National Coaching Certification Program (NCCP) and abide by Skate Canada's Coaches' Code of Ethics. In addition, many of our coaches have been trained in Dartfish video technology, an advanced software program that enhances performance analysis.

The Calalta coaching team asks that all skaters and parents adhere to the Calalta Figure Skating Club policies and Skate Canada's Parent Code of Conduct.



JAIME-LYN JACKSON - Director of Group Skating

(403) 690-9598

Calaltagroupprogramsdirector@gmail.com

Skating Accomplishments: Former "Disney on Ice" Professional Skater; Former National Competitive Senior Synchro Skater; Gold Dance, Gold Skills, Sr. Silver Free Skate elements

Coaching Accreditation/Education: Certified Provincial Coach and can power certified. 15 years coaching experience. Analyze Technical & Tactile Performance Course, CanSkate University recipient. Developer and coach of Sectional, StarSkate champions and Alberta winter games medalist. Coach in both Competitive and StarSkate streams. Specialize in early development.

Coaching Venue: Jimmie Condon & COP

Days available: Monday to Saturday

Coaching Area of interest: Free skate and skills

Accepting new students: on an individual basis

Coaching rate: \$14.50 per 15 minutes

Coaches at Jimmie Condon and COP



ANABELLE LANGLOIS

langloishaycoach@hotmail.com

Skating Accomplishments: 2002 & 2010 Canadian Olympic team member, 2008 Canadian Pair Champion, 6 times world team member, 8 time national medalist

Coaching Accreditation/Education: Certified National Coach, High Performance Coach-International, gold status, coach of provincial, challenge & national champions.

Coaching Venue: COP & JCA

Days available: Monday to Friday

Accepting new students: Yes, all levels, focussing on the development of future competitors

Coaching Area of interest: Competitive singles and pairs training from Pre-Juv to Sr.

Coaching rate: \$17.50 per 15 minute lesson

Coaches at COP



CODY HAY

langloishaycoach@hotmail.com

Skating Accomplishments: 2010 Canadian Olympic team member, 2008 Canadian pair champion, 3 times national medalist, 3 times world team member

Coaching Accreditation/Education: Certified National Coach, High Performance Coach-International, gold status, coach of provincial, challenge & national champions

Coaching Venue: COP

Days available: Monday to Friday

Accepting new students: Yes, all levels, focussing on the development of future competitors

Coaching Area of interest: Competitive singles and pairs training from Pre-Juv to Sr.

Coaching rate: \$17.50 per 15 minute lesson

Coaches at COP



JEFF LANGDON

(403) 807-9212

jefflangdon421@hotmail.com

Skating Accomplishments: 4 time National Medalist, World and Olympic Team Member for Canada, Principal skater for Willy Bietak and Holiday on Ice Productions

Coaching Accreditation/Education: Certified National Coach Coach of Provincial, Challenge, National, International, European, World and Olympic Competitors

Coaching Venue: COP

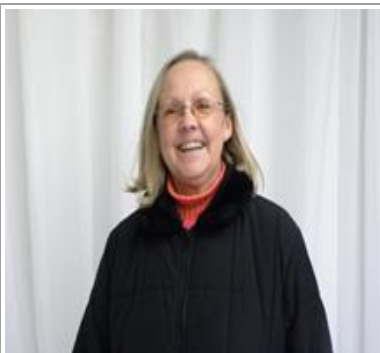
Days available: Monday to Friday

Accepting new students:

Coaching Area of interest: Pre-Juvenile to Senior competitive skaters

Coaching rate: \$18.50 per 15 minute lesson

Coaches at COP



LAURIE FINNEY

(403) 287-3229

lauriejfinney@gmail.com

Skating Accomplishments: Gold Figure, Gold Freeskate, Gold Dance Gold Free Dance, Gold Pairs. Former Alberta Senior Champion and National Competitor - Novice, Junior and Senior

Coaching Accreditation/Education: 40 Years Coaching experience Coach & Trainer of Provincial Champions, Divisional Competitors, National & International Competitors, Coach & Trainer of Divisional, National, and International Medalist, Coach of Canada Winter Games Competitors Mentor Coach Level I, II and III Certified National Coach

Coaching Venue: JCA **Days available:** 7 days a week

Coaching Area of interest: All disciplines

Accepting new students: Yes

Coaching rate: \$17.00 per 15 minute lesson

Coaches at Jimmie Condon



Alison Bonney-Gregson
 (403) 606-9068
alisonskates@gmail.com

Skating Accomplishments: Diamond Dance, Gold Freeskate, Novice Competitive Test, 7th Figure, Competitive Skating Skills Class 1 equivalency. Former PreNovice Ladies Champion, Alberta/NWT Sectional Championships
Coaching Accreditation/Education: Certified National Coach
 NCCP Level 3 Trained Ice Dance
 21 years coaching experience
Coaching Venue: Jimmie Condon & COP
Days available: Sunday to Friday
Coaching Area of interest: Dance, Freeskate & skills
Accepting new students: Yes, all levels and disciplines
Coaching rate: \$16.00 per 15 minute lesson

Coaches at Jimmie Condon and COP



CHANTELLE PORTZ
chantelle@portz.ca

Skating Accomplishments:
Coaching Accreditation/Education: 16 years coaching experience
 Certified Provincial Coach, National Coach Trained, Level 3 (partial), CEP Gold Status, Certified CanPower
Coaching Venue: COP
Days available: Monday to Friday (JC Available for bookings)
Coaching Area of interest:
Accepting new students: Yes
Coaching rate: \$15.00 per 15 minute lesson

Coaches at COP



CATHY SAHALUK
 (403) 244-9020 (h)
 (403) 650-8390 (c)
cathy_sahaluk@shaw.ca

Skating Accomplishments: 6th Figure, Sr. Bronze Free Skate, Gold Dance, Ten Fox Variation and Bronze Rhythm Dance
Coaching Accreditation/Education: 45 years coaching experience, Mentor Coach level 1, Certified Provincial Coach, level 3 in training
Coaching Venue: Jimmie Condon
Coaching Area of interest: All disciplines
Accepting new students: Yes
Coaching rate: \$12.50 per 15 minute lesson

Coaches at Jimmie Condon



PAUL THOMAS
 (403) 272-5125
wpthomas@telusplanet.net

Skating Accomplishments: Former British, European and World Ice Dance Champion
Coaching Accreditation/Education: Senior Instructor with 43 Years Coaching experience. National Competitive Coach - Singles and Dance Coach of National Medalists, Coach of Canada Winter Games Competitors Certified National Coach
Coaching Venue: Jimmie Condon Monday-Friday
Coaching Area of interest: All disciplines **Days available:** 7 days a week
Accepting new students: Yes
Coaching rate: \$16.50 per 15 minute lesson

Coaches at Jimmie Condon



KIM SLOPAK-WEEKS
toepik@shaw.ca

Skating Accomplishments: 7th Figure, Jr. Silver Free, Competitive Skating Skills Class 1. Diamond Dance Equivalency, Gold Free Dance, Sr. Competitive Dance Former National Team Member and International Competitor
Coaching Accreditation/Education: Certified National Coach / partial Level 4 Coached medalists at Skate Canada National Championships Calalta Competitive Ice Dance Program Manager
 Pre-Novice, Novice and Junior Teams competed in Cross-Border Internationals Figure Skating Coaching Certificate from Seneca College
 29 years coaching experience
Coaching Venue: Jimmie Condon & COP
Coaching Area of interest: Dance, Dance teams & Skills
Accepting new students: Yes, all levels and disciplines in September after I have confirmed who is returning
Coaching rate: \$17.50 per 15 minute lesson

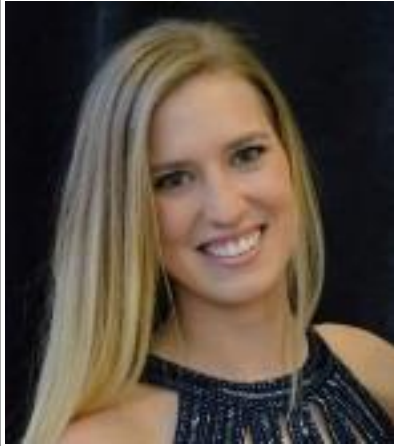
Coaches at Jimmie Condon and COP



Tammi Chudak
 780-887-5902
sk8terchudak@gmail.com

Skating Accomplishments: Skate Canada Gold figure, Gold Freeskate, Novice Competitive, Gold Dances, Gold Skating Skills. Coach of Provincial, Challenge, and National Competitors in Singles and Pair skating
Coaching Accreditation/Education: 29 years coaching experience Certified National Coach Level 3. CanPowerSkate Certified - 25 years experience working with all ages from tiny tykes to WHL
Coaching Venue: COP Monday - Friday
 JCA Tues/Thurs mornings/evenings, JCA Mon/wed after 7:30pm
 JCA Sunday mornings
Coaching Area of interest: Free Skate/Skills **Accepting new students:** Yes
Coaching rate: \$16.00 per 15 minute lesson

Coaches at COP and Jimmie Condon



Nicole Grenon
403-608-0794
Nicole.grenon@ucalgary.ca

Skating Accomplishments: Gold Dance, Gold Skills, Gold Interpretive, Gold Free Skate. Former Novice Competitive Singles Skater
Coaching Accreditation/Education: Certified Regional Coach, CanSkate and CanPower Certified.
Bachelor of Science, Queen's University; Master of Science, University of Calgary; Currently studying Education at the University of Calgary.
Coaching Venue: Jimmie Condon
Days available: Monday-Saturday
Coaching Area of interest: Freeskate, skills and power skating.
Accepting new students: Yes
Coaching rate: \$12.00 per 15 minutes



Andrea St.Cyr
andreastcyr@gmail.com

Skating Accomplishments:
Gold Freeskate, Gold Dance, Gold Skills, Ten-Fox Variation, National Open Synchronized Skating Champion, Ballet and Jazz Background
Coaching Accreditation:
19 years coaching experience
Certified National Coach Singles & Synchronized Skating Certified
CanPower Certified - CEP Gold Status
National Level Synchronized Skating Teams
National StarSkate Dance Biathlon and Singles Champions
Coaching Venue: Jimmie Condon Arena
Days Available: Tuesdays & Thursdays
Coaching Area of Interest: All disciplines-Freeskate, Dance, Skills and Synchronized Skating
Accepting New Students: Yes
Coaching Rate: \$14.00

Coaches at Jimmie Condon



Coaches at JCA and COP

GREG FOLK

(403) 245-0833

ghfolk@shaw.ca

Skating Accomplishments:

Coaching Accreditation/Education: NCCP Level 4 Certified

NCCP Level 3 & 4 Course Conductor

Certified Corporate Performance Coach

Over 40 Years Coaching Experience

Master Coach Rating by NCI, PSA(PSGA), and the FSCC

Coach and Trainer of Provincial, Challenge and National Champions

Coach and Trainer of International, Junior World and World Competitors

Skate Canada Triple Gold Medalist - National Medalist in Junior and Senior

Singles & Senior Fours

Coaching Venue: Jimmie Condon and COP

Days available: Monday to Friday

Coaching Area of interest: Jump and Spin Technique. All levels

Accepting new students: on an individual basis

Coaching rate: \$20.00 per 15 minute

Ben Westenberger

(403)604-8883

BFITCHER@hotmail.com

Skating Accomplishments: 9 Time National Competitor, 2011 World and ISU Four Continents competitor in Ice Dance.

Coaching Accreditation/Education: US Figure Skating Triple Gold Medalist in Ice Dance, Moves in the Field, and Free Dance. SkateCanada Triple Gold Medalist in Ice Dance, Free Dance, and Couples Interpretative. Coached skaters through their US and Canadian Gold, International and Diamond Dances. Coached skaters to the Canadian and US Nationals in ice dance as well as single skaters at the Regional and Sectional levels.

Coaching Venue: Jimmie Condon & COP

Days available: Monday through Saturday

Coaching Area of interest: All disciplines. Specializing in Ice Dance, Stroking, and Choreography

Accepting new students: Yes, all levels and disciplines

Coaching rate: \$16.00 per 15 minute lesson



VALEEN HOLLAND

(403) 837-2684

hollandv@shaw.ca

Skating Accomplishments: Gold Figure, Gold Freeskate, Gold Dance

3rd and 4th Class I.S.U. Dance

2nd and 3rd Class I.S.U. Figure

Coaching Accreditation/Education: Over 46 Years Coaching experience. Certified Provincial Coach NCCP Level III Technical and Theory

Coaching Venue: Jimmie Condon

Days available: Monday, Tuesday, Thursday and Friday

Coaching Area of interest: Dance & Skills

Accepting new students: Yes, all levels and disciplines

Coaching rate: \$15.50 per 15 minute lesson

Coaches at Jimmie Condon



Danielle Fujita

Skating Accomplishments:

Coaching Accreditation/Education: Over 25yrs of coaching experience

Skate Canada Coach Developer and Learning Facilitator

Graduate of Seneca College in Advanced Coaching Techniques

Graduate of MRU in Business & Marketing

National Coach Trained

Coaching Venue: Jimmie Condon & COP

Days available: Determined on an individual basis

Coaching Area of interest: Competitive Singles & Choreography

Accepting new students: On an individual basis

Coaching rate: \$15.00 per 15 minute lesson

Coaches at COP and Jimmie Condon



Coaches at COP

Tyler Myles
(403)909-7334
tyler_myles@rogers.com

Skating Accomplishments:

Novice and Junior Canadian Champion in Ice Dance
Senior National Team member and International competitor
Coach of International medallists at both the Junior and Senior level
Coached skaters to the 2014 Olympic Games and the 2011 - 2015 ISU World Championships

Associate Choreographer for the Stars On Ice tour

Coaching Accreditation/Education:

Certified National Coach
Technical Specialist in Ice Dance and Singles

Coaching Venue:

COP and J.C upon request

Days Available:

Monday through Saturday

Coaching Area of Interest:-High Performance Coaching and Choreography for Competitive skaters Juvenile through Senior in all disciplines

Coaching Rate:

\$18.00 per 15 minute lesson



Monique St.Cyr-Wasmann
mstcyr@gmail.com

Skating Accomplishments:

Gold Freeskate, Gold Dance, Gold Skills, Ten-Fox Variation, National Open Synchronized Skating Champion, Ballet and Jazz Background

Coaching Accreditation:

19 years coaching experience
Certified National Coach & Synchronized Skating Certified

CanPower Certified - CEP Gold Status

National Level Synchronized Skating Teams

National StarSkate Dance Biathlon and Singles Champions

Coaching Venue: Jimmie Condon Arena

Days Available: Tuesdays & Thursdays

Coaching Area of Interest: All disciplines-Freeskate, Dance, Skills and Synchronized Skating

Accepting New Students: Yes

Coaching Rate:\$14.00