

Calalta Figure Skating Club has a highly qualified team of professional coaches who work together to ensure that each skater achieves personal excellence. Our coaching team includes international level coaches in Singles, Pairs, and Dance. All of our coaches have been certified through the National Coaching Certification Program (NCCP) and abide by Skate Canada's Coaches' Code of Ethics.

The Calalta coaching team asks that all skaters and parents adhere to the Calalta Figure Skating Club policies and Skate Canada's Code of Ethics.



Coaches at COP

**Tyler Myles - Director of Skating**  
**(403)909-7334**  
[tyler\\_myles@rogers.com](mailto:tyler_myles@rogers.com)

**Skating Accomplishments:**

Novice and Junior Canadian Champion in Ice Dance  
Senior National Team member and International competitor  
Coach of International medallists at both the Junior and Senior level  
Coached skaters to the 2014 Olympic Games and the 2011 - 2015 ISU World Championships  
Associate Choreographer for the Stars On Ice tour

**Coaching Accreditation/Education:**

Certified National Coach  
Technical Specialist in Ice Dance and Singles

**Coaching Venue:**

COP and J.C upon request

**Days Available:**

Monday through Saturday

**Coaching Area of Interest:**-High Performance Coaching and Choreography for Competitive skaters Juvenile through Senior in all disciplines

**Coaching Rate:**

\$18.00 per 15 minute lesson



Coaches at Jimmie Condon and COP

**JAIME-LYN JACKSON - Director of Group Skating**  
**(403) 690-9598**  
[Calaltagroupprogramsdirector@gmail.com](mailto:Calaltagroupprogramsdirector@gmail.com)

**Skating Accomplishments:** Former "Disney on Ice" Professional Skater; Former National Competitive Senior Synchro Skater; Gold Dance, Gold Skills, Sr. Silver Free Skate elements

**Coaching Accreditation/Education:** Certified Provincial Coach and can power certified. 15 years coaching experience. Analyze Technical & Tactile Performance Course, CanSkate University recipient. Coach of Sectional, StarSkate, Alberta Winter Games and Leading Edge champions and medalists

**Coaching Venue:** Jimmie Condon & COP with limited availability

**Days available:** Monday to Saturday

**Coaching Area of interest:** Free skate and skills

**Accepting new students:** on an individual basis

**Coaching rate:** \$14.50 per 15 minutes



Coaches at COP

**JEFF LANGDON**

(403) 807-9212

[jefflangdon421@hotmail.com](mailto:jefflangdon421@hotmail.com)

**Skating Accomplishments:** 4 time National Medalist, World and Olympic Team Member for Canada, Principal skater for Willy Bietak and Holiday on Ice Productions

**Coaching Accreditation/Education:** Certified National Coach  
Coach of Provincial, Challenge, National, International, European, World and Olympic Competitors

**Coaching Venue:** COP

**Days available:** Monday to Friday

**Accepting new students:**

**Coaching Area of interest:** Pre-Juvenile to Senior competitive skaters

**Coaching rate:** \$18.50 per 15 minute lesson



Coaches at COP

**NATASHA TAYLOR**

[natasha@taylorskating.com](mailto:natasha@taylorskating.com)

403-891-6781

**Skating Accomplishments:** Quad Gold, Junior/Senior skater, 2010 International Skating Union (ISU) Adult Champion. Coach and trainer of Provincial, Challenge and National Champions. Skate Canada High Performance Mentorship Program coach

**Coaching Accreditation/Education:** Level 3 Certified in Singles, Trained in Fitness and Nutrition

**Coaching Venue:** COP

**Days available:**

**Coaching area of interest:** Freeskate

**Accepting new students:** Yes

**Coaching rate:** \$16.50 per 15 minute lesson



Coaches at COP

**ANABELLE LANGLOIS**

[langloishaycoach@hotmail.com](mailto:langloishaycoach@hotmail.com)

**Skating Accomplishments:** 2002 & 2010 Canadian Olympic team member, 2008 Canadian Pair Champion, 6 times world team member, 8 time national medalist  
**Coaching Accreditation/Education:** Certified National Coach, High Performance Coach-International, gold status, coach of provincial, challenge & national champions.

**Coaching Venue:** COP & JCA

**Days available:** Monday to Friday

**Accepting new students:** Yes, all levels, focussing on the development of future competitors

**Coaching Area of interest:** Competitive singles and pairs training from Pre-Juv to Sr.

**Coaching rate:** \$17.50 per 15 minute lesson



Coaches at COP

**CODY HAY**

[langloishaycoach@hotmail.com](mailto:langloishaycoach@hotmail.com)

**Skating Accomplishments:** 2010 Canadian Olympic team member, 2008 Canadian pair champion, 3 times national medalist, 3 times world team member

**Coaching Accreditation/Education:** Certified National Coach, High Performance Coach-International, gold status, coach of provincial, challenge & national champions

**Coaching Venue:** COP

**Days available:** Monday to Friday

**Accepting new students:** Yes, all levels, focussing on the development of future competitors

**Coaching Area of interest:** Competitive singles and pairs training from Pre-Juv to Sr.

**Coaching rate:** \$17.50 per 15 minute lesson



Coaches at COP and Jimmie Condon

**KIM SLOPAK-WEEKS**

[toepik@shaw.ca](mailto:toepik@shaw.ca)

**Skating Accomplishments:** 7th Figure, Jr. Silver Free, Competitive Skating Skills Class 1. Diamond Dance Equivalency, Gold Free Dance, Sr. Competitive Dance Former National Team Member and International Competitor

**Coaching Accreditation/Education:** Certified National Coach / partial Level 4 Coached medalists at Skate Canada National Championships Calalta Competitive Ice Dance Program Manager

Pre-Novice, Novice and Junior Teams competed in Cross-Border Internationals Figure Skating Coaching Certificate from Seneca College

29 years coaching experience

**Coaching Venue:** Jimmie Condon & COP

**Coaching Area of interest:** Dance, Dance teams & Skills

**Accepting new students:** Yes, all levels and disciplines in September after I have confirmed who is returning

**Coaching rate:** \$17.50 per 15 minute lesson



**LAURIE FINNEY**

(403) 287-3229

[lauriejfinney@gmail.com](mailto:lauriejfinney@gmail.com)

**Skating Accomplishments:** Gold Figure, Gold Freeskate, Gold Dance Gold Free Dance, Gold Pairs. Former Alberta Senior Champion and National Competitor - Novice, Junior and Senior

**Coaching Accreditation/Education:** 40 Years Coaching experience Coach & Trainer of Provincial Champions, Divisional Competitors, National & International Competitors, Coach & Trainer of Divisional, National, and International Medalist, Coach of Canada Winter Games Competitors Mentor Coach Level I, II and III Certified National Coach

**Coaching Venue:** JCA **Days available:** 7 days a week

**Coaching Area of interest:** All disciplines

**Accepting new students:** Yes

**Coaching rate:** \$17.00 per 15 minute lesson

Coaches at Jimmie Condon



**GREG FOLK**

(403) 245-0833

[ghfolk@shaw.ca](mailto:ghfolk@shaw.ca)

**Skating Accomplishments:**

Skate Canada Triple Gold Medalist - National Medalist in Junior and Senior Singles & Senior Fours

**Coaching Accreditation/Education:** NCCP Level 4 Certified

NCCP Level 3 & 4 Course Conductor

Certified Corporate Performance Coach

Over 36 Years Coaching Experience

Master Coach Rating by NCI, PSA(PSGA), and the FSCC

Coach and Trainer of Provincial, Challenge and National Champions

Coach and Trainer of International, Junior World and World Competitors

Many time presenter and guest at National and International Skating Conventions and Conferences.

**Coaching Venue:**

**Days available:**

**Coaching Area of interest:**

**Accepting new students:**

**Coaching rate:** \$20.00 per 15 minute lesson

Coaches at COP and Jimmie Condon



**Tammi Chudak**  
780-887-5902  
[sk8terchudak@gmail.com](mailto:sk8terchudak@gmail.com)

**Skating Accomplishments:** Skate Canada Gold figure, Gold Freeskate, Novice Competitive, Gold Dances, Gold Skating Skills. Coach of Provincial, Challenge, and National Competitors in Singles and Pair skating

**Coaching Accreditation/Education:** 29 years coaching experience  
Certified National Coach Level 3. CanPowerSkate Certified - 25 years experience working with all ages from tiny tykes to WHL

**Coaching Venue:** COP Monday - Friday  
JCA Tues/Thurs mornings/evenings, JCA Mon/wed after 7:30pm  
JCA Sunday mornings

**Coaching Area of interest:** Free Skate/Skills **Accepting new students:** Yes

**Coaching rate:** \$16.00 per 15 minute lesson

Coaches at COP and JCA



**CHANTELLE PORTZ**  
[chantelle@portz.ca](mailto:chantelle@portz.ca)

**Skating Accomplishments:**

**Coaching Accreditation/Education:** 16 years coaching experience  
Certified Provincial Coach, National Coach Trained, Level 3 (partial), CEP Gold Status, Certified CanPower

**Coaching Venue:** COP

**Days available:** Monday to Friday (JC Available for bookings)

**Coaching Area of interest:**

**Accepting new students:** Yes

**Coaching rate:** \$17.00 per 15 minute lesson

Coaches at COP

**Ben Westenberger**  
**(403)604-8883**  
[BFITCHER@hotmail.com](mailto:BFITCHER@hotmail.com)

**Skating Accomplishments:** 9 Time National Competitor, 2011 World and ISU Four Continents competitor in Ice Dance.

**Coaching Accreditation/Education:** US Figure Skating Triple Gold Medalist in Ice Dance, Moves in the Field, and Free Dance. SkateCanada Triple Gold Medalist in Ice Dance, Free Dance, and Couples Interpretative. Coached skaters through their US and Canadian Gold, International and Diamond Dances. Coached skaters to the Canadian and US Nationals in ice dance as well as single skaters at the Regional and Sectional levels.

**Coaching Venue:** Jimmie Condon & COP

**Days available:** Monday through Saturday



**Coaching Area of interest:** All disciplines. Specializing in Ice Dance, Stroking, and Choreography

**Accepting new students:** Yes, all levels and disciplines

**Coaching rate:** \$16.00 per 15 minute lesson

DANIELA SOVAK

[piruetads@hotmail.com](mailto:piruetads@hotmail.com)

403-287-4144

**Skating Accomplishments:** International competitor

Professional ice show soloist/experience

**Coaching Accreditation/Education:** National and International SC coach with 36 years of experience

Chaired the "Learn to Train" stage of SC LTAD (Skate Canada Long Term Athlete Development)

Doctor of Natural Sciences with specialization in human growth and development as related to physical activity.

Ballet and music training

**Coaching Venue:** Jimmie Condon and COP

**Days available:** JCA Mon/Thu last evening session, Sat 1:45-3:15 pm, Sun 10:15-12:30 pm

COP Mon/Wed/Fri am, Mon-Thu day ice

**Coaching area of interest:** Beginners to Senior level competitive in Singles.

Skating fundamentals, Skating Skills, off ice training and basic program choreography

**Accepting new students:** YES

**Coaching rate:** \$18.00 per 15 minutes

**Alison Bonney-Gregson**

(403) 606-9068

[alisonskates@gmail.com](mailto:alisonskates@gmail.com)

**Skating Accomplishments:** Diamond Dance, Gold Freeskate, Novice Competitive Test, 7th Figure, Competitive Skating Skills Class 1 equivalency. Former PreNovice Ladies Champion, Alberta/NWT Sectional Championships

**Coaching Accreditation/Education:** Certified National Coach

NCCP Level 3 Trained Ice Dance

21 years coaching experience

**Coaching Venue:** Jimmie Condon & COP

**Days available:** Sunday to Friday

**Coaching Area of interest:** Dance, Freeskate & skills

**Accepting new students:** Yes, all levels and disciplines

**Coaching rate:** \$16.00 per 15 minute lesson



Coaches at COP and Jimmie Condon



Coaches at Jimmie Condon and COP



Coaches at Jimmie Condon

**VALEEN HOLLAND**

(403) 837-2684  
[hollandv@shaw.ca](mailto:hollandv@shaw.ca)

**Skating Accomplishments:** Gold Figure, Gold Freeskate, Gold Dance  
3rd and 4th Class I.S.U. Dance  
2nd and 3rd Class I.S.U. Figure

**Coaching Accreditation/Education:** Over 46 Years Coaching experience. Certified Provincial Coach NCCP Level III Technical and Theory

**Coaching Venue:** Jimmie Condon

**Days available:** Monday, Tuesday, Thursday and Friday

**Coaching Area of interest:** Dance & Skills

**Accepting new students:** Yes, all levels and disciplines

**Coaching rate:** \$15.50 per 15 minute lesson



Coaches at Jimmie Condon

**CATHY SAHALUK**

(403) 244-9020 (h)  
(403) 650-8390 (c)  
[cathy\\_sahaluk@shaw.ca](mailto:cathy_sahaluk@shaw.ca)

**Skating Accomplishments:** 6<sup>th</sup> Figure, Sr. Bronze Free Skate, Gold Dance, Ten Fox Variation and Bronze Rhythm Dance

**Coaching Accreditation/Education:** 45 years coaching experience, Mentor Coach level 1, Certified Provincial Coach, level 3 in training

**Coaching Venue:** Jimmie Condon

**Coaching Area of interest:** All disciplines

**Accepting new students:** Yes

**Coaching rate:** \$12.50 per 15 minute lesson



Coaches at Jimmie Condon

**PAUL THOMAS**

(403) 272-5125  
[wpthomas@telusplanet.net](mailto:wpthomas@telusplanet.net)

**Skating Accomplishments:** Former British, European and World Ice Dance Champion

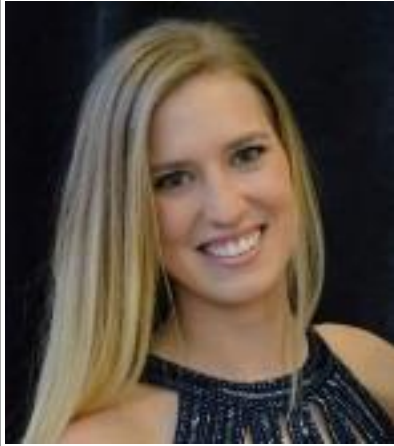
**Coaching Accreditation/Education:** Senior Instructor with 43 Years Coaching experience. National Competitive Coach - Singles and Dance  
Coach of National Medalists, Coach of Canada Winter Games Competitors  
Certified National Coach

**Coaching Venue:** Jimmie Condon Monday-Friday

**Coaching Area of interest:** All disciplines **Days available:** 7 days a week

**Accepting new students:** Yes

**Coaching rate:** \$16.50 per 15 minute lesson



Nicole Grenon  
403-608-0794  
[Nicole.grenon@ucalgary.ca](mailto:Nicole.grenon@ucalgary.ca)

**Skating Accomplishments:** Gold Dance, Gold Skills, Gold Interpretive, Gold Free Skate. Former Novice Competitive Singles Skater  
**Coaching Accreditation/Education:** Certified Regional Coach, CanSkate and CanPower Certified.  
Bachelor of Science, Queen's University; Master of Science, University of Calgary; Currently studying Education at the University of Calgary.  
**Coaching Venue:** Jimmie Condon  
**Days available:** Monday-Saturday  
**Coaching Area of interest:** Freeskate, skills and power skating.  
**Accepting new students:** Yes  
**Coaching rate:** \$12.00 per 15 minutes

Coaches at Jimmie Condon



**Danielle Fujita**

**Skating Accomplishments:**  
**Coaching Accreditation/Education:** Over 25yrs of coaching experience  
Skate Canada Coach Developer and Learning Facilitator  
Graduate of Seneca College in Advanced Coaching Techniques  
Graduate of MRU in Business & Marketing  
National Coach Trained  
**Coaching Venue:** Jimmie Condon & COP  
**Days available:** Determined on an individual basis  
**Coaching Area of interest:** Competitive Singles & Choreography  
**Accepting new students:** On an individual basis  
  
**Coaching rate:** \$15.00 per 15 minute lesson

Coaches at COP and Jimmie Condon





**Andrea St.Cyr**  
[andreastcyr@gmail.com](mailto:andreastcyr@gmail.com)

**Skating Accomplishments:**

Gold Freeskate, Gold Dance, Gold Skills, Ten-Fox Variation, National Open Synchronized Skating Champion, Ballet and Jazz Background

**Coaching Accreditation:**

19 years coaching experience  
Certified National Coach Singles & Synchronized Skating Certified  
CanPower Certified - CEP Gold Status  
National Level Synchronized Skating Teams  
National StarSkate Dance Biathlon and Singles Champions

**Coaching Venue:** Jimmie Condon Arena

**Days Available:** Tuesdays & Thursdays

**Coaching Area of Interest:** All disciplines-Freeskate, Dance, Skills and Synchronized Skating

**Accepting New Students:** Yes

**Coaching Rate:**\$14.00

Coaches at Jimmie Condon



**Monique St.Cyr-Wasmann**  
[mstcyr@gmail.com](mailto:mstcyr@gmail.com)

**Skating Accomplishments:**

Gold Freeskate, Gold Dance, Gold Skills, Ten-Fox Variation, National Open Synchronized Skating Champion, Ballet and Jazz Background

**Coaching Accreditation:**

19 years coaching experience  
Certified National Coach & Synchronized Skating Certified  
CanPower Certified - CEP Gold Status  
National Level Synchronized Skating Teams  
National StarSkate Dance Biathlon and Singles Champions

**Coaching Venue:** Jimmie Condon Arena

**Days Available:** Tuesdays & Thursdays

**Coaching Area of Interest:** All disciplines-Freeskate, Dance, Skills and Synchronized Skating

**Accepting New Students:** Yes

**Coaching Rate:**\$14.00

Coaches at Jimmie Condon