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| **2019 Summer Sessions** | **Competitive 1/2** |
| **Jimmie Condon Arena**  **502 Heritage Drive, SE**  **Calgary, AB**  **P: 403-245-2425**  **Email:** [**info@calalta.net**](mailto:info@calalta.net)  **Website: www.calalta.net** | **Juvenile and up**  **Please speak to your coach PRIOR to registering**  **You must be registered prior to attending or you will be asked to leave the ice.**  **Medical refunds available with a Doctor’s note and an absence of more than a week.** |

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| **The packages are available on the following weeks:** | | | | |
| **Week #** | **Cost per Week** | | **Dates Available**  **Monday to Friday unless specified below** | |
| **6** | | **$136.00** | **Aug 6-9**  **(4 days Tue-Fri)** | **No ice Aug 5 due to long weekend. Comp 1 & 2 combined this week** |
| **7** | | **$136.00** | **Aug 12-15**  **(4 days Mon -Thu)** | **Comp 1 & 2 Combined this week. No ice Aug 16 (4 day week)** |

**Must book by the week. (Day and single session pick up rates are available; email info@calalta.net)**

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| **Daily Schedule** | | |
| **Times** | **Type** | **Comments** |
| **9:45-10:30** | **Free skate** |  |
| **10:45-11:30** | **Freeskate** |  |
| **11:30-12:15** | **Free Skate** |  |
| **12:30-1:00** | **Stroking** |  |

**Please ensure your skater has the necessary gear to make for a successful day:**

**Healthy and nutritious snacks and water;**

**Proper footwear and clothing for off ice classes**

**Registration begins April 14 at 12:00 am**

**Go to** [**https://calalta.uplifterinc.com/**](https://calalta.uplifterinc.com/) **to register!**