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| **2019 Summer Sessions** | **STAR 1 & 2 Camp**  |
| **Jimmie Condon Arena****502 Heritage Drive, SE****Calgary, AB****P: 403-245-2425****Email:** **info@calalta.net****Website: www.calalta.net** | **For skaters that are in Introduction to Figure Skating, GroupSTAR and first year Junior Prep, STAR 1 & 2****This group is fully supervised from the time they are dropped off (5 min prior to session starting) to 15 min after the last session ends.** |

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| **The packages are available on the following weeks:** |
| **Week #** | **Cost per Week** | **Dates Available****Monday to Friday unless specified below** |
| **1** | **$132.00** | **July 2-5****(4 day week)** | **No ice July 1 for Canada Day** |
| **2** | **$132.00** | **July 8-12** | **Reduced Stampede rate this week – 5 day week** |
| **3** | **$165.00** | **July 15-19** | **5 day week** |
| **4** | **$165.00** | **July 22-26** | **5 day week** |
| **5** | **$132.00** | **July 29-Aug 1****(4 day week)** | **Wildrose Competition begins Aug 1 so no skating on Aug 2** |
| **6** | **$132.00** | **Aug 6-9****(4 day week)** | **No ice August 5 due to long weekend** |
| **7** | **$165.00** | **Aug 12-16** | **5 day week** |

**Must book by the week**

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| **Daily Schedule Star Camp** |
| **Times** | **Type** | **Comments** |
| **1:30 - 2:00 pm** | **Off ice** | **Jump Class**  |
| **2:15 - 3:00 pm** | **Group On Ice Lesson** | **FreeSkate 2:15-2:30 and Group lesson 2:30-3:00** |
| **3:00 – 3:15 pm** | **Stroking** | **Edges/Turns/Power/Figures/Spins** |
| **3:30 – 4:00 pm** | **Off Ice** | **Physical Literacy/Fitness** |

**Please ensure your skater has the necessary gear to make for a successful day:**

* **Healthy and nutritious snacks and water;**
* **Proper footwear and clothing for off ice classes;**

**Includes supervision of your skater and 45 minutes of group on ice lessons**

**Registration begins April 14 at 12:00 am!**

**Go to** [**https://calalta.uplifterinc.com/**](https://calalta.uplifterinc.com/) **to register!**