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| **2019 Summer Sessions** | **Star 3-5** |
| **Jimmie Condon Arena**  **502 Heritage Drive, SE**  **Calgary, AB**  **P: 403-245-2425**  **Email:** [**info@calalta.net**](mailto:info@calalta.net)  **Website: www.calalta.net** | **Star 3-5 (independent skater)**  **You must be registered prior to attending or you will be asked to leave the ice.**  **Medical refunds available with a Doctor’s note and an absence of more than a week.**  **If you don’t have a coach, please email** [**info@calalta.net**](mailto:info@calalta.net) **and we will help find your skater a coach.** |

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| **The packages are available on the following weeks:** | | | | |
| **Week #** | **Cost per Week** | | **Dates Available**  **Monday to Friday unless specified below** | |
| **1** | | **$124.00** | **July 2-5**  **(4 day week)** | **No ice July 1 for Canada Day** |
| **2** | | **$155.00** | **July 8-12** | **5 day week** |
| **3** | | **$155.00** | **July 15-19** | **5 day week** |
| **4** | | **$155.00** | **July 22-26** | **5 day week** |
| **5** | | **$124.00** | **July 29-Aug 1**  **(4 day week)** | **Wild Rose Competition begins Aug 1 so no skating on Aug 2** |
| **6** | | **$124.00** | **Aug 6-9**  **(4 day week)** | **No ice August 5 due to long weekend Pre-Juv will join the STAR 2-5 schedule for this week** |
| **7** | | **$155.00** | **Aug 12-16** | **Pre-Juv will join the STAR 2-5 schedule for this week- 5 day week** |

**Must book by the week. (Day and single session pick up rates are available; email info@calalta.net)**

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| **Daily Schedule Star 3/4/5 to Pre-Juvenile** | | |
| **Times** | **Type** | **Comments** |
| **1:15 – 2:00 pm** | **FreeSkate** |  |
| **2:15 - 2:45 pm** | **Off ice** | **Jump Class** |
| **3:00 – 3:15 pm** | **Stroking** | **Edges/Turns/Power/Figures/Spins** |
| **3:15-4:00 pm** | **FreeSkate** |  |
| **4:15-5:00** | **Off Ice** | **Physical Literacy/Fitness** |

**Please arrive 15 minutes early to get your skates on!**

**Please ensure your skater has the necessary gear to make for a successful day:**

* **Healthy and nutritious snacks and water;**
* **Proper footwear and clothing for off ice classes;**

**Registration begins April 14 at 12:00 am!**

**Go to** [**https://calalta.uplifterinc.com/**](https://calalta.uplifterinc.com/) **to register!**