

Welcome to June 2020!

Calalta publishes a monthly update sharing information such as important dates, volunteer opportunities, safety issues and other items of interest.

- **Return to Skating Survey**
- **Update on COVID-19**
- **Congratulations Tyler Myles!**
- **Credits are Done!**
- **Fundraising – Spolumbos & On-Line Seminars & Classes!**
- **Calling all 2020 Graduates**
- **LTT Zoom classes with Coach Jaime-Lyn and Coach Nicole**
- **Zoom Cooking Class Father's Day**
- **Summer Programming**

This document can also be found on our website at www.calalta.net

Return to Skating Survey

Thank you to everyone who has filled out our survey. You still have time to add your feedback - please go to this link to fill in the 2-minute survey:

<https://www.surveymonkey.com/r/DF692FB>

Your answers will help to guide us forward in our planning and preparation for our skating programs.

Update on COVID-19

Our team has been working diligently to ensure we have the proper protocols in place to ensure the health and safety of our coaches and skaters when the time comes to welcome you back to programing. Tyler Myles (Director of Skating) and Diana Peters (President) have been in contact with many members of the Section (PSO provincial sports organization) to better understand what 'Return to Play' looks like for Calalta. Lisa Hardy – Executive Director of Skate Canada: AB/NWT/NUN just released an important update which can be found on the front page of our website.

You should know:

1. Calalta is committed to the safety of our coaches and skaters;
2. Calalta will have new protocols and you can expect a new normal when we reopen.

In anticipation of our return to the ice, Calalta has created a 'Covid Task Force'. This team of volunteer parents are medical professionals led by Jaime-Lyn Jackson (Director of Group Programming) are ready to go! They will ensure that all guidelines and protocols issued by the Government, our National and Provincial Sports Organizations (Skate Canada and the Section) as well as the facility operator are implemented and followed. Thanks for stepping up parents!!

For more information please check the following resources:

- Skate Canada [Return to Skating Guidelines](#)
- [Government of Alberta website](#) – Learn about the novel coronavirus (COVID-19) and actions being taken to protect the health of Albertans

- [Alberta Health Services website](#) – Information and guidance from AHS regarding the current outbreak of novel coronavirus (COVID-19).
- [Government of Canada website](#) – Actions on COVID-19
- [Government of Canada website](#) – Risk-informed decision making for mass gatherings during COVID-19 global outbreak
- [City of Calgary website](#)

Congratulations Tyler Myles

Our Director of Skating, Tyler Myles is one of 6 coaches from across Canada who has been selected for the Skate Canada National Mentorship Program. This is a tremendous honour for both Tyler and Calalta! Congratulations Tyler!

Credits for Missed Sessions

All credits for missed ice and off ice sessions are available in Uplifter as gift certificates to go towards fall (or maybe summer) registration. We miss seeing all our skaters and can't wait to welcome you back.

Fundraising

Spolumbos Sausages

Just in time for Father's Day and BBQ season, Spolumbos sausage and burger order forms are available here: [Spolumbo's Order Form](#)

- Orders are due Saturday June 6, email order form (scan or take picture of form) to info@calalta.net
- E-Transfer: dianapeters@me.com
- See order form for details on transferring money to Diana
- Pick up will be mid afternoon Friday June 19th in the Jimmie Condon parking lot

All profits from Spolumbos will go towards the purchase of the on-ice jump harness system at Jimmie Condon.

On-Line Seminars and Exercise Classes

Calalta is ecstatic to present ISU World medalist and Olympian (among many other major accomplishments) Kaitlyn Weaver for our next off ice seminar! Kaitlyn will lead a stretch and movement class on Wednesday June 3 from 3-4pm on zoom. Register on Calalta's Uplifter page today. Open to all disciplines star 3 and up.

Update: The Kaitlyn Weaver seminar has been postponed to June 10 (same time). Kaitlyn lives in NYC and is actively participating in the #blacklivesmatter movement. She apologizes for the inconvenience and will see you all next week!

All proceeds go towards purchasing an on-ice track jump harness system for Jimmie Condon

Watch your email and follow us on Instagram @calaltafsc or Facebook for future classes!

Calling all Graduates of 2020

We are looking to recognize our Grads of 2020 on our social media. If you have a graduate, please send us a picture or 2 of your skater in their cap and gown or dresses so we can feature them on our social media pages.



Please send the pictures to info@Calalta.net by June 5.

LTT: Learn To Train – Zoom with Coach Jaime-Lyn and Coach Nicole

Calalta has a great new off ice program being offered for June called 'Learn to Train' off ice for figure skating! LTT is a fantastic way to give your up and coming skater a "Jump" into their training. The focus will be on proper warm up, flexibility, air positions and skating specific jumps and spin positions.

Sign up under the June 2020 season in calalta.uplifterinc.com today! This class is suitable for those levels up to Star 3 (Intro to Figure, Groupstar and Jr Prep all can attend this class)

Cost is \$30 for 6 classes, and the class is 30 minutes long. All profits from LTT will go towards the purchase of the on-ice jump harness system at Jimmie Condon.

Father's Day Cooking Class – Saturday June 20

Look out Gordon Ramsay! Join Chef Kevin Turner and his daughters in an event for dad (or mom too 😊). Chef Kevin will guide you and your skater in preparing a scrumptious meal all on Zoom. Menu, recipes and ingredients will be shared as we get closer to the date!

Summer Programming – Fingers Crossed!!

The Province of Alberta has announced arenas may be opened in Phase 3 of their [Relaunch Strategy](#). This could be as soon as the middle to end of July. The summer schedule is posted on Calalta's [website](#). When we better understand what this looks like, registration details will be shared with the membership. Please note that Calalta must follow all directives issued by municipal, provincial and federal governments as well as those issued by Skate Canada.