



## Fall/Winter Schedule

### Jimmie Condon Arena

Tuesday September 8, 2020 to Sunday January 31, 2021

Monday ICE	Tuesday ICE	Wednesday ICE	Thursday ICE	Friday ICE	Saturday ICE	Sunday ICE
	7:00-8:00 am OPEN	7:00-8:00 am OPEN	7:00-8:00 am OPEN	1:45-2:30 pm OPEN	9:15-10:00 am POWER SKATING TIMBIT/NOVICE	7:00-9:45 am SYNCHRO
11:30-12:15 pm OPEN		11:30-12:15 pm OPEN		2:45-3:30 pm JUNIOR & INTERMEDIATE	10:15-11:00 am CANSKATE	10:00-10:45 am JR & INTERMEDIATE STROKING
12:15-1:00 pm OPEN		12:15-1:00 pm OPEN				
4:15-5:00 pm HP/JR PREP/IFS	4:15-5:00 pm HP/JR PREP/IFS	4:30-5:15 pm HP/JR PREP/IFS	4:30-5:15 pm JUNIOR & INTER- MEDIATE	3:45-4:45 pm JUNIOR & INTERMEDIATE	11:15-12:15 pm JUNIORSTAR, IFS & GROUPSTAR	10:45-11:30 am JUNIOR & INTERMEDIATE
5:00-5:45 pm JUNIOR	5:00-5:45 pm JUNIOR	5:30-6:15 pm CANSKATE	5:30-6:30 pm JUNIOR & INTER- MEDIATE	5:00-6:00 pm INTERMEDIATE & SENIOR	12:30-1:00 pm STROKING	11:45-12:30 pm OPEN
6:00-7:00 pm JUNIOR & INTER- MEDIATE	6:00-6:45 pm JUNIOR & INTER- MEDIATE	6:30-7:15 pm JUNIOR & INTER- MEDIATE	6:45-7:45 pm INTERMEDIATE & SENIOR	6:15-7:00 pm CANSKATE	1:15-2:00 pm JUNIOR	12:45 -1:30 pm SENIOR
7:15-8:15 pm INTERMEDIATE & SENIOR	7:00-7:45 pm INTERMEDIATE & SENIOR	7:30-8:15 pm OPEN	8:00-9:00 pm SENIOR		2:15-3:15 pm INTERMEDIATE & SENIOR	1:45 – 2:30 pm SR STROKING
8:30-9:30 pm SENIOR & ADULT	8:00-9:00 pm INTERMEDIATE & SENIOR	8:15-9:15 pm SENIOR & ADULT			3:30-4:30 pm INTERMEDIATE & SENIOR	
	9:15-10:45 pm SYNCHRO		9:15-10:45 pm SYNCHRO		4:45-5:30 pm POWER SKATING ATOM/PEEWEE	

HP (High Performance), JR PREP (Junior Prep), IFS (Introduction to Figure Skating), GROUPSTAR, JUNIORSTAR, CANSKATE, SYNCHRO & POWERSKATING	Registered group program skaters only – fully coached Email <a href="mailto:info@calalta.net">info@calalta.net</a> for more information
JUNIOR	Star 1 – Star 4 No Intermediate or Senior skaters on Junior sessions
INTERMEDIATE	Must have competed or tested at a minimum of Star 5-Star 8 OR Pre Juvenile to-Juvenile levels. No Senior skaters allowed on Junior or Intermediate sessions
SENIOR	Must have completed a Star 9 test and higher OR competed at the Star 9/Pre Novice or higher No Junior or Intermediate skaters on Senior sessions
ADULT	Any skater over the age of 18
OPEN	Open to any skater

Jimmie Condon Arena: 502 Heritage Drive SW, Calgary, AB, T2V 2W2

Register on Uplifter [here](#) or send questions to [info@calalta.net](mailto:info@calalta.net)

Schedule also available on Calalta's [website](#)

403-245-2425

# CALALTA

FIGURE SKATING CLUB

Monday OFF ICE	Tuesday OFF ICE	Wednesday OFF ICE	Thursday OFF ICE	Friday OFF ICE	Saturday OFF ICE	Sunday OFF ICE
					9:20-10:05 am INTERMEDIATE & SENIOR ZOOM JUMP CLASS	10:00-11:00 AM SYNCHRO OFF ICE
5:15-5:45 pm JUNIOR ZOOM FLEXIBILITY & PHYSICAL LIT- ERACY	5:15-5:45 pm JUNIOR ZOOM FLEXIBILITY & PHYSICAL LITER- ACY	5:15-5:45 pm JUNIOR ZOOM ROTATION OF BALLET, MOD- ERN & JAZZ	5:15-5:45 pm JUNIOR ZOOM JUMP CLASS		3:00-3:30pm JUNIOR ZOOM JUMP CLASS	10:45-11:30 am INTERMEDIATE & SEN- IOR ZOOM ROTATION OF JUMP, DANCE, CORE, FLEXIBIL- ITY, FITNESS & SPORTS PSYCHOLOGY CLASSES
6:00-6:45 pm INTERMEDIATE & SENIOR ZOOM FLEXIBILITY & PHYSICAL LIT- ERACY	6:00-6:45pm INTERMEDIATE & SENIOR ZOOM FLEXIBILITY & PHYSICAL LITER- ACY	6:00-6:45 pm INTERMEDIATE & SENIOR ZOOM ROTATION OF BALLET, MOD- ERN & JAZZ	6:00-6:45 pm INTERMEDIATE & SENIOR ZOOM JUMP CLASS			1:00-1:45PM JUNIOR & INTERMEDI- ATE ZOOM ROTATION OF JUMP, DANCE, CORE, FLEXIBIL- ITY, FITNESS & SPORTS PSYCHOLOGY CLASSES

The Director of Skating has the right to move skaters accordingly based on skill level and numbers on ice  
Calalta reserves the right to cancel registered sessions for any reason

Please note that Calalta is committed to the health and safety of our coaches, skaters, members and volunteers and adheres to all health guidelines and protocols issued by the Alberta Government, City of Calgary, Skate Canada and Skate Canada: AB/NUN/NWT as well as the facility operator as required. You will be required to follow all rules when skating with Calalta.

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