

Welcome to April 2021!

Calalta has been open for skating for 8 weeks

5 arenas

Over 300 sessions

About 200 skaters

21 coaches

0 in-club transmission – yup that's ZERO!

In light of the recent media attention towards youth sports and the heightened risk of transmission, I must thank each and every one of our skaters, coaches, parents and volunteers for following the protocols set forth by Alberta Health Services, the Government of Alberta, Skate Canada and the City of Calgary. We have had absolutely zero in club transmissions during our socially distant training!

The safety of our skaters is our priority! Our coaches, volunteers and staff have not wavered whatsoever in the delivery of a safe program! Keep it up everyone - we are part of the solution!

Thanks

Diana Peters

President

Calalta publishes a monthly update sharing information such as important dates, volunteer opportunities, safety issues and other items of interest. This document can also be found on our website at www.calalta.net

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Return to Skating

Calalta is proud and so excited to be offering adult skating sessions starting in April!! In fact, registration is open for CanSkate, PowerSkating, and our new group programs called Pre-Star Performance (formerly Introduction to Figure Skating) and Prestige Performance Gold, Silver and Bronze (formerly Junior Prep and High Performance) for May and June.

Yes, numbers are reduced for each session and we are following all protocols!

All the details for adult skating can be found [here](#) Registration for adult skating will be available on [Uplifter](#) soon. Your coach will let you know as soon as it opens.

A decision on Step 3 has been delayed and once we know more we will pivot our programming to ensure all rules and guidelines are being followed. As it stands on April 1, 2021 the following information that was issued on March 1 still applies:

On March 1, AHS and the Alberta Government shared the following:

Indoor fitness (no change to outdoor fitness)

- Unsupervised low intensity individual and group exercises are now allowed by appointment only.
- Mandatory physical distance of three metres is required between participants, including coaches and trainers, at all times, and masks must be worn at all times by trainers and those participating in low-intensity activities.
- All indoor fitness must be pre-registered – no drop-ins allowed.
- Low-intensity exercises include weightlifting, low-intensity dance classes, yoga, barre and indoor climbing, as well as the low-intensity use of treadmills, ellipticals and related equipment.
- High-intensity activities, including running, spin and high-intensity interval training, continue to be allowed only on a one-on-one with a trainer basis, or training with a household and one trainer.

Additional details on the current restrictions is outlined on alberta.ca.

Protocol Reminders

- PLEASE do not come to the rink if you have any new symptoms or if you have been in contact with a confirmed Covid case and are meant to be isolating or in quarantine at home.
- Skaters, PLEASE do not get on the ice or arrive rink side early for your sessions. If you must be slightly early, you MUST stay in your coach assigned dressing room. We cannot exceed our permitted 10 bodies on or around the ice. Also please leave the ice promptly when the session is over.
- Remember, a distance of 3 meters must be maintained at all times while on the ice. Please also practice social distancing while in the facility and while entering and exiting the arena.
- Masks MUST be worn at all times until the skater is on the ice.

It is suggested that skaters arrive with their own disposable wipes to clean off a seat in the dressing room in case their coach cannot get the space wiped down in time. Also, please bring your own Kleenex and hand sanitizer for board side.

Credit for Missed Sessions

We are currently managing credits for our members.

- We are working on April ice credits (COP skaters).
- You will receive credits and or payment reductions **on your original invoice**.
- Updated invoices will be emailed once the credit is applied. You can also check the status of your invoices in Uplifter. Please be patient while we work through hundreds of invoices, this will likely take weeks rather than days to process.
- Use your credit for the “Coach Assigned Ice Sessions” and for Spring which is “May-June” and Summer “July/August” (coming soon) registration.

We are uncertain as to how long we will offer modified programming because of COVID-19, the exact amount of the credit will be issued monthly until we return to fall programming. Please be patient – we are working diligently to deal with every single account!

Spring has Sprung Flower Fundraiser!

Each year Calalta hosts our Spring has Sprung fundraiser. From the reputed Ever-Green Greenhouses in Red Deer, we will have potted flowers, hanging baskets, herb trays, tomatoes and strawberries available to you.

Deadline to order is April 14, 2021 followed by pick up on May 13, 2021 from 3-6 pm at the COP parking lot. All details for pick up instructions will be emailed to you directly.

How do I order?

1. Click on <https://healthyhunger.ca/index.php> - yes, it is the same website as Healthy Hunger!
2. Login – for those that have ordered fun lunches through their child’s school in prior years, the process is the same, for those new to the site, click on the orange tab ‘Add a student’ and add in your skater;
4. Enter your child’s name and information (they will ask for province, city, Calalta - sorted by last name);
5. Click on the May 13 event;
6. Start shopping for flowers, tomatoes, herbs and strawberries!!
7. Pay on-line;
8. Delivery will be to the COP parking lot Friday May 13!

11” Premium Hanging Basket	\$25.00
12” Premium Patio Planter	\$35.00
10” Tomato Planter with Cage	\$16.00
4” Herb Tray – 12 per tray	\$30.00
4” Strawberry Plant	\$3.00



For every \$100 sold, collect 2 volunteer hours

Spring and Summer Skating Update

Permits have arrived and our ice requests have been confirmed!

Spring	April – June 2021	Southland Leisure Centre – Ed Whalen Arena
Summer	July - August 2021	Southland Leisure Centre – Ed Whalen Arena

We anticipate restrictions will ease as spring and summer approach and we will return to full programming – fingers crossed!!

Skate Canada: Alberta-NWT/Nunavut Return to Skating Information Page

Always great information here - Check out the latest Q&A from the recent Town Hall hosted by Skate Canada: AB-NWT/NUN

[Return to Skating – FAQ NEW](#) (Posted February 24, 2021)

Jimmie Condon Construction

A few photos from JC! We will be getting monthly updates from the Project Manager (which we will share) as to how the new rink is progressing!



Figure 1 Looking north - the office is gone!



Figure 2 Looking east into the JC parking lot