



Fall/Winter Schedule

Ed Whelan Arena

Wednesday September 1, 2021 to Saturday December 18, 2021

Monday ICE	Tuesday ICE	Wednesday ICE	Thursday ICE	Friday ICE	Saturday ICE	Sunday ICE
7:00-8:00 am INTERMEDIATE & SENIOR	7:00-8:00 am INTERMEDIATE & SENIOR	7:00-8:00 am INTERMEDIATE & SENIOR	7:00-8:00 am INTERMEDIATE & SENIOR			
				2:45-3:45 pm OPEN	10:00-10:45 am CANSKATE	
4:30-5:15 pm GROUPS	4:30-5:15 pm JUNIOR & INTERMEDIATE		4:15-5:00 pm JUNIOR & INTERMEDIATE	3:45-4:45 pm OPEN	11:00-12:00 am GROUPS	
5:15-6:00 pm OPEN	5:15-6:00 pm INTERMEDIATE & SENIOR	5:30-6:15 pm INTERMEDIATE & SENIOR	5:00-5:45 pm INTERMEDIATE & SENIOR	5:00-6:00 pm INTERMEDIATE & SENIOR		
		6:15-7:00pm INTERMEDIATE & SENIOR		6:15-7:00 pm CANSKATE		
	8:15-9:30 pm SYNCHRO		9:30-11:00 pm SYNCHRO			2:45-5:30 SYNCHRO
					6:00-6:45 pm POWER SKATING U7, U9, U11 6:45-7:30 pm POWER SKATING U11, U13, U15	

PSP (Pre-Star Performance), PP (Prestige Performance GROUP- STARSKATE, CANSKATE, SYNCHRO & POWERSKA ING	Registered group program skaters only – fully coached Email info@calalta.net for more information
JUNIOR	Star 1 – Star 4 No Intermediate or Senior skaters on Junior sessions
INTERMEDIATE	Must have competed or tested at a minimum of Star 5-Star 8 OR Pre Juvenile to-Juvenile levels. No Senior skaters allowed on Junior or Intermediate sessions
SENIOR	Must have completed a Star 9 test and higher OR competed at the Star 9/Pre Novice or higher No Junior or Intermediate skaters on Senior sessions
ADULT	Any skater over the age of 18
OPEN	Open to any skater

Ed Whelan Arena: 2000 D Southland Drive SW, Calgary, AB, T2V 4S4

Register on Uplifter [here](#) or send questions to info@calalta.net

Schedule also available on Calalta's [website](#)



Monday OFF ICE	Tuesday OFF ICE	Wednesday OFF ICE	Saturday OFF ICE
6:20-6:50 pm Jump Jaime-Lyn	6:15-7:00 pm Fitness INTERMEDIATE & SENIOR Nick Martin	7:15-8:00 pm Flexibility/Stretch INTERMEDIATE & SENIOR Mercedes	12:15-12:45 pm Jump Reserved for Groups

The Director of Skating has the right to move skaters accordingly based on skill level and numbers on ice
Calalta reserves the right to cancel registered sessions for any reason

Please note that Calalta is committed to the health and safety of our coaches, skaters, members and volunteers and adheres to all health guidelines and protocols issued by the Alberta Government, City of Calgary, Skate Canada and Skate Canada: AB/NUN/NWT as well as the facility operator as required. You will be required to follow all rules when skating with Calalta.

Ed Whelan Arena: 2000 D Southland Drive SW, Calgary, AB, T2V 4S4
Register on Uplifter [here](#) or send questions to info@calalta.net
Schedule also available on Calalta's [website](#)