Calalta Figure Skating Club has a highly qualified team of professional coaches who work together to ensure that each skater achieves personal excellence. Our coaching team includes international level coaches in Singles, Pairs, and Dance. All of our coaches have been certified through the National Coaching Certification Program (NCCP) and abide by Skate Canada's Coaches' Code of Ethics.

The Calalta coaching team asks that all skaters and parents adhere to the Calalta Figure Skating Club policies and Skate Canada's Code of Ethics.



Coaches at COP



Coaches at Jimmie Condon and COP

Tyler Myles - Director of Skating (403)909-7334

tyler_myles@rogers.com

Skating Accomplishments:

Novice and Junior Canadian Champion in Ice Dance Senior National Team member and International competitor Coach of International medallists at both the Junior and Senior level Coached skaters to the 2014 Olympic Games and the 2011 - 2015 ISU World Championships

Associate Choreographer for the Stars On Ice tour

Coaching Accreditation/Education:

Certified National Coach

Technical Specialist in Ice Dance and Singles

Coaching Venue:

COP and J.C upon request

Days Available:

Monday through Saturday

Coaching Area of Interest:-High Performance Coaching and Choreography for Competitive skaters Juvenile through Senior in all disciplines

Coaching Rate:

\$18.00 per 15 minute lesson

JAIME-LYN JACKSON - Director of Group Skating

(403) 690-9598

Calaltagroupprogramsdirector@gmail.com

Skating Accomplishments: "Disney on Ice" Professional Skater; National Competitive Senior Synchro Skater; Gold Dance and Skills, Sr. Silver free, Pre Novice competitive.

Coaching Accreditation/Education: Certified Provincial Coach, Canpower certified. 15 years coaching experience. Analyze Technical & Tactile Performance Course. Recipient of the National CanSkate University and the Challenge Coach Mentorship programs. Coach of Sectional, StarSkate, AB Winter Games and Leading Edge champions and medalists.

Diploma in Broadcasting, MRU. Majored in Psychology, U of L.

Coaching Venue: Jimmie Condon & COP with limited availability

Days available: Monday to Saturday

Coaching Area of interest: Free skate and skills Accepting new students: on an individual basis

Coaching rate: \$15.00 per 15 minutes



Coaching Accreditation/Education: Certified National Coach

NCCP level 2 Pairs and Dance NCCP level 1 Technical Gymnastics

37 years professional coaching experience

7 years jazz and ballet

11 years Ballroom, 4th in Canada at Canadian Ballroom championships 2018

I have taken skaters to Challenge & National in Freeskate and Dance

Coaching Venue: COP and Jimmie Condon

Days available: Monday to Friday afternoon COP & Wednesday after 4:00 pm

Jimmie Condon

Accepting new students: Yes

Coaching Area of interest: Competitive Freeskate Technical

Coaching rate: \$17.00 per 15 minute lesson



Coaches at COP and Jimmie Condon



Coaches at COP

NATASHA TAYLOR

natasha@taylorskating.com

403-891-6781

Skating Accomplishments: Quad Gold, Junior/Senior skater, 2010 International Skating Union (ISU) Adult Champion. Coach and trainer of Provincial, Challenge and National Champions. Skate Canada High Performance Mentorship Program coach

Coaching Accreditation/Education: Level 3 Certified in Singles, certified Gravity

Yoga instructor, trained in Fitness and Nutrition

Coaching Venue: COP and Sat at JCA

Days available:

Coaching area of interest: Freeskate

Accepting new students: Yes

Coaching rate: \$17.50 per 15 minute lesson



Coaches at COP and Jimmie Condon

KIM SLOPAK-WEEKS

toepik@shaw.ca

Skating Accomplishments: 7th Figure, Jr. Silver Free, Competitive Skating Skills Class 1. Diamond Dance Equivalency, Gold Free Dance, Sr. Competitive Dance

Former National Team Member and International Competitor

Coaching Accreditation/Education: Certified National Coach / partial Level 4

Coached medalists at Skate Canada National Championships Calalta

Competitive Ice Dance Program Manager

Pre-Novice, Novice and Junior Teams competed in Cross-Border Internationals

Figure Skating Coaching Certificate from Seneca College

30 years coaching experience

Coaching Venue: Jimmie Condon & COP

Coaching Area of interest: Competitive Dance Teams, Dance, Skills, Stroking and

Interpretive Choreography

Accepting new students: Yes, all levels and disciplines in September after I have

confirmed who is returning

Coaching rate: \$18.00 per 15 minute lesson



Coaches at Jimmie Condon

LAURIE FINNEY

(403) 462-9650

lauriejfinney@gmail.com

Skating Accomplishments: Gold Figure, Gold Freeskate, Gold Dance Gold Free Dance, Gold Pairs. Former Alberta Senior Champion and National

Competitor - Novice, Junior and Senior

Coaching Accreditation/Education: 40 Years Coaching experience

Coach & Trainer of Provincial Champions, Divisional Competitors, National & International Competitors, Coach & Trainer of Divisional, National, and International Medalist, Coach of Canada Winter Games Competitors

Mentor Coach Level I, II and III Certified National Coach Coaching Venue: JCA Days available: 7 days a week

Coaching Area of interest: All disciplines

Accepting new students: Yes

Coaching rate: \$17.00 per 15 minute lesson



GREG FOLK

(403) 245-0833

ghfolk@shaw.ca

Skating Accomplishments:

Skate Canada Triple Gold Medalist - National Medalist in Junior and Senior

Singles & Senior Fours

Coaching Accreditation/Education: NCCP Level 4 Certified

NCCP Level 3 & 4 Course Conductor Certified Corporate Performance Coach Over 36 Years Coaching Experience

Master Coach Rating by NCI, PSA(PSGA), and the FSCC

Coaches at COP and Jimmie Condon

Coach and Trainer of Provincial, Challenge and National Champions

Coach and Trainer of International, Junior World and World Competitors

Many time presenter and guest at National and International Skating Conventions

and Conferences.

Coaching Venue:

Days available: As arranged or by appointment **Coaching Area of interest:** Jump and Spin Specialist

Accepting new students: Yes

Coaching rate: \$20.00 per 15 minute lesson



CHANTELLE PORTZ

chantelle@portz.ca

Skating Accomplishments:

Coaching Accreditation/Education:16 years coaching experience

Certified Provincial Coach, National Coach Trained, Level 3 (partial), CEP Gold

Status, Certified CanPower Coaching Venue: COP

Days available: Monday to Friday (JC Available for bookings)

Coaching Area of interest:
Accepting new students: Yes

Coaching rate: \$17.00 per 15 minute lesson





Ben Westenberger (403)604-8883

BFITCHER@hotmail.com

Skating Accomplishments: 9 Time National Competitor, 2011 World and ISU Four Continents competitor in Ice Dance.

Coaching Accreditation/Education: US Figure Skating Triple Gold Medalist in Ice Dance, Moves in the Field, and Free Dance. SkateCanada Triple Gold Medalist in Ice Dance, Free Dance, and Couples Interpretative. Coached skaters through their US and Canadian Gold, International and Diamond Dances. Coached skaters to the Canadian and US Nationals in ice dance as well as single skaters at the Regional and Sectional levels.

Coaching Venue: Jimmie Condon & COP **Days available**: Monday through Saturday

Coaching Area of interest: All disciplines. Specializing in Ice Dance, Stroking, and

Choreography

Accepting new students: Yes, all levels and disciplines

Coaching rate: \$16.00 per 15 minute lesson



Coaches at COP and Jimmie Condon

DANIELA SOVAK piruetads@hotmail.com 403-287-4144

Skating Accomplishments: International competitor

Professional ice show soloist/experience

Coaching Accreditation/Education: National and International SC coach with 36

years of experience

Chaired the "Learn to Train" stage of SC LTAD (Skate Canada Long Term Athlete

Development)

Doctor of Natural Sciences with specialization in human growth and development

as related to physical activity. Ballet and music training

Coaching Venue: Jimmie Condon and COP

Days available: JCA Mon/Thu last evening session, Sat 1:45-3:15 pm, Sun 10:15-

12:30 pm

COP Mon/Wed/Fri am, Mon-Thu day ice

Coaching area of interest: Beginners to Senior level competitive in Singles. Skating fundamentals, Skating Skills, office training and basic program

choreography

Accepting new students: YES

Coaching rate: \$18.00 per 15 minutes



Coaches at Jimmie Condon and COP

Alison Bonney-Gregson (403) 606-9068 alisonskates@gmail.com

Skating Accomplishments: Diamond Dance, Gold Freeskate, Novice Competitive Test, 7th Figure, Competitive Skating Skills Class 1 equivalency. Former PreNovice

Ladies Champion, Alberta/NWT Sectional Championships

Coaching Accreditation/Education: Certified National Coach

NCCP Level 3 Trained Ice Dance 25 years coaching experience

Coaching philosophy:

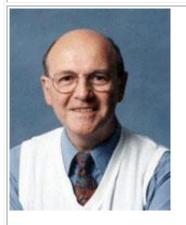
I love passing the love and joy I feel for skating onto the next generation!!! The relationships that I build with the skaters as they strive to reach their potential in skating are so rewarding. The lessons skaters learn in the rink will serve them in their futures as the sport allows for them to learn discipline and the development of a strong work ethic, to build confidence and both mental and physical strength, as well as the experience to weather both the tough challenges and great accomplishments that the pursuit of their skating goals provides.

Coaching Venue: Jimmie Condon & COP Days available: Monday to Saturday

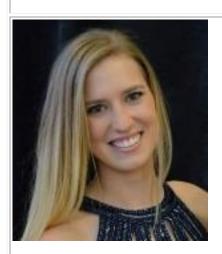
Coaching Area of interest: Dance, Freeskate & skills **Accepting new students:** Yes, all levels and disciplines



Coaches at Jimmie Condon



Coaches at Jimmie Condon



Coaches at Jimmie Condon

Coaching rate: \$17.00 per 15 minute lesson

CATHY SAHALUK (403) 244-9020 (h) (403) 650-8390 (c) cathy sahaluk@shaw.ca

Skating Accomplishments: 6th Figure, Sr. Bronze Free Skate, Gold Dance, Ten Fox

Variation and Bronze Rhythm Dance

Coaching Accreditation/Education: 49 years coaching experience, Mentor Coach

level 1, Certified Provincial Coach, level 3 in training

Coaching Venue: Jimmie Condon

Coaching Area of interest: All disciplines

Accepting new students: Yes

Coaching rate: \$14.00 per 15 minute lesson

PAUL THOMAS (403) 272-5125

wpthomas@telusplanet.net

Skating Accomplishments: Former British, European and World Ice Dance

Champion

Coaching Accreditation/Education: Senior Instructor with 43 Years Coaching

experience. National Competitive Coach - Singles and Dance

Coach of National Medalists, Coach of Canada Winter Games Competitors

Certified National Coach

Coaching Venue: Jimmie Condon Monday-Friday

Coaching Area of interest: All disciplines Days available: 7 days a week

Accepting new students: Yes

Coaching rate: \$17.50 per 15 minute lesson

Nicole Grenon 403-608-0794

Nicole.grenon@ucalgary.ca

Skating Accomplishments: Gold Dance, Gold Skills, Gold Interpretive, Gold Free

Skate. Former Novice Competitive Singles Skater

Coaching Accreditation/Education: Trained Provincial Coach, CanSkate and

CanPower Certified.

Coaching Venue: Jimmie Condon **Days available:** Monday-Saturday

Coaching Area of interest: Freeskate, skills and power skating.

Accepting new students: Yes

Coaching rate: \$13.50 per 15 minutes



Coaches at Jimmie Condon



Coaches at Jimmie Condon

Andrea St.Cyr

andreastcyr@gmail.com

Skating Accomplishments:

Gold Freeskate, Gold Dance, Gold Skills, Ten-Fox Variation, National Open

Synchronized Skating Champion, Ballet and Jazz Background

Coaching Accreditation:

24 years coaching experience

Certified National Coach Singles & Synchronized Skating Certified

CanPower Certified

National Level Synchronized Skating Teams

National StarSkate Dance Biathlon and Singles Champions

Coaching Venue: Jimmie Condon Arena Days Available: All days except Saturday

Coaching Area of Interest: All disciplines-Freeskate, Dance, Skills, Artistic and

Synchronized Skating

Accepting New Students: Yes **Coaching Rate:** \$15.00

Monique St.Cyr-Wasmann

mstcyr@gmail.com

Skating Accomplishments:

Gold Freeskate, Gold Dance, Gold Skills, Ten-Fox Variation, National Open Synchronized Skating Champion, Ballet and Jazz Dance Background.

Coaching Accreditation:

24 years coaching experience

National Certified Coach Singles & Synchronized Skating

CanPower Certified

National Level Synchronized Skating Teams

Solstice Synchronized Skating Teams Program Manager National StarSkate Dance Biathlon and Singles Champions

Coaching philosophy:

Success to me is getting a group of skaters together, as a team, to reach their ultimate potential. It doesn't matter if you are a singles skater or you skate on a synchronized skating team, we all will achieve more and have fun when we get support from our peers and skating community.

I aim to create an interest and enthusiasm for skaters to develop sound

fundamentals with purpose and inspiration. **Coaching Venue:** Jimmie Condon Arena

Days Available: Thursdays

Coaching Area of Interest: All disciplines-Freeskate, Dance, Skills and

Synchronized Skating

Accepting New Students: Yes

Coaching Rate:\$15.00