

2023 Summer Sessions for Aug 8-18	Group C
Skating located at: Rose Kohn Arena 502 Heritage Drive SW Calgary, AB P: 403-245-2425 Email: info@calalta.net Website: www.calalta.net	Pre-Juvenile, Star 6 FreeSkate and Up Please speak with your coach PRIOR to registering

The packages are available on the following weeks:			
Week #	Cost per Week	Dates Available	
		Monday to Friday unless specified below	
1	\$152.00	Aug 8-11	4 day week (Tuesday to Friday)
2	\$190.00	Aug 14-18	5 day week

Book by the week, day or session on [Uplifter](#)

Daily Schedule – Group C		
Times	Type	Comments
12:30-1:00 pm	Off Ice	Group Class – Coaching Included – upstairs at JC
1:15-2:00 pm	Free Skate	
2:00-2:45 pm	Break	
2:45-3:00 pm	Stroking	Group Class – Coaching Included
3:15-4:00 pm	Free Skate	

Please ensure your skater has the necessary gear to make for a successful day:

- Healthy and nutritious snacks and water
- Proper footwear and clothing for off ice classes
- Skaters should be on time and warmed up for sessions

The Director of Skating has the right to move skaters accordingly based on skill level and numbers on ice
 Calalta reserves the right to cancel registered sessions for any reason.

Register on Uplifter [here](#) or send questions to info@calalta.net
 Schedule also available on Calalta's [website](#)