

<b>2023 Summer Sessions for Aug 8-18</b>	<b>Prestige Performance Camp</b>
<b>Skating located at:</b> Rose Kohn Arena 502 Heritage Drive SW Calgary, AB  <b>P: 403-245-2425</b> <b>Email: <a href="mailto:info@calalta.net">info@calalta.net</a></b> <b>Website: <a href="http://www.calalta.net">www.calalta.net</a></b>	<b>Must have finished Pre-Star Performance</b>  <b>This camp is supervised by a camp leader who will stay with the group throughout.</b>  <b>Please speak with your coach PRIOR to registering or call the office to discuss</b>

The packages are available on the following weeks:			
Week #	Cost per Week	Dates Available	
		Monday to Friday unless specified below	
1	\$132.00	Aug 8-11	4 day week (Tuesday to Friday)
2	\$165.00	Aug 14-18	5 day week

Book by the week on [Uplifter](#)

Daily Schedule Prestige Performance		
Times	Type	Comments
2:00-2:30 pm	On Ice Group Lesson	Coaching Included
2:30-2:45 pm	Free Skate	Opportunity for Private Coaching*
2:45-3:00 pm	Stroking	Coaching Included
3:15-3:45 pm	Off Ice	Group lesson – coaching included

\*Must be pre-arranged – please email the office at [info@calalta.net](mailto:info@calalta.net) for more information

Please ensure your skater has the necessary gear to make for a successful day:

- Healthy and nutritious snacks and water
- Proper footwear and clothing for off ice classes
- Skaters should be on time and warmed up for sessions

The Director of Skating has the right to move skaters accordingly based on skill level and numbers on ice  
 Calalta reserves the right to cancel registered sessions for any reason.

Register on Uplifter [here](#) or send questions to [info@calalta.net](mailto:info@calalta.net)  
 Schedule also available on Calalta's [website](#)