

COP Arena

September 4, 2023 to June 21, 2024

Monday	Tuesday	Wednesday	Thursday	Friday
6:15-8:15 am DANCE TEAMS	6:15-8:15 am DANCE TEAMS	6:15-8:15 am DANCE TEAMS	6:15-8:15 am DANCE TEAMS	6:15-8:15 am DANCE TEAMS
8:30-9:45 am DANCE TEAMS	8:30-9:45 am DANCE TEAMS	8:30-9:45 am DANCE TEAMS	8:30-9:45 am DANCE TEAMS	8:30-9:45 am DANCE TEAMS
2:00-2:45 pm SENIOR FREESKATE	2:00-2:45 pm SENIOR FREESKATE	2:00-2:45 pm SENIOR FREESKATE	2:00-2:45 pm SENIOR FREESKATE	
3:00-3:45 pm SENIOR FREESKATE	3:00-3:45 pm SENIOR FREESKATE	3:00-3:45 pm SENIOR FREESKATE	2:45-3:30 pm SENIOR FREESKATE	1:00-1:45 pm SENIOR FREESKATE
4:00-4:45 pm INT/SENIOR FREESKATE	4:00-4:45 pm INT/SENIOR FREESKATE	4:00-4:45 pm INT/SENIOR FREESKATE	3:45-4:45 pm INT/SENIOR FREESKATE	2:00-2:45 pm SENIOR FREESKATE
4:45-5:45 PM INT/SENIOR FREESKATE	4:45-5:45 PM INT/SENIOR FREESKATE	4:45-5:45 PM INT/SENIOR FREESKATE	4:45-5:30 PM INT/SENIOR FREESKATE	3:00-4:00 pm INT/SENIOR FREESKATE
6:00-7:00 PM JR/INT FREESKATE/SKILLS & DANCE	6:00-7:00 PM JR/INT FREESKATE/SKILLS & DANCE	6:00-7:00 PM JR/INT FREESKATE/SKILLS & DANCE		4:00-4:45 pm JR/INT FREESKATE/SKILLS & DANCE

INTERMEDIATE/SENIOR	Must have passed the Star 7 FreeSkate assessment.
SENIOR	Must have completed the Star 9 FreeSkate assessment OR competed at the Star 9/Pre Novice level or higher No Junior or Intermediate skaters on Senior sessions
JUNIOR/INTERMEDIATE	Star 1-6 – Skills, Dance and FreeSkate allowed on this session

COP Off Ice Sessions

Monday OFF ICE	Tuesday OFF ICE	Wednesday OFF ICE	Thursday OFF ICE
			5:45-6:30 PM INT/SENIOR FITNESS PTC at WinSport

The Director of Skating has the right to move skaters accordingly based on skill level and numbers on ice. Calalta reserves the right to cancel registered sessions for any reason.

Each session has a minimum number of skaters required to run a session. If the number is not met, the ice session may be cancelled.

Registration: <https://calalta.uplifterinc.com/>

Website: <http://calalta.net/>

Email: info@calalta.net

Tel: (403) 245-2425