

<b>2024 Summer Sessions Aug 6-16</b>	<b>Group C</b>
<b>Skating located at:</b> <b>Jimmie Condon</b> <b>502 Heritage Drive SW</b> <b>Calgary, AB</b> <b>P: 403-245-2425</b> <b>Email: <a href="mailto:info@calalta.net">info@calalta.net</a></b> <b>Website: <a href="http://www.calalta.net">www.calalta.net</a></b>	<b>Star 2-5</b>  <b>Please speak with your coach PRIOR to registering</b>

The packages are available on the following weeks:			
Week #	Cost per Week	Dates Available Monday to Friday unless specified below	
6	\$152.00	Aug 6-9	4 day week
7	\$190.00	Aug 12-16	5 day week

Book by the week, day or session on [Uplifter](#)

Group C Aug 6-9		
Times	Type	Comments
11:30-12:30 pm	Free Skate & Stroking	Group Lesson (coaching included) 11:30-11:45
12:45-1:15 pm	Off Ice	Jump Class, Fitness, Stretching/Flexibility
1:30-2:15 pm	FreeSkate/Skills/Dance	Self practice and opportunity for private lesson

Group C Aug 12-16		
Times	Type	Comments
12:00-1:00 pm	Free Skate & Stroking	Group Lesson (coaching included) 12:00-12:15
1:30-2:00 pm	Off Ice	Jump Class, Fitness, Stretching/Flexibility
2:30-3:15 pm	FreeSkate/Skills/Dance	Self practice and opportunity for private lesson

Please ensure your skater has the necessary gear to make for a successful day:

- Healthy and nutritious snacks and water
- Proper footwear and clothing for off ice classes
- Skaters should be on time and warmed up for sessions

The Group Director has the right to move skaters accordingly based on skill level and numbers on ice

Calalta reserves the right to cancel registered sessions for any reason.

Register on Uplifter [here](#) or send questions to [info@calalta.net](mailto:info@calalta.net)

Schedule also available on Calalta's [website](#)