

Welcome to November 2025!

- The 2026 Sectional Championships!
- Phishing Email Alert
- Club Jackets and Clothing
- Encouraging Words
- Volunteer Opportunities and Upcoming Events
- Purdys Fundraising is Back!
- Christmas Ice
- 2025-2026 Board of Directors
- Solstice Synchro
- #itsaGreatTimetoSkatewithCalalta
- Important Dates for November and December

Calalta publishes a monthly update sharing information such as important dates, volunteer opportunities, safety issues and other items of interest. This document can also be found on our website at www.calalta.net

Good Luck Skaters at the 2026 Sectional Championships

Heading into Sectionals this weekend! 29 Calalta skaters qualified for the 2026 Sectional Championships. Good luck skaters – you've trained hard for this! Big shout out to the coaches and parents who make it all possible!

Kaiya Ruiter	Senior Women	Addison Pehl/Daniel Yu	Senior Dance
Addison Wolsey	Junior Women	Alyssa Robinson/Jacob Portz	Senior Dance
Stephanie Hu	Junior Women	Anjou Karino*/Andrew Song	Junior Dance
Cambie Stollery	Novice women	Gemma Soska/Daniil Armstrong	Pre-Nov Dance
Liel Oren	Novice Women	Loni Wu/Jun Tsutsui*	Juvenile Dance
Evyn Rawlyk	Pre-Nov Women	Mackenzie Elgie*/Aaron Zhao	Pre-Nov Dance
Madison McBride	Pre-Nov Women	Mikaela Van Geloven*/Kash Hill	Pre-Nov Dance
Mila Guim	Pre-Nov Women	Charolette Kitt*/Ryan Aruin	Pre-Nov Dance
Daniil Armstrong	Juv Men (U14)	Alexandra Forrester	Juv Women (U12)
Tyson Poon	Juv Men (U14)	Claire Gurung	Pre-Juvenile Women (U11)
Evyn Rawlyk	Juv Women (U14)	Emma-Lee Blais	Pre-Juvenile Women (U11)
Caitlyn Carey	Juv Women (U14)	Piper Somers	Pre-Juvenile Women (U11)
Lillian Luhova	Juv Women (U14)	•	` ,
Olivia Bulmer	luv Women (U14)		

^{*} Member of another club

Check out all the details from Sectionals athttps://skateabnwtnun.ca/event/2026-skate-ab-i-nt-i-nu-sectional-championships/



Kaiya Ruiter (Senior Women) Alyssa Robinson/Jacob Portz (Senior Ice Dance), all Calalta members will be competing for the AB|NT|NU section at the Sectionals event in Ontario. Good Luck Skaters!

Sectionals (like Provincials in hockey) is the highest competitive event within the AB|NT|NU Section. Skaters on the Podium Pathway (aka competitive stream) must achieve a certain number of points to qualify and skate in this event. Those skaters that do well in Sectionals may qualify for Challenge (semi-finals) which is held in December. For those Junior and Senior skaters that do well in Challenge, may earn a spot in the National Championships in January.

Phishing email alert to Calalta members

Please be aware there have been phishing emails sent to some members. Official club communication will only come from info@calalta.net or Uplifter.

If you receive a suspicious message:

- Do not reply or click on any links it contains
- Safely delete it from your inbox
- Report the email as junk

Club Jackets and Clothing

It's that time of year!! We are offering club-wear this season. Please remember that we only offer this once a year and club-wear won't be available again till Fall 2026.

Revolutions Activewear, view and order here:

https://www.revolutionsactivewear.com/calalta2025

We are also offering Lululemon jackets and clothing with the Calalta logo. Please visit a local Lululemon store for accurate sizing. View and order here:

https://calalta.uplifterinc.com/pages/calalta-store/calalta-club-wear/2021-2022/

The order deadline for Lululemon is Saturday November 8th at 4:30pm.

Encouraging Words



As parents it can be very hard to know what to say to our children before and after they skate at a competition – we have to be conscious of our words, our tone, our body language, our facial expressions (and probably lots more).

Here are a few words that may assist you:

Before a competition	After a competition
You've worked incredibly hard for this moment. Trust your training and have confidence in your abilities.	We are so proud of the hard work and dedication you put into your performance. You were amazing out there!
Remember to breathe, stay focused, and enjoy every moment on the ice. You've got this!	No matter the result, your resilience and grace on the ice inspire us. You're a winner in our eyes.
Skate with your heart and soul. Your passion for skating shines through every move you make.	The experience you gained from this competition is invaluable. Use it to fuel your growth and passion for skating
Believe in yourself. You've prepared diligently, and now its time to show everyone what you're capable of.	You showed incredible courage and determination today. Your commitment is admirable.
The most important thing is to skate your best and have fun. We're proud of you no matter what happens.	Your performance was fantastic. Remember, every competition is a stepping stone to greater achievements. Keep pushing and reaching for your goals.

Parents please refrain from providing technical feedback – trust us, your skater knows they didn't fully rotate a jump or didn't get in enough rotations on a spin and their coach is equipped to handle this – that is why you pay them. Your job as a parent to be supportive and encouraging at all times!

Remember, support and encouragement are vital for young athletes. Encouraging words from parents can significantly impact a skater's confidence and mindset before and after their competitions

Volunteer Opportunities

We have a few opportunities available:

Our first is our High Assessment Days which will be held at Jimmie Condon as follows:



Wednesday Nov 12 11:30-2:45 pm 1 volunteer needed Friday Nov 15 11:45-1:15 pm 1 volunteer needed

We will be looking for one volunteer each day for the times listed above. The role is relatively simple – as the runner/ice captain – you will be required to check in skaters prior for each flight, gather documents from the evaluator and take to the organizer. Sign up here

Our second opportunity is the **Star Series # 1 event**. This is the only major competition that Calalta will be hosting this year. We have 550 entries with skaters coming from all over Alberta. We are currently awaiting the schedule before we can plan the rest of the volunteers but we do have the Music and Announcing shifts ready to go. Overall, we will be looking for over 80 volunteers to help us over the weekend. Stay tuned!

Star Series #1
Friday-Sunday November 21-23, 2025
Jimmie Condon/Rose Kohn
Set up begins at 7:30 am on Friday

Sign up to volunteer for music and announcing now!

If interested, please sign up here

This is the only major competition that Calalta will be hosting this year. We have 550 entries with skaters coming from all over Alberta. We are currently awaiting the schedule before we can plan the rest of the volunteers! We will be looking for over 80 volunteers to help us over the weekend. Stay tuned!

Finally, we also have shifts available for **Cleaning the Office, Fitness Room, and Washrooms**. It's truly invaluable for all our off-ice skaters, the administration, and the many people who pop in and out of the office every day. The hour-long shifts are fully flexible based off your schedule. Sign up here!

Purdys Christmas Chocolate Fundraiser

It's back! Start your Christmas shopping early! These chocolates make great stocking stuffers and gifts for the teacher, co-worker, coach, neighbour and friend!

Check out the catalogue at https://www.purdys.com/
How to Order:



- 1. Visit the Purdys Fundraising Website
- 2. Create an ID or if you participated last year, sign in
- 3. Enter 34347 (Calalta's campaign number)
- 4. Fill in the required fields, join the campaign and start shopping!
- 5. Share with your family and friends!

Did you know you get 2 volunteer hours credited to your account for every \$100 in sales? Great time to share this fundraiser with your friends and family! Please email us your orders so we can track your volunteer hours.

Pick up will be from Jimmie Condon arena. Date and time to be shared once Purdys confirms with us.

Christmas Ice

Christmas ice will run for two weeks over the holiday break for singles and dance at Jimmie Condon. Registration is open register here

2025-2026 Board of Directors

Thank you everyone for attending the AGM on October 22! We are so excited that so many of you attended and made your voices heard!

Welcome to the Board of Directors for the 2025-2026 skating season.

Chair	Diana Peters	Vice Chair	Dominique Rohrbach
Treasurer	Terra-Lee Behiel	Secretary	Maria Lara
Assessment Chair	Gayle Stobie	Director at Large	Jennifer Kuharski
Director at Large	Melissa Hill	Director at Large	Angela Steele
Coaches Rep	Jaime-Lyn Jackson	Director at Large	Dayle Drummond
Past Chair	Michele Whelan		

Solstice Synchro

Solstice teams are getting ready for competition season, with the competitive Open team travelling to Woodstock, Ontario for the Synchro Series challenge taking place December 12-14. Solstice will also be at the Rose Bowl Synchronized Skating Invitational held here in Calgary at Max Bell arena on December 13 - come and cheer on the teams!



If you are interested in what Synchro has to offer or have any questions, please contact Andrea St. Cyr at solsticesynchro@gmail.com

#ItsaGreatTimetoSkateWithCalalta

Hashtag alert! Don't forget to tag @Calaltafsc and include #ItsaGreatTimetoSkateWithCalalta and #Jimmiecondon in your posts! Follow us on both Facebook and Instagram!

Important Dates to Remember

November 2025					
Jimmie Condon		WinSport/COP			
	Tue Nov 4	No 8:30-9:45 am dance or 2:00-2:45 and 3:00-3:45 pm sessions running (unknown cancellation, credits will be issued to those who registered by Aug 15)			
	Thu Nov 6	All sessions cancelled (Known cancellation and not part of your registration fees)			
	Fri Nov 7	All sessions cancelled (Known cancellation and not part of your registration fees)			
Remembrance Day – all City rinks closed	Tue Nov 11	All sessions cancelled except 6:15-8:15 and 8:30-9:45 AM (Known cancellation and not part of your registration fees)			
NO CanSkate/PreCanSkate (Known cancellation and not part of your registration fees)	Wed Nov 12	All sessions cancelled except 6:15-8:15 AM (Known cancellation and not part of your registration fees)			
	Thu Nov 13	All sessions cancelled except 6:15-8:15 AM (Known cancellation and not part of your registration fees)			
	Fri Nov 14	All sessions cancelled except 6:15-8:15 and 6:30-7:45 AM (Known cancellation and not part of your registration fees)			
	Tue Nov 18	No 8:30-9:45 am dance or 2:00-2:45 pm sessions running (unknown cancellation, credits will be issued to those who registered by Aug 15)			
	Wed Nov 19	No 8:30-9:45 am dance (unknown cancellation, credits will be issued to those who registered by Aug 15)			
	Thu Nov 20	All sessions cancelled except 4:45-5:45 and 6:00-7:00 PM (Known cancellation and not part of your registration fees)			
	Thu Nov 20	**4 PM session with PTC moved to 4:45-5:45 (Price adjusted in your registration fees)			



6:30-8 AM ice only – all other sessions cancelled due to ****STAR SERIES 1**** (Known cancellation and not part of your registration fees)	Fri Nov 21	
All sessions cancelled (Known cancellation and not part of your registration fees) ****STAR SERIES 1****	Sat Nov 22	
All sessions cancelled (Known cancellation and not part of your registration fees) ****STAR SERIES 1****	Sun Nov 23	
	Mon Nov 24	2:00-2:45 and 3:00-3:45 PM cancelled (Known cancellation and not part of your registration fees)
	Tue Nov 25	2:00-2:45 and 3:00-3:45 PM cancelled (Known cancellation and not part of your registration fees)
All sessions cancelled (Known cancellation and not part of your registration fees)	Fri Nov 28	
All sessions cancelled (Known cancellation and not part of your registration fees)	Sat Nov 29	
All sessions cancelled (Known cancellation and not part of your registration fees)	Sun Nov 30	
	December	r 2025
Jimmie Condon		WinSport/COP
	Mon Dec 1	2:00-2:45 and 3:00-3:45 PM cancelled (Known cancellation and not part of your registration fees)
	Tue Dec 2	2:00-2:45 and 3:00-3:45 PM cancelled (Known cancellation and not part of your registration fees)
****Holly Jolly****	Sun Dec 7	
	Tue Dec 16	No 2:00-2:45 or 3:00-3:45 pm sessions running (unknown cancellation, credits will be issued to those who registered before Aug 15)
	Fri Dec 19	Last day of skating at COP!
Last day of skating at JC!	Sat Dec 20	
Holiday Ice – register here	Dec 22-Jan 2	