

## Calalta Fall/Winter and Spring Schedule Jimmie Condon Arena

Tuesday September 4, 2018 to Sunday June 23, 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	6:45-8:15 am OPEN		6:45-8:15 am OPEN	1:45-2:45 pm OPEN	11:15-12:15 pm GROUPSTAR	8:00-9:00 am JUNIOR & INT STROK- ING
				2:45-3:30 pm JUNIOR & INTERMEDIATE	11:15-12:15 pm JUNIORSTAR	9:00-10:00 am JR COMPETITIVE, SEN- IOR & ELITE STROKING
4:15-5:15 pm HP DEVELOPMENT JUNIOR PREP	4:15-5:15 pm HP DEVELOPMENT JUNIOR PREP	4:15-5:15 pm HP DEVELOPMENT JUNIOR PREP	4:15-5:15 pm HP DEVELOP- MENT JUNIOR PREP	3:30-4:15 pm JUNIOR & INTERMEDIATE	12:15-1:00 pm JUNIOR	10:15-11:15 am JUNIOR & INTERMEDIATE
5:15-6:00 pm JUNIOR	5:15-6:00 pm JUNIOR No Dance Partner		5:15-6:00 pm JUNIOR	4:30-5:15 pm INTERMEDIATE AND SENIOR	1:00-1:30 pm STROKING	11:30 -12:30 pm SENIOR
6:00-6:45 pm JUNIOR	6:00-6:45 pm JUNIOR No Dance Partner	6:15-7:00 pm JUNIOR & INTERMEDIATE No Dance Partner	6:00-6:45 pm JUNIOR	5:15-6:00 pm INTERMEDIATE AND SENIOR	1:45-2:30 pm JUNIOR & INTERMEDIATE	12:30 – 1:30 pm JUNIOR & INTERMEDIATE
7:00-7:45 pm INTERMEDIATE & SENIOR	7:00-8:00 pm INTERMEDIATE & SENIOR No Dance Partner	7:15-8:15 pm INTERMEDIATE & SENIOR No Dance Partner	6:45-7:15 pm STROKING		2:30-3:15 pm OPEN	
7:45-8:30 pm INTERMEDIATE & SENIOR	8:00-9:00 pm INTERMEDIATE & SENIOR No Dance Partner	8:15-9:15 pm SENIOR & ADULT No Dance Partner	7:30-8:15 pm INTERMEDIATE & SENIOR		3:15-4:00 pm INTERMEDIATE & SENIOR	
8:45-9:45 pm SENIOR & ADULT	9:15-10:45 pm SYNCHRO		8:15-9:00 pm INTERMEDIATE & SENIOR			
			9:15-10:45 pm SYNCHRO			

**JUNIOR:** Junior Prep and High Performance skaters or skaters with no tests up to Star 4 **INTERMEDIATE:** Passed 2 of 3 Star 4 Freeskate and/or Star 4 Skills and/or Star 4 Dance;

**SENIOR:** Must have Sr Bronze FreeSkate and/or passed 2 of 3 Sr Bronze Dances and/or Sr Bronze Skating Skills; **ELITE:** Junior or Senior competitor at Sectionals; **ADULT:** Any skater over 18 years of age; **OPEN:** Open to any skater.

There will be no ice dance partnering on the Tuesday and Wednesday sessions at Jimmie Condon

The Managing Director/Director of Skating has the discretion to allow skaters on sessions based on safety and productivity.

Sessions are subject to change based on actual registration.



Monday Off Ice	Tuesday Off Ice	Wednesday Off Ice	Thursday Off Ice	Friday Off Ice	Saturday Off Ice	Sunday Off Ice
					10:25 -11:10 am JUNIORSTAR Jaime-Lyn Jump Class	9:15-10:00 am HP, JUNIOR & INTERMEDIATE Rotation
5:20-6:05 pm JUNIOR PREP Jump, Flexibility Physical Literacy	5:20-6:05 pm JUNIOR PREP Jump, Flexibility Physical Literacy	5:20-6:05 pm JUNIOR PREP Jump, Flexibility Physical Literacy	5:20-5:50 pm JUNIOR PREP Jump, Flexibil- ity Physical Liter- acy		12:20 -1:05 pm GROUPSTAR Jump, Flexibility Physical Literacy	10:15-11:15 am JR COMP, SR & ELITE OFF ICE/SEMINAR Rotation Seminar scheduled for 1x month
6:10-6:55 pm HP, INTERMEDIATE & SENIOR Jump, Flexibility Physical Literacy	6:10-6:55 pm HP, INTERMEDI- ATE & SENIOR Jump, Flexibility Physical Literacy	6:15-7:00 pm HP, INTERMEDI- ATE & SENIOR Jump, Flexibility Physical Literacy	5:55-6:40 pm HP, INTERME- DIATE & SEN- IOR Jump, Flexibil- ity Physical Liter- acy			11:30-12:15 pm JR & INTERMEDIATE Flexibility Training  12:45-1:30 pm SR & ELITE Flexibility Training
		CanSkate Wednesday		CanSkate Friday	Saturday	CanSkate Sunday
		5:30-6:15 pm		6:15-7:00 pm	9:30-10:15 am Introduction to Figure Skating  CanSkate 10:15-11:00 am 4:15-5:00 pm  Power Skating 5:00-5:45 pm 5:30-6:15 pm	CanSkate 1:45-2:30 pm
					ECTAS 6:00-6:50 pm	

- All off ice classes held upstairs at Jimmie Condon unless noted otherwise;
- Please be prepared for off ice runners are required for most classes;
- Drop ins only allowed if there is sufficient room on the ice and the skater is matched to that level;
- No refunds except for medical reasons see the office for details;
- Calalta has the right to cancel sessions as required.

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