

Calalta Figure Skating Club has a highly qualified team of professional coaches who work together to ensure that each skater achieves personal excellence. Our coaching team includes international level coaches in Singles, Pairs, and Dance. All of our coaches have been certified through the National Coaching Certification Program (NCCP) and abide by Skate Canada's Coaches' Code of Ethics.

The Calalta coaching team asks that all skaters and parents adhere to the Calalta Figure Skating Club policies and Skate Canada's Code of Ethics.



Tyler Myles - Director of Skating
(403)909-7334
tyler_myles@rogers.com

Skating Accomplishments:

Novice and Junior Canadian Champion in Ice Dance
Senior National Team member and International competitor
Coach of International medallists at both the Junior and Senior level
Coached skaters to the 2014 Olympic Games and the 2011 - 2015 ISU World Championships
Associate Choreographer for the Stars On Ice tour

Coaching Accreditation/Education:

Certified National Coach
Technical Specialist in Ice Dance and Singles

Coaching Venue:

COP and J.C upon request

Days Available:

Monday through Saturday

Coaching Area of Interest:-High Performance Coaching and Choreography for Competitive skaters Juvenile through Senior in all disciplines

Coaching Rate:

\$18.00 per 15 minute lesson

Coaches at COP



JAIME-LYN JACKSON - Director of Group Skating
(403) 690-9598
Calaltagroupprogramsdirector@gmail.com

Skating Accomplishments: "Disney on Ice "Professional Skater; National Competitive Senior Synchro Skater; Gold Dance and Skills, Sr. Silver free, Pre Novice competitive.

Coaching Accreditation/Education: Certified Provincial Coach, Canpower certified. 15 years coaching experience. Analyze Technical & Tactile Performance Course. Recipient of the National CanSkate University and the Challenge Coach Mentorship programs. Coach of Sectional, StarSkate, AB Winter Games and Leading Edge champions and medalists.

Diploma in Broadcasting, MRU. Majored in Psychology, U of L.

Coaches at Jimmie Condon and COP

Coaching Venue: Jimmie Condon & COP with limited availability
Days available: Monday to Saturday
Coaching Area of interest: Free skate and skills
Accepting new students: on an individual basis
Coaching rate: \$15.00 per 15 minutes



JEFF LANGDON
(403) 807-9212
jefflangdon421@hotmail.com

Skating Accomplishments: 4 time National Medalist, World and Olympic Team Member for Canada, Principal skater for Willy Bietak and Holiday on Ice Productions

Coaching Accreditation/Education: Certified National Coach
Coach of Provincial, Challenge, National, International, European, World and Olympic Competitors

Coaching Venue: COP

Days available: Monday to Friday

Accepting new students:

Coaching Area of interest: Pre-Juvenile to Senior competitive skaters

Coaching rate: \$18.50 per 15 minute lesson

Coaches at COP

NATASHA TAYLOR
natasha@taylorskating.com
403-891-6781

Skating Accomplishments: Quad Gold, Junior/Senior skater, 2010 International Skating Union (ISU) Adult Champion. Coach and trainer of Provincial, Challenge and National Champions. Skate Canada High Performance Mentorship Program coach

Coaching Accreditation/Education: Level 3 Certified in Singles, certified Gravity Yoga instructor, trained in Fitness and Nutrition

Coaching Venue: COP

Days available:

Coaching area of interest: Freeskate

Accepting new students: Yes

Coaching rate: \$17.50 per 15 minute lesson



Coaches at COP



Coaches at COP and Jimmie Condon

KIM SLOPAK-WEEKS

toepik@shaw.ca

Skating Accomplishments: 7th Figure, Jr. Silver Free, Competitive Skating Skills Class 1. Diamond Dance Equivalency, Gold Free Dance, Sr. Competitive Dance Former National Team Member and International Competitor

Coaching Accreditation/Education: Certified National Coach / partial Level 4 Coached medalists at Skate Canada National Championships Calalta Competitive Ice Dance Program Manager

Pre-Novice, Novice and Junior Teams competed in Cross-Border Internationals Figure Skating Coaching Certificate from Seneca College

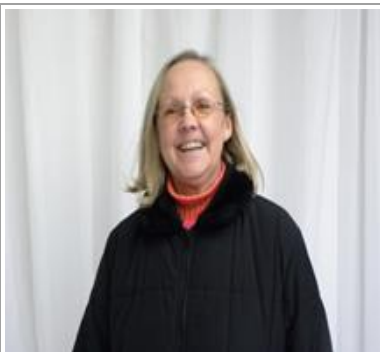
30 years coaching experience

Coaching Venue: Jimmie Condon & COP

Coaching Area of interest: Competitive Dance Teams, Dance, Skills, Stroking and Interpretive Choreography

Accepting new students: Yes, all levels and disciplines in September after I have confirmed who is returning

Coaching rate: \$18.00 per 15 minute lesson



Coaches at Jimmie Condon

LAURIE FINNEY

(403) 287-3229

lauriejfinney@gmail.com

Skating Accomplishments: Gold Figure, Gold Freeskate, Gold Dance Gold Free Dance, Gold Pairs. Former Alberta Senior Champion and National Competitor - Novice, Junior and Senior

Coaching Accreditation/Education: 40 Years Coaching experience Coach & Trainer of Provincial Champions, Divisional Competitors, National & International Competitors, Coach & Trainer of Divisional, National, and International Medalist, Coach of Canada Winter Games Competitors Mentor Coach Level I, II and III Certified National Coach

Coaching Venue: JCA **Days available:** 7 days a week

Coaching Area of interest: All disciplines

Accepting new students: Yes

Coaching rate: \$17.00 per 15 minute lesson



GREG FOLK

(403) 245-0833

ghfolk@shaw.ca

Skating Accomplishments:

Skate Canada Triple Gold Medalist - National Medalist in Junior and Senior Singles & Senior Fours

Coaching Accreditation/Education: NCCP Level 4 Certified

NCCP Level 3 & 4 Course Conductor

Certified Corporate Performance Coach

Over 36 Years Coaching Experience

Master Coach Rating by NCI, PSA(PSGA), and the FSCC

Coaches at COP and Jimmie Condon

Coach and Trainer of Provincial, Challenge and National Champions
Coach and Trainer of International, Junior World and World Competitors
Many time presenter and guest at National and International Skating Conventions and Conferences.

Coaching Venue:

Days available: As arranged or by appointment

Coaching Area of interest: Jump and Spin Specialist

Accepting new students: Yes

Coaching rate: \$20.00 per 15 minute lesson



Tammi Chudak

780-887-5902

sk8terchudak@gmail.com

Skating Accomplishments: Skate Canada Gold figure, Gold Freeskate, Novice Competitive, Gold Dances, Gold Skating Skills. Coach of Provincial, Challenge, and National Competitors in Singles and Pair skating

Coaching Accreditation/Education: 31 years coaching experience
Certified National Coach Level 3. CanPowerSkate Certified - 25 years experience working with all ages from tiny tykes to WHL

Coaching Venue: COP Monday/Wednesday afternoon

JCA Monday-Sunday and Tuesday/Thursday mornings

Coaching Area of interest: Free Skate/Skills

Accepting new students: Yes

Coaching rate: \$17.00 per 15 minute lesson

Coaches at COP and JCA



CHANTELLE PORTZ

chantelle@portz.ca

Skating Accomplishments:

Coaching Accreditation/Education: 16 years coaching experience
Certified Provincial Coach, National Coach Trained, Level 3 (partial), CEP Gold Status, Certified CanPower

Coaching Venue: COP

Days available: Monday to Friday (JC Available for bookings)

Coaching Area of interest:

Accepting new students: Yes

Coaching rate: \$17.00 per 15 minute lesson

Coaches at COP



Ben Westenberger

(403)604-8883

BFITCHER@hotmail.com

Skating Accomplishments: 9 Time National Competitor, 2011 World and ISU Four Continents competitor in Ice Dance.

Coaching Accreditation/Education: US Figure Skating Triple Gold Medalist in Ice Dance, Moves in the Field, and Free Dance. SkateCanada Triple Gold Medalist in Ice Dance, Free Dance, and Couples Interpretative. Coached skaters through their US and Canadian Gold, International and Diamond Dances. Coached skaters to the Canadian and US Nationals in ice dance as well as single skaters at the Regional and Sectional levels.

Coaching Venue: Jimmie Condon & COP

Days available: Monday through Saturday

Coaching Area of interest: All disciplines. Specializing in Ice Dance, Stroking, and Choreography

Accepting new students: Yes, all levels and disciplines

Coaching rate: \$16.00 per 15 minute lesson



DANIELA SOVAK

piruetads@hotmail.com

403-287-4144

Skating Accomplishments: International competitor
Professional ice show soloist/experience

Coaching Accreditation/Education: National and International SC coach with 36 years of experience

Chaired the "Learn to Train" stage of SC LTAD (Skate Canada Long Term Athlete Development)

Doctor of Natural Sciences with specialization in human growth and development as related to physical activity.

Ballet and music training

Coaching Venue: Jimmie Condon and COP

Days available: JCA Mon/Thu last evening session, Sat 1:45-3:15 pm, Sun 10:15-12:30 pm

COP Mon/Wed/Fri am, Mon-Thu day ice

Coaching area of interest: Beginners to Senior level competitive in Singles.

Skating fundamentals, Skating Skills, off ice training and basic program choreography

Accepting new students: YES

Coaching rate: \$18.00 per 15 minutes

Coaches at COP and Jimmie Condon



Alison Bonney-Gregson
(403) 606-9068
alisonskates@gmail.com

Skating Accomplishments: Diamond Dance, Gold Freeskate, Novice Competitive Test, 7th Figure, Competitive Skating Skills Class 1 equivalency. Former PreNovice Ladies Champion, Alberta/NWT Sectional Championships

Coaching Accreditation/Education: Certified National Coach
NCCP Level 3 Trained Ice Dance
23 years coaching experience

Coaching Venue: Jimmie Condon & COP

Days available: Sunday to Friday

Coaching Area of interest: Dance, Freeskate & skills

Accepting new students: Yes, all levels and disciplines

Coaching rate: \$16.50 per 15 minute lesson

Coaches at Jimmie Condon and COP



CATHY SAHALUK
(403) 244-9020 (h)
(403) 650-8390 (c)
cathy_sahaluk@shaw.ca

Skating Accomplishments: 6th Figure, Sr. Bronze Free Skate, Gold Dance, Ten Fox Variation and Bronze Rhythm Dance

Coaching Accreditation/Education: 46 years coaching experience, Mentor Coach level 1, Certified Provincial Coach, level 3 in training

Coaching Venue: Jimmie Condon

Coaching Area of interest: All disciplines

Accepting new students: Yes

Coaching rate: \$13.50 per 15 minute lesson

Coaches at Jimmie Condon



PAUL THOMAS
(403) 272-5125
wpthomas@telusplanet.net

Skating Accomplishments: Former British, European and World Ice Dance Champion

Coaching Accreditation/Education: Senior Instructor with 43 Years Coaching experience. National Competitive Coach - Singles and Dance
Coach of National Medalists, Coach of Canada Winter Games Competitors
Certified National Coach

Coaching Venue: Jimmie Condon Monday-Friday

Coaching Area of interest: All disciplines **Days available:** 7 days a week

Accepting new students: Yes

Coaching rate: \$17.50 per 15 minute lesson

Coaches at Jimmie Condon



Nicole Grenon
403-608-0794
Nicole.grenon@ucalgary.ca

Skating Accomplishments: Gold Dance, Gold Skills, Gold Interpretive, Gold Free Skate. Former Novice Competitive Singles Skater

Coaching Accreditation/Education: Trained Provincial Coach, CanSkate and CanPower Certified.

Coaching Venue: Jimmie Condon

Days available: Monday-Saturday

Coaching Area of interest: Freeskate, skills and power skating.

Accepting new students: Yes

Coaching rate: \$12.00 per 15 minutes

Coaches at Jimmie Condon



Andrea St.Cyr
andrestcyr@gmail.com

Skating Accomplishments:

Gold Freeskate, Gold Dance, Gold Skills, Ten-Fox Variation, National Open Synchronized Skating Champion, Ballet and Jazz Background

Coaching Accreditation:

19 years coaching experience

Certified National Coach Singles & Synchronized Skating Certified

CanPower Certified - CEP Gold Status

National Level Synchronized Skating Teams

National StarSkate Dance Biathlon and Singles Champions

Coaching Venue: Jimmie Condon Arena

Days Available: Tuesdays & Thursdays

Coaching Area of Interest: All disciplines-Freeskate, Dance, Skills and Synchronized Skating

Accepting New Students: Yes

Coaching Rate: \$14.00

Coaches at Jimmie Condon



Monique St.Cyr-Wasmann

mstcyr@gmail.com

Skating Accomplishments:

Gold Freeskate, Gold Dance, Gold Skills, Ten-Fox Variation, National Open Synchronized Skating Champion, Ballet and Jazz Background

Coaching Accreditation:

19 years coaching experience

Certified National Coach & Synchronized Skating Certified

CanPower Certified - CEP Gold Status

National Level Synchronized Skating Teams

National StarSkate Dance Biathlon and Singles Champions

Coaching Venue: Jimmie Condon Arena

Days Available: Tuesdays & Thursdays

Coaching Area of Interest: All disciplines-Freeskate, Dance, Skills and Synchronized Skating

Accepting New Students: Yes

Coaching Rate: \$14.00

Coaches at Jimmie Condon