

Welcome to October 2020!

We're one month in and hoping that skaters, coaches and parents are settling into the new routine and the new normal!

- **Calalta On-line Annual General Meeting**
- **COVID 19 Protocol Reminders**
- **Volunteer Opportunities**
- **Skate Canada's New Safe Sport Framework**
- **Fundraising**
- **Important Dates for October**
- **Sunday Stroking with Tyler!**

Calalta publishes a monthly update sharing information such as important dates, volunteer opportunities, safety issues and other items of interest. This document can also be found on our website at www.calalta.net

Annual General Meeting

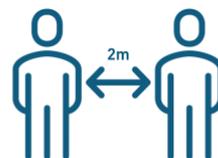
7:00 pm Wednesday October 28, 2020

On-line via Zoom

Calalta's Annual General Meeting will be held on-line from 7:00-8:00 pm Wednesday October 28, 2020. As a member you have the opportunity to vote in the Board of Directors, approve the 2020-2021 budget, coaching staff and schedule. The meeting is a great time to bring up any questions you may have regarding the club, Skate Canada or skating in general. A zoom meeting invite will be shared with all members in the next few weeks with all of the necessary details.

Covid-19 Protocol Reminders

Singles skating is a non-cohort sport so we must maintain a 2 meter distance in the stands, changerooms, when you are waiting to get checked in and on the ice. We **all** have Covid fatigue but Calalta's #1 job is to remain diligent to keep our skaters, coaches, volunteers and staff safe. So that means following all of the protocols set out by Skate Canada, the City of Calgary and the Alberta Government.



What can you do to help us?

- Wear your mask and maintain a 2 m distance;
- At JC leave the Zuca bag in the car – wear your shoes inside and carry skates in hand to be put on in the rink;
- As we only have 15 minutes between sessions, we would like you to vacate your seat immediately after the session – this way we can clean your space and then get back to checking everyone in for the next session. Get your shoes on and wipe your blades outside or in the car;
- Guidelines allow one household member to be a spectator at Jimmie Condon – this person must reside with the skater so we can maintain accurate contact tracing records – sorry no friends allowed in at this time;
- No spectators at COP. Parents can help tie skates and get their skater on and off the ice but will need to leave as soon as the session starts. We will let you know when COP welcomes parents back.

Volunteer Opportunities

JCA Check in and Cleaning

The cleaning role at Calalta is a high commitment role that will earn you 15 volunteer minutes per session. You would arrive at Jimmie Condon 15 minutes before the session and clean all high touch areas (indicated below). You will be given a log sheet to track your hours. Once your volunteer commitment is fulfilled you will deposit the form in the mailbox at Jimmie Condon indicating your volunteer commitment is complete.

- Disinfecting top of boards
- Disinfecting spectator and skater seats in the viewing area
- Disinfecting high touch areas (Door handles, number pads, music equipment, gates)
- Disinfecting high touch areas in restrooms
- Disinfecting seating area and high touch areas in coaches room
- Disinfecting benches and high touch areas in changeroom
- Windex glass on doors as needed
- Conduct health screen for all participants and spectators
- Take attendance in Uplifter

Please contact Natalie at info@calalta.net to express your interest and get further information.

Upcoming Volunteer Opportunities

Calalta is proud to share that we have been selected to host:

- 2020 Calgary Region StarSkate Invitational held at Seven Chiefs Arena November 20-22, 2020; and the
- Calgary Winter Invitational also held at Seven Chiefs Arena February 26-28, 2021

Stay tuned for more details!

Skate Canada

Check out Skate Canada's new National Safe Sport Program!

<https://skatecanada.ca/2020/09/skate-canada-launches-enhanced-national-safe-sport-program/>

Fundraising

Davison Orchid Apple Fundraiser

There is still time to get your apple order in. Order deadline is October 10, curbside pick up is October 19.

Our fundraising goal is to sell **1 box per member** of apples from Davison Orchards. Each box contains 15 pounds of apples. Prices range from \$28 to \$35 per box of apples, or \$1.87 to \$2.33 per pound. These apples are freshly picked and delivered straight from the Orchard! There are four choices to select from including Honeycrisp, Ambrosia, Gala and Okanagan Blend (a surprise box of two varieties). More information on each variety can be found on here: <https://www.davisonorchards.ca/produce-guide/apples>

Information: <http://calalta.net/wp-content/uploads/2020/09/Calalta-Apple-Order-Information-Sheet.pdf>

All proceeds go to the installation of a cross ice jump harness at Jimmie Condon
Two volunteer hours for every \$100.00 in sales.

Purdys Chocolates

Kicking off our annual Christmas fundraiser with Purdys! Check out the details at <http://calalta.net/wp-content/uploads/2020/09/Purdys-and-Calalta-Fundraiser-2020.pdf>

Don't forget for every \$100 sold in chocolates, you get two volunteer hours!

Important Dates to Remember

October 2020	
Mon Oct 12	Thanksgiving! COP: No singles ice sessions running at COP (Dance will run as scheduled) JC: No ice sessions running at Jimmie Condon
Wed Oct 28	Calalta Annual General Meeting
Thurs Oct 29 – Sun Nov 1	Skate AB/NWT/NUN Sectional Championships begins in Calgary Good luck skaters!
Sat Oct 31	No Power Skating running (All other sessions running)

Sunday Stroking with Tyler Myles – Director of Skating

Big changes this year for stroking! Starting later in the day with Tyler leading the sessions with a strong emphasis on turns, speed and acceleration. Guest appearances by Jeff Langdon who will focus on endurance and Ben Westenberger who specializes in artistry on ice!

Jr & Intermediate Stroking: 10-10:45 am

Senior Stroking: 1:45-2:30 pm

Stroking will be run on the following Sundays:

- September 13, 20, 27
- October 4, 18, 25 (no stroking on Thanksgiving weekend)
- November 8, 15, 22, 29 (no stroking on November 1)
- December 6, 13 (no stroking on Dec 20 or 27)
- January 3, 10, 17, 24, 31

Interested in joining Tyler? Register on Uplifter at <https://calalta.uplifterinc.com/>