

Welcome to September 2020!

Congratulations everyone! We made it through summer! We are hoping our Fall sessions work out just as well and look forward to having everyone back on the ice with us!

- **Town Hall Webinar for Returning Skaters**
- **Health App Screening**
- **Covid-19 Protocol Reminders**
- **Spectators at Jimmie Condon and COP**
- **Zoom Off-Ice Classes Cancelled**
- **Monday and Wednesday Lunchtime Ice at JC**
- **Volunteer Cheques and Commitment for 2020-21**
- **Important Dates for September**

Calalta publishes a monthly update sharing information such as important dates, volunteer opportunities, safety issues and other items of interest. This document can also be found on our website at www.calalta.net

Town Hall Webinar to welcome back skaters re-joining our programming this fall. Please join us as we explain the protocols and guidelines that will help to keep your skater safe!

Date: Monday September 7, 2020

Time: 6:30 pm

Zoom Invite: Please register in advance for this webinar

https://us02web.zoom.us/webinar/register/WN_odZEHvuNSpqIF16QnBdgCQ

After registering, you will receive a confirmation email containing information about joining the webinar

We have lots of “New Normal” protocols to go over so you and your skater are well informed and prepared for your successful return to skating

Health App Screening

We are trying out a new and simpler process for completing your Health questionnaire. Please read the instructions carefully:

ONE TIME ONLY

1. Download the CrowdBlink Protect app onto your smart phone (search for Crowdblink in the App store). Once loaded onto your phone it will be called 'Protect' on a green logo;
2. Create your account with your email and password;
3. Confirm your account (click on the email they sent you);
4. The 6 digit verification code is
 - a. **UWFXUN** for ALL Calalta sessions

DAILY

5. For every day that you skate (location of rink is not required), you must go into this app and complete the questionnaire

We know this is a trying process, but it is critical that we follow all of Skate Canada's, Government of Alberta's, City of Calgary's and Winsport's guidelines and protocols.

Spectators at JCA – Only 1 Adult Permitted

As per the City of Calgary guidelines, only 1 parent/adult/guardian is permitted inside Jimmie Condon. This adult can sit and watch but must have a mask on and must stay in their allotted space.

Spectators at COP – Drop and Go

As per WinSport's guidelines, spectators (parents etc) are not permitted in the Markin MacPhail Centre (the arenas) at COP. In fact, the entire upstairs (café, bleachers, hallway) is currently 'off limits.' We have been told that their plan is to allow spectators in the near future, and we will be the first to share the news once it becomes official.

Zoom Off-Ice Classes - CANCELLED

Due to low registration numbers, we have made the difficult decision to cancel our Zoom off-ice sessions. Off-ice sessions are critical for:

- injury prevention;
- injury maintenance;
- improving flexibility and balance;
- increasing range of movement;
- improving strength;
- improving cardiovascular endurance; and

- aiding in the acquisition of new elements.

For us to be able to offer these sessions, we need the numbers to cover the coaching costs. As we will not be offering the classes at this time, please ensure your skater speaks with their coach about what they should be doing instead.

Calalta is proud to offer lunchtime ice at JCA!

This season Calalta is offering ice sessions from 11:30-12:15 pm and 12:15-1:00 pm at Jimmie Condon arena on Mondays and Wednesdays. This is a great way to get some additional training time to run your program, learn a new dance, work on skills or just take a cool break during the day. Don't forget to register for these sessions ASAP on Uplifter!!

Calalta reserves the right to cancel registered sessions due to low numbers.

Volunteer Cheques and Commitment for 2020-21

Calalta runs on volunteers! Whether that is sitting on the Board of Directors, being the rink chair at COP or JC, or helping run a competition, we require your help to continue to be a successful and thriving club. It's quite simple, you provide Calalta a \$600 volunteer deposit (cheque) by September 20, 2020 and you have until June 30, 2021 to volunteer 12 hours (for a family with 1 skater at Calalta) or 16 hours (for a family with more than 1 skater). Once you have your hours in, we shred the cheque. These hours can also be completed in the form of fundraising – eg sell \$100 worth of product and get 1 hour towards your account. We will have numerous fundraisers throughout the year including flowers for Mother's Day (always a HUGE hit), Spolumbos sausages for Father's Day, Purdy's for Christmas and we are just looking into our apple fundraiser for Fall – stay tuned! All fundraising proceeds will go towards purchasing and installing a cross ice jump harness at Jimmie Condon.

- Your \$600 cheque must be provided to the club by September 20, 2020;
- Drop off to the locked mailbox at the bottom of the stairs at Jimmie Condon; or
- Mail the cheque to Calalta (please put your skater's name on the cheque); or
- Hand in to the Rink Chair at COP or JC

If we do not receive your cheque by Sept 20, your skater's registration may be cancelled

Payable to: Calalta FSC

Dated: June 30, 2021

Or mail it to us at:

Calalta FSC

502 Heritage Drive SW



Calgary, AB T2V 2W2

Volunteer commitment is as follows:

12 hours or equivalent fund raising per family for 1 skater registered

16 hours or equivalent fund raising per family for more than 1 skater registered

Your cheque will be shredded once you have completed your volunteer commitment.

Volunteer opportunities will be emailed as they become available.

Important Dates to Remember

September 2020	
Tue Sept 8	Welcome Back Everyone! Sessions running at both COP and Jimmie Condon Arenas (JCA)
Sat Sep 12	Program Assistant (PA) Training JCA 10:15-11:00 am – Register through Uplifter Fall Power Skating begins - 4:45-5:30 pm (8 sessions) ends Nov 14
Wed Sep 16	JCA Fall CanSkate begins - 5:30-6:15 pm (8 sessions) ends Nov 4
Fri Sept 18	JCA Fall CanSkate begins - 6:15-7:00 pm (8 sessions) ends Nov 13
Sat Sept 19	JCA Fall CanSkate begins - 10:15-11:00 am (8 sessions) ends Nov 14