

Welcome to July 2021!

Calalta publishes a monthly update sharing information such as important dates, volunteer opportunities, safety issues and other items of interest. This document can also be found on our website at www.calalta.net

- **Latest Update from the Section/Province**
- **Summer Skating Update**

Skate Canada: Alberta-NWT/Nunavut Return to Skating Information Page

Always great information here - Check out the latest [here](#)

Alberta will enter Stage 3 on July 1st. Please continue following public health measures and get vaccinated as soon as possible. Read more [here](#).

And we're back!! Summer Skating is here!

July 5 – August 13, 2021

Southland Leisure Centre – Ed Whalen Arena

Summer sessions will run 8:00-4:00 pm Monday to Friday and 7-8 pm on Tues/Thurs evenings

There are a few remaining spots!

Best Price? Register for weekly packages

More Flexibility? Register by the session or by the day

Questions? Please email the office at info@calalta.net

Highlights of Summer!!

Morning Stroking

Jeff Langdon - Tuesday/Thursday/Friday

Alison Bonney-Gregson – Monday/Wednesday in July

Natasha Taylor – Monday/Wednesday in August

Afternoon Stroking

Kim Weeks – Daily

Jaime-Lyn Jackson – Alternate

Jump Classes

Keelee Gingrich – Daily

Dustin Sheriff-Clayton – Tuesday Mornings

Fitness/Physical Literacy Off Ice

Nick – Mon/Wed/Fri

Dance/Yoga Off Ice

Karly from HIGH Fitness

Wildrose is happening!!

Check out the details for the upcoming virtual competition:

<https://skateabnwtun.ca/event/2021-wild-rose-invitational/>

Pre-Juv and Up for singles, dance and pairs.

Skaters will skate July 23-25 at Winsport or in Edmonton. The event will be virtually scored from August 4, 2021.

**Registration Deadline: July 6
at noon!**

**Please speak with your
coach if you have questions!**

Plus as an added bonus Leslie Lawrence will be in to do a
Technical and Program Component seminar in August for the registered skaters!

We can't wait to Skate

CALALTA REGISTRATION IS OPENING JUNE 1!

JOIN US FOR SUMMER 2021 CANSKATE AND PRE-STAR PERFORMANCE TUESDAYS AND THURSDAYS JULY 6-29 FROM 6-6:45 PM ED WHELAN ARENA!

REGISTER ON CALALTA.UPLIFTERINC.COM

Come Skate with us!

Calgary's Long standing, Accessible, Full Service and Inclusive skating club!

Not for Profit

CALALTA
FIGURE SKATING CLUB

CanSkate is back as of July on Tuesday and Thursdays from 6-6:45!

Registration is now open – email the office at info@calalta.net for more details!



**2021 Summer Schedule for Southland Ed Whelan Arena
July 5 to July 29, 2021**

Monday	Tuesday	Wednesday	Thursday	Friday
Group A 8:00-8:45 am Free Skate	Group A 8:00-8:45 am Free Skate	Group A 8:00-8:45 am Free Skate	Group A 8:00-8:45 am Free Skate	Group A 8:00-8:45 am Free Skate
Group B 8:45-9:45 am Free Skate	Group B 8:45-9:45 am Free Skate	Group B 8:45-9:45 am Free Skate	Group B 8:45-9:45 am Free Skate	Group B 8:45-9:45 am Free Skate
Group A 10:00-10:45 am Free Skate	Group A 10:00-10:45 am Free Skate	Group A 10:00-10:45 am Free Skate	Group A 10:00-10:45 am Free Skate	Group A 10:00-10:45 am Free Skate
Group B 10:45-11:30 am Free Skate	Group B 10:45-11:30 am Free Skate	Group B 10:45-11:30 am Free Skate	Group B 10:45-11:30 am Free Skate	Group B 10:45-11:30 am Free Skate
Group A & B 11:30-12:00 pm Stroking	Group A & B 11:30-12:00 pm Stroking	Group A & B 11:30-12:00 pm Stroking	Group A & B 11:30-12:00 pm Stroking	Group A & B 11:30-12:00 pm Stroking
Group A 12:15-1:00 pm Free Skate	Group A 12:15-1:00 pm Free Skate	Group A 12:15-1:00 pm Free Skate	Group A 12:15-1:00 pm Free Skate	Group A 12:15-1:00 pm Free Skate
Group C 1:00-1:45 pm Free Skate	Group C 1:00-1:45 pm Free Skate	Group C 1:00-1:45 pm Free Skate	Group C 1:00-1:45 pm Free Skate	Group C 1:00-1:45 pm Free Skate
Open 2:00-2:45 pm	Open 2:00-2:45 pm	Open 2:00-2:45 pm	Open 2:00-2:45 pm	Open 2:00-2:45 pm
Open 2:45-3:00 pm Stroking	Open 2:45-3:00 pm Stroking	Open 2:45-3:00 pm Stroking	Open 2:45-3:00 pm Stroking	Open 2:45-3:00 pm Stroking
Group C & Open 3:15-4:00 pm Free Skate	Group C & Open 3:15-4:00 pm Free Skate	Group C & Open 3:15-4:00 pm Free Skate	Group C & Open 3:15-4:00 pm Free Skate	Group C & Open 3:15-4:00 pm Free Skate
Monday	Tuesday	Wednesday	Thursday	Friday
	CanSkate (July Only) 6:00-6:45 pm		CanSkate (July Only) 6:00-6:45 pm	
	Open 7:00-8:00 pm Jul 5:30-6:30 pm Aug 3, 10		Open 7:00-8:00 pm Jul 6:30-7:30 Aug 5 6:00-7:00 Aug 12	

The Director of Skating has the right to move skaters accordingly based on skill level and numbers on ice
Calalta reserves the right to cancel registered sessions for any reason.

Calalta is committed to the health and safety of our coaches, skaters, members and volunteers and adheres to all health guidelines and protocols issued by the Alberta Government, City of Calgary, Skate Canada and Skate Canada: AB/NUN/NWT as well as the facility operator as required. You will be required to follow all rules when skating with Calalta.

Register on Uplifter [here](#) or send questions to info@calalta.net
Schedule also available on Calalta's [website](#)
403-245-2425

CALALTA

FIGURE SKATING CLUB

Monday Off Ice	Tuesday Off Ice	Wednesday Off Ice	Thursday Off Ice	Friday Off Ice
Group A 9:15—9:45 am Jump	Group A 9:15—9:45 am Jump	Group A 9:15—9:45 am Jump	Group A 9:15—9:45 am Jump	Group A 9:15—9:45 am Jump
Group B 10:00-10:30 am Jump	Group B 10:00-10:30 am Jump	Group B 10:00-10:30 am Jump	Group B 10:00-10:30 am Jump	Group B 10:00-10:30 am Jump
Group B 12:45-1:30 pm Fitness	Group B 12:45-1:30 pm Ballet/Contemporary	Group B 12:45-1:30 pm Fitness	Group B 12:45-1:30 pm Yoga	Group B 12:45-1:30 pm Fitness
Group A 1:30-2:30 pm Fitness	Group A 1:30-2:30 pm Ballet/Contemporary	Group A 1:30-2:30 pm Fitness	Group A 1:30-2:30 pm Yoga	Group A 1:30-2:30 pm Fitness
Group C 2:00-2:30 pm Jump	Group C 2:00-2:30 pm Jump	Group C 2:00-2:30 pm Jump	Group C 2:00-2:30 pm Jump	Group C 2:00-2:30 pm Jump
Level	Description			
Group A	Pre-Novice through Senior Competitive, plus Star 8 and up. (Formerly Comp 1)			
Group B	Pre-Juvenile U13 and Juvenile Competitive, plus Star 6 and 7. (Formerly Comp 2)			
Group C	Pre-Juvenile U11 skaters, plus Star 2-5. (Formerly Star 3-5)			
OPEN	Open to all levels and ages			
OPEN with shared ice Group C	When “Open” skaters are sharing ice with Group C, skating must be modified to ensure safety of the younger skaters.			

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