

Welcome to August 2023!

- **New Summer Programming start Tuesday Aug 8**
- **Used Skate and Dress Sale – Sept 16**
- **Fall Registration**
- **Music Protocol (Parents please review with your skater)**
- **Dressing Room Etiquette (Parents please review with your skater)**
- **Drop In Ice**
- **Parent's Meeting in August**
- **Important Dates**

Calalta publishes a monthly update sharing information such as important dates, volunteer opportunities, safety issues and other items of interest. This document can also be found on our website at www.calalta.net

Summer Programming Changes on Tuesday Aug 8

Keep that momentum up! 2 weeks left of summer skating for our single skaters! Dancers have 3 weeks!

A few changes beginning Tuesday August 8 for the final weeks of skating – singles and dance

- Singles programming moves From Father David Bauer to Rose Kohn
- Dance moves from Ed Whalen to Joe Kryczka from Aug 8-18
- Dance ice moves to Jimmie Condon Aug 21-28

Check out the latest details at <http://calalta.net/schedule/>

Used Dress and Skate Sale – Time to clean out the closets!

Calalta is hosting a Used Skate and Dress Sale in September and we are now collecting items for the sale! If your members are interested in cleaning out their closets of activewear, skating dresses and skates, they can drop them off at the Calalta office located upstairs at the Jimmie Condon Arena.

Check out the last page of this document for all the details!

Fall Registration

All sessions start Mon Sept 4 at COP and Tuesday Sept 5 at Jimmie Condon

Season ends Sat June 22, 2024

Welcome to the 2023-2024 Skating Season!

Things You Need to Know!

<p>Registration is OPEN and is at https://calalta.uplifterinc.com/</p> <p>Speak with your coach BEFORE you register and have your credit card ready!</p>	<ul style="list-style-type: none"> <input type="checkbox"/> 15% Discount for booking 6 or more sessions (clicks) per week BEFORE August 31 at midnight <input type="checkbox"/> Book 6 or more sessions (clicks) per week from Sept 1 to Sept 30 at midnight and get a 10% discount <input type="checkbox"/> Sorry NO discounts after September 30 at midnight <input type="checkbox"/> Organize your sessions and lessons with your coach BEFORE you register. The lesson you want may not be available!
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Calalta is a non-profit organization, and we rely on our members to volunteer to make for a successful skating season

Volunteer Policy
For 1 skater registered per family you will be required to volunteer 12 hours of time
For more than 1 skater registered per family you will be required to volunteer 16 hours of time

When registering in Uplifter you **MUST** declare your membership



<p>Individual Skater Membership</p> <ul style="list-style-type: none"> - Cost is \$70 and includes: - Member Pricing on all sessions - 1 banquet ticket for skater - Volunteer commitment required – if all hours are not fulfilled by June 15, 2024, a \$600 charge will be applied to the credit card on file - Volunteer opportunities will be emailed as they become available and yes there are lots of opportunities each year to volunteer - The club tracks volunteer hours but it is important that members track their own volunteer hours as well

<p>Affiliate Skater Membership</p> <ul style="list-style-type: none"> - Cost is \$0 and you have a 25% premium added to your invoice pay to cover the cost of ice subsidized by casinos, competition revenue and other fundraising efforts - No volunteer commitment required - No voting privileges at the AGM

All sessions have been prorated to accommodate the following stat holidays and known cancellations

- Sept 4: Labor Day (Jimmie Condon only)
- Oct 9: Thanksgiving (all ice cancelled at JC and COP except Dance)
- Nov 11: Remembrance Day (JC only)
- Dec 24 – Jan 6: Christmas & New Years (COP and Jimmie Condon)
- Feb 19: Family Day (JCA and COP)
- Mar 29: Good Friday (JCA only)
- Mar 31: Easter Sunday (JCA and COP)
- Apr 21 to May 4: Skating Break (JCA and COP)
- May 20: Victoria Day (JCA and COP)

<p>Both GST and membership fees (Calalta fees of \$70 and Skate Canada fee of \$58.65) are due at the time of registration, sessions can be paid all at once or prorated over 8 months from September 1st to April 1st</p> <p style="text-align: center;">Please make sure you click the 'pay in installments' when you are checking out or the entire payment will be charged to your credit card immediately</p> <p>No payment? Your skater will NOT be allowed on the ice until payment is made</p>

All questions can be directed to info@calalta.net
Make sure you read the monthly update advising of schedule changes, news and special events

Happy Skating!

Music Protocol

Skaters' music will be played on a “first come, first serve” basis. To ensure that your music will be played, please put your phone in line near the beginning of the session. There will not be any “holding spots.”

Coaches have the right to “bump” into the line as many times during the lesson as appropriate. Obvious misuse of this rule will be addressed ie. Overuse and back-to-back programs will not be allowed when there is a line-up of phones.

Skaters will have the opportunity to have ONE phone in line at a time. They will not be allowed to have both a short and a long in line at the same time. Once their music is done, it can be placed at the end of the line if they so choose.

Skaters attending upcoming competitions (Wildrose is next on the August long weekend) will have priority WITHIN REASON. For example, there are several skaters attending Sectionals and each are of equal importance. Once Sectionals is finished, the skaters qualifying for Western Challenge will have priority with Canadian qualifiers and World Team members having priority in December and January. This will be closely watched by the Director of Skating and if skaters are abusing this privilege then it will be removed.

Dressing Room Etiquette – Parents please review with your skater

Parents – next time you’re in the car with your skater, bring this up on your phone – maybe have them read it to you while you’re driving and discuss this.

Remember the Spirit Award that was presented to Isabella Hazelton and Parker Heiderich at our awards banquet in May? They were awarded this honor by fellow skaters for the following reasons:

Team spirit is the feeling of **pride and loyalty** that exists among the members of a **team** and that makes them want their **team** to do well or to be the best

Skating is an individual sport yet having friends at the rink that cheer you on when you land your first axel or 3T makes a difference. This is about that fellow skater that displays the following characteristics:

Helpful – whether it’s a pair of runners or clear tape or something else you forgot, will lend it to you. **Have you been helpful?**

Supportive – gives you a pat on the back or says ‘Nice try’ when your program doesn’t go as planned and claps loudest when your name is announced (and they’re in the same flight as you!). **How have you been supportive to others?**

Inclusive – in the change room or on the ice or on social media, makes an effort to include you. **What are you doing to ensure an inclusive environment?**

Attitude – a sincerely nice person who says Hi and smiles and doesn’t play the mean girl/boy/other on social media. **How’s your attitude been lately?**

Etiquette in the Change Room	
Be respectful of each other	Have a positive attitude – no one wants to be around a bad or negative attitude
Support one another – it feels good	Be kind to one another – sometimes a smile and a ‘hi’ goes a long way in making someone’s day
Be coachable – listen, seek to understand, ask questions and execute	Pick up after yourself – leave the change room cleaner than when you got there
Be a role model – how you present yourself on the ice and in the change room is noticed by coaches, parents and other skaters	Don’t video or take pictures of others in the change room EVER. The change room is a safe place for EVERYONE and free from any concerns about a members’ privacy being compromised

Coaches are responsible for enforcing these rules. If these rules aren’t being followed, your dressing room privileges may be suspended, and you may be putting your skates on in the players’ box.

Drop In Ice – Purchased on-line BEFORE you get on the ice!

YES, we are accepting drop-in skaters! This is how we do it:

1. Go to: [Calalta's Uplifter site](#) and log in
2. Navigate to the session of choice and select “Register” - Please ensure you have selected the session **best suited** for your skater!
3. You will see the option to register for the full program or drop-in
4. Follow the prompts as directed and pay with your credit card



Parent's Meeting in August

Do you have questions about the registration process this fall or want to better understand how the discounts work or even where to register? Bring your questions and join us on-line Wednesday August 9 from 6:30 pm to 7:30 pm.

Link to the meeting: <https://us06web.zoom.us/j/89268402892?pwd=akppcnUwbElvUIBqZm10c0RhY1lPQT09>

If you can't make the meeting, you can always send your questions to info@calalta.net

Important Dates to Remember

August 2023	
Fri Aug 4	Wildrose starts! Good luck Calalta Skaters!
Mon Aug 7	No Skating – Civic Holiday
Tue Aug 8	All singles sessions are at Rose Kohn New registration until Friday Aug 18 (New times and schedules)
Tue Aug 8	Dance ice moved to Joe Kryczka – New times
Fri Aug 18	Last day of summer skating for singles skaters
Mon Aug 21-25	Dance ice moved to Jimmie Condon – New times
Mon Sep 4	2023/24 Season begins at COP
Tue Sep 5	2023/24 Season begins at Jimmie Condon

CALALTA
FIGURE SKATING CLUB
Fall 2023 Used Skate & Dress Sale

Calalta is hosting a Used Skate and Dress Sale in September and we are now collecting items for the sale! If your members are interested in cleaning out their closets of activewear, skating dresses and skates, they can drop them off at the Calalta office located upstairs at the Jimmie Condon Arena.

Items Accepted for the Sale

- Lululemon Products
- Fitness Wear
- Leggings and Tights
- Competition Attire
- Zuca Bags / Skate Bags
- Skate Guards
- Skates with blades mounted – individual boots or blades will not be accepted
- Off Ice Equipment such as spinners



How to Sell an Item

- **Label items with full name, cellphone #, brief item description, size and price**
- Drop off items to the Calalta office located upstairs at Jimmie Condon Arena.
502 Heritage Drive SW, Calgary
- Calalta takes 20% of all sales. A cheque will be issued to the seller within 2 weeks after the sale for the remainder.
- Items not sold will need to be picked up within 2 weeks or they will be considered donated.
- Sale items will be accepted until **September 8**

Sale Guidelines

- **All items must be CLEAN and in GOOD condition – no rips, tears or stains**
- Boots and blades **MUST** be in good shape – if the rocker has been taken off or the blade is in bad shape the item will not be accepted
- Skates in the smaller sizes sell the best (size 1-3)
- Any items not labelled will not be accepted for the sale

When is the Sale?

When: **September 16, 2023** 10am-6pm

Where: Upstairs office of Jimmie Condon Arena
502 Heritage Drive SW, Calgary AB

Last day to **drop off** items: September 8, 2023

Last day to **pick up unsold items**: September 30

For more information, please contact
Calalta Figure Skating Club
info@calalta.net
(403) 245-2425