

Welcome to September 2023!

Welcome back to a new skating season! Looking forward to having everyone back on the ice with us!

- **Solstice Synchro**
- **Volunteer Commitment**
- **Current Volunteer Opportunities**
- **Planning to Drop in and Skate? Read this first!**
- **2023-2024 Fundraising Plan**
- **Parent Meetings**
- **Important Dates for September**

Calalta publishes a monthly update sharing information such as important dates, volunteer opportunities, safety issues and other items of interest. This document can also be found on our website at www.calalta.net

Solstice Synchro

Although Solstice has been a part of Calalta for a few years, the last step in the consolidation was bringing them onto the Uplifter platform - yeah! Expect to hear more about Solstice on Calalta's social media pages and the monthly updates!

Volunteer Commitment for 2023-2024

Calalta runs on volunteers! Whether that is sitting on the Board of Directors, being the rink chair at COP or JC, or helping run a competition, we require your help to continue to be a successful and thriving club.

1 skater in the family = 12 volunteer hours or equivalent done before June 30, 2023

2 or more skaters in the family = 16 hours or equivalent done before June 30, 2023

Volunteer hours can take many forms:

- Fundraising – sell \$100 worth of product and get 2 hours towards your account (and we do lots of fundraising – Apples in Sept, Purdys' for Christmas, Flowers for Mothers' Day, Fill the Freezer in May/June)

- Helping with a competition (CWI in February, Star 1-3 in December and June) our casino in March, Annual Ice Show, Assessment Days or being a rink chair at one of our rinks

All volunteer opportunities will be emailed to the membership as required and communicated in our monthly updates.

Upcoming Volunteer Opportunities

Davison Orchid Apple Fundraiser

Apples are back again this year! We have partnered with Davison Orchards, a family farm located in Vernon, BC that specializes in apples. For more details on this fundraiser (or to share with friends and family, click <https://calalta.net/fundraising/apple-fundraiser/>

- We need 2 more people to help with the sorting by box and distributing to vehicles on Wednesday Sept 21 from 3 – 6 pm (3 hours). You must be able to lift a 15-pound box of apples and be friendly! To sign up for this opportunity, click on our Sign-Up Genius link at <https://www.signupgenius.com/go/30E0B48A8AE2DA7F85-apple>
- You can also earn two (2) volunteer hours of credit for every \$100 of Davison apples you sell – great opportunity to sell to neighbours, co-workers and family members (that can bake 😊).

Here is the link to place your final order: <https://calalta.uplifterinc.com/pages/calalta-store/davison-orchard-apple-fundraiser/fall-2022/>

Orders close on Wednesday September 13 at 10 pm. Curbside pick-up will be Wednesday September 27 at Jimmie Condon from 4-6 pm.

Used Skate and Dress Sale

Have you cleaned out the closets yet? Time to sort through the kids' clothes and round up fitness gear, skates that don't fit, and dresses from last year and bring them down to Calalta for the Used Skate and Dress Sale held on Saturday September 16. More details below on the attached PDF

- We need 1 person to help with the sorting, organizing, and selling of these items on Saturday September 16 from 9:30 am to 1:30 pm (4 hours) or 1:30 pm – 5:30 pm (4 hours). You must be friendly and welcoming and enjoy conversing with people. If



interested, please sign up for one of the 4-hour shifts at <https://www.signupgenius.com/go/30E0B48A8AE2DA7F85-used1>

Office Cleaning

This volunteer opportunity is great as it takes only an hour at a time, once a week and you can do it during the day when it fits your schedule or when there are no off-ice classes running upstairs.

- Sweeping stairs and large open floor area from the office to the entrance
- Cleaning bathrooms
- Empty garbages
- Mop floors and stairs
- Wiping down windows, mirrors, door handles and other high touch surfaces
- Wiping counters in kitchen
- General dusting of surfaces plus awards and plaques
- Organizing fitness equipment (if the kids did not put it away)
- Ensure cleaning supplies are replenished (receipts to be submitted for refund)

We currently have available Sept 7 to Nov 23 available. Check out the link to Sign-Up Genius here <https://www.signupgenius.com/go/30E0B48A8AE2DA7F85-cleaning> Once you have signed up, please contact Natalie for orientation and instruction prior to first day cleaning.

2023-2024 Fundraising Plan

From fundraisers to sponsorships and donations – we have a lot going on this year! We kick off the season with our ever so successful apple fundraiser with Davison Orchards – best apples ever!

We also have a great new program for sponsorship from businesses! All sponsorship dollars over \$1000 gets your skater a 25% credit on their account. Check out your employers local giving program and see if they may be interested.

All the details can be found at <https://calalta.net/fundraising/>

Drop In Ice

YES, we are accepting drop-in skaters! This is how we do it:

45 min session	\$15.75	No partial sessions permitted – you register for a 60 minute session, you pay \$21 even if you get off the ice early or arrive late
60 min session	\$21.00	

1. Go to: [Calalta's Uplifter site](#) and log in
2. Navigate to the session of choice and select “Register” - Please ensure you have selected the session **best suited** for your skater! Don't register for a session they are not qualified to skate! If the session is full, you will not be permitted to register.
3. You will see the option to register for the full program or drop-in.
4. Choose drop in and follow the prompts on screen and pay with your credit card.
5. Once registered, this will then be reflected in Uplifter and the Rink Chair will take attendance.

Off Ice Training

Is your skater doing off ice? Whether it's a jump class, physical literacy or attending the PTC at COP, they need off-ice training not only to supplement their skating but to prevent injuries. If you don't have an off-ice program, you should be speaking with your coach as to what they recommend or what they can offer.

Calalta offers classes on Tuesday and Thursday at the PTC (Performance Training Centre) at COP. These are cost recovery sessions – you pay what they charge us! Check them out on [Calalta's Uplifter site](#)

Parent Meetings

Our always popular parent meetings will be starting soon! Details will be emailed to all members. Great chance to meet the Board and to get your questions answered!

Important Dates to Remember

September 2022	
Mon Sept 4	Welcome back COP skaters! (no sessions running at Jimmie Condon – City of Calgary facilities are closed for Labour Day and other statutory holidays)
Tues Sept 5	Welcome back Jimmie Condon skaters!
Wed Sept 6	COP – No 8:30-9:45 am Ice Dance (known cancellation)
Fri Sept 8	COP – No 4:00-4:45 pm Int/Senior session (known cancellation) Last day to drop off items for the Used Skate and Dress Sale Please drop off items upstairs in the office
Sat Sept 9	Program Assistant Training at Jimmie Condon Details and timing TBD
Sun Sept 10	Synchro starts!

CALALTA

FIGURE SKATING CLUB

Sat Sept 16	CanSkate, Pre-Can, Parent & Tot, Adult, Teen Learn to Skate and PowerSkating start! Used Skate and Dress Sale held upstairs at JC
Mon Sept 18	CanSkate Monday starts
Wed Sept 20	CanSkate Wednesday starts
Fri Sept	CanSkate Friday starts
Sept 30	No Skating – Truth and Reconciliation Day All sessions cancelled at Jimmie Condon (known cancellation)

Known cancellation: it means the club is aware of this cancellation prior to registration and did not include it when you purchased ice. In other words, you did not pay for it, therefore you do not get a credit back to your account.