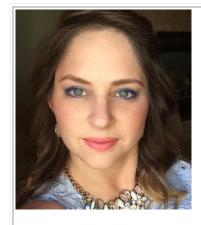
Calalta Figure Skating Club has a highly qualified team of professional coaches who work together to ensure that each skater achieves personal excellence. Our coaching team includes international level coaches in Singles, Pairs, and Dance. All of our coaches have been certified through the National Coaching Certification Program (NCCP) and abide by Skate Canada's Coaches' Code of Ethics.

The Calalta coaching team asks that all skaters and parents adhere to the Calalta Figure Skating Club policies and Skate Canada's Code of Ethics.





JAIME-LYN JACKSON - Director of Group Skating (403) 690-9598 Calaltagroupprogramsdirector@gmail.com

Skating Accomplishments: "Disney on Ice" Professional Skater; National Competitive Senior Synchro Skater; Gold tests, Adult 1 Synchro competitor. Coaching Accreditation/Education: National in Training Coach, Trained Skate Canada Learning Facilitator, Canpower certified. 19 years coaching experience. Recipient of the National CanSkate University program, participant in the Challenge Coach Mentorship. Teaching grassroots to Gold/Novice level skaters. Coach of Sectional, StarSkate, AB Winter Games and Leading Edge champions and medalists. Diploma in Broadcasting, MRU. Majored in Psychology, U of L. Coaching Venue: Monday through Saturday. Jimmie Condon (Mon-Sat). COP(Mon Days available: Monday to Saturday Coaching Area of interest: Free skate and skills Accepting new students: Yes Coaching rate: \$16.00 per 15 minutes

NATASHA TAYLOR natasha@taylorskating.com 403-891-6781

Skating Accomplishments: Quad Gold, Competitive Skater. StarSkate National Competitor and medalist, ISU International Adult Champion. Coaching Accreditation/Education: Skate Canada High Performance Coach. Coached and trained Provincial and National Champions/Medalists. Coached singles skaters' beginner to Senior Competitive level. Was mentored by Skate Canada High Performance program. Fitness and Nutrition trained, Gravity Yoga Certified.

Coaching Venue: COP and Sat at JCA Days available: Mon to Sat Coaching area of interest: Freeskate Accepting new students: Yes Coaching rate: \$17.50 per 15 minute lesson



KIM SLOPAK-WEEKS

toepik@shaw.ca

Skating Accomplishments: 7th Figure, Jr. Silver Free, Competitive Skating Skills Class 1. Diamond Dance Equivalency, Gold Free Dance, Sr. Competitive Dance Former National Team Member and International Competitor Coaching Accreditation/Education: Certified National Coach / partial Level 4 Coached medalists at Skate Canada National Championships Calalta Competitive Ice Dance Program Manager Coached athletes from CanSkate to Senior level coached competitive dance teams at an international level Figure Skating Coaching Certificate from Seneca College 33 years coaching experience Coaching Venue: Jimmie Condon & COP Coaching Area of interest: Competitive Dance Teams, Dance, Skills, Stroking and Interpretive Choreography Accepting new students: Yes, all levels and disciplines in September after I have confirmed who is returning **Coaching rate:** \$18.50 per 15 minute lesson

BEN WESTENBERGER (403)604-8883 Benfwestenberger@gmail.com

Skating Accomplishments: 2011 ISU World Championships Competitor
2011 ISU Four Continents Competitor
9-Time National Competitor in Canada and the United States
Coaching Accreditation/Education: National Coach in Training, Skate Canada
Triple Gold Medalist. US Figure Skating Triple Gold Medalist in Ice Dance, Moves in the Field, and Free Dance. Coached skaters to National medals and ISU Junior Grand Prix events.
Coaching Venue: Jimmie Condon & COP
Days Available: Monday through Saturday
Coaching Area of interest: All disciplines. Specializing in Ice Dance, Choreography, and Skating Skills
Accepting new students: Yes, all levels and disciplines
Coaching rate: \$17.50 per 15minute lesson





Alexandra Young Palin (403) 479-2602 alexandrayoung26@gmail.com

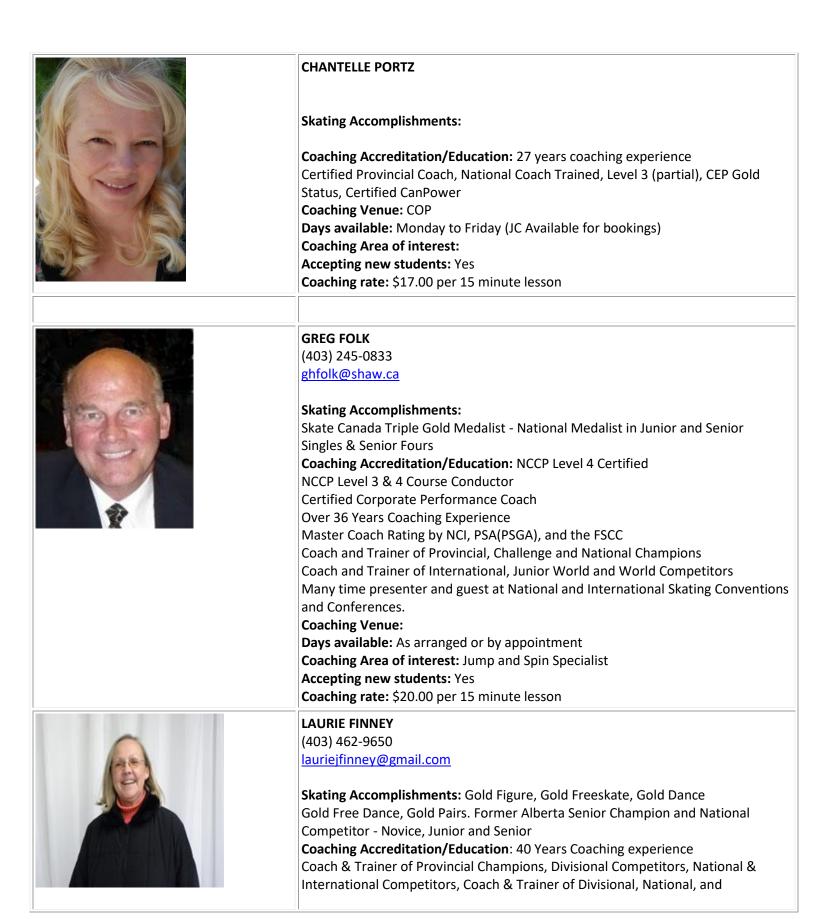
Accomplishments

Principal Performer - Disney on Ice. Played the role of Barbie with former Calalta Skater, Eric Palin. Principal Performer - Willy Bietak Productions on board Royal Caribbean ships Oasis and Allure of the Seas. National Medallist in Pre-Novice and Novice Pairs. Junior competitor in Singles & Pairs. Coaching_Accreditation/Education: Provincial Coach in Training Specialist in Pairs, Performance & Singles **Coaching venue:** Jimmie Condon and COP **Days Available:** Monday to Saturday **Coaching area of interest:** Singles, pairs and performance **Accepting new students:** Yes, with Natasha Taylor **Coaching rate:** \$13.50 per 15 mins

DONNA HALLATT dmgskating@shaw.ca

Coaching Accreditation/Education: Certified National Coach NCCP level 2 Pairs and Dance NCCP level 1 Technical Gymnastics 37 years professional coaching experience 7 years jazz and ballet 11 years Ballroom, 4th in Canada at Canadian Ballroom championships 2018 I have taken skaters to Challenge & National in Freeskate and Dance Coaching Venue: COP and Jimmie Condon Days available: Monday to Friday afternoon COP & Wednesday after 4:00 pm Jimmie Condon Accepting new students: Yes Coaching Area of interest: Competitive Freeskate Technical Coaching rate: \$17.00 per 15 minute lesson



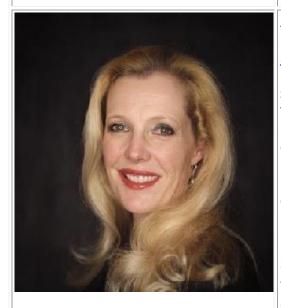


International Medalist, Coach of Canada Winter Games Competitors Mentor Coach Level I, II and III Certified National Coach **Coaching Venue:** JCA **Days available**: 7 days a week **Coaching Area of interest:** All disciplines **Accepting new students:** Yes **Coaching rate:** \$18.00 per 15 minute lesson



DANIELA SOVAK piruetads@hotmail.com 403-287-4144

Skating Accomplishments: International competitor Professional ice show soloist/experience Coaching Accreditation/Education: National and International SC coach with 36 years of experience Chaired the "Learn to Train" stage of SC LTAD (Skate Canada Long Term Athlete Development) Doctor of Natural Sciences with specialization in human growth and development as related to physical activity. Ballet and music training Coaching Venue: Jimmie Condon and COP Days available: JCA Mon/Thu last evening session, Sat 1:45-3:15 pm, Sun 10:15-12:30 pm COP Mon/Wed/Fri am, Mon-Thu day ice Coaching area of interest: Beginners to Senior level competitive in Singles. Skating fundamentals, Skating Skills, off ice training and basic program choreography Accepting new students: YES Coaching rate: \$18.00 per 15 minutes



Alison Bonney-Gregson (403) 606-9068 alisonskates@gmail.com

Skating Accomplishments: Diamond Dance, Gold Freeskate, Novice Competitive Test, 7th Figure, Competitive Skating Skills Class 1 equivalency. Former PreNovice Ladies Champion, Alberta/NWT Sectional Championships
Coaching Accreditation/Education: Certified National Coach
NCCP Level 3 Trained Ice Dance
25 years coaching experience
Coaching philosophy:
I love passing the love and joy I feel for skating onto the next generation!!! The

relationships that I build with the skaters as they strive to reach their potential in skating are so rewarding. The lessons skaters learn in the rink will serve them in their futures as the sport allows for them to learn discipline and the development of a strong work ethic, to build confidence and both mental and physical strength, as well as the experience to weather both the tough challenges and great accomplishments that the pursuit of their skating goals provides. **Coaching Venue:** Jimmie Condon & COP **Days available:** Monday to Saturday **Coaching Area of interest:** Dance, Freeskate & skills **Accepting new students:** Yes, all levels and disciplines **Coaching rate:** \$17.00 per 15 minute lesson



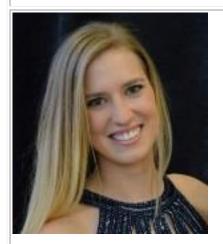
Skating Accomplishments:

Gold Freeskate, Gold Dance, Gold Skills, Ten-Fox Variation, National Open Synchronized Skating Champion, Ballet and Jazz Background, Theater Calgary choreographer Coaching Accreditation **Coaching Accreditation:** 26 years coaching experience Certified National Coach Singles & Synchronized Skating Certified CanPower Certified National Level Synchronized Skating Teams National StarSkate Dance Biathlon and Singles Champions **Coaching Venue:** Jimmie Condon Arena **Days Available:** Tuesday and Thursday **Coaching Area of Interest:** All disciplines-Freeskate, Dance, Skills, Artistic and Synchronized Skating **Accepting New Students:** Yes **Coaching Rate:** \$16.00

Nicole Grenon 403-608-0794 <u>Nicole.grenon@outlook.com</u>

Skating Accomplishments: Gold Dance, Gold Skills, Gold Interpretive, Gold Free Skate. Former Novice Competitive Singles Skater
Coaching Accreditation/Education: CanPower Certified, Trained Special Olympics Coach. Trained Provincial Coach, CanSkate Certified.
Coaching Venue: Jimmie Condon
Days available: Monday-Friday
Coaching Area of interest: Power skating and inclusive skating
Accepting new students: Yes
Coaching rate: Please contact Nicole for more information







CATHY SAHALUK

(403) 244-9020 (h) (403) 650-8390 (c) cathy sahaluk@shaw.ca

Skating Accomplishments: 6th Figure, Sr. Bronze Free Skate, Gold Dance, Ten Fox Variation and Bronze Rhythm Dance
Coaching Accreditation/Education: 50 years coaching experience, Mentor Coach level 1, Certified Provincial Coach, level 3 in training
Coaching Venue: Jimmie Condon
Coaching Area of interest: All disciplines
Accepting new students: Yes
Coaching rate: \$14.00 per 15 minute lesson

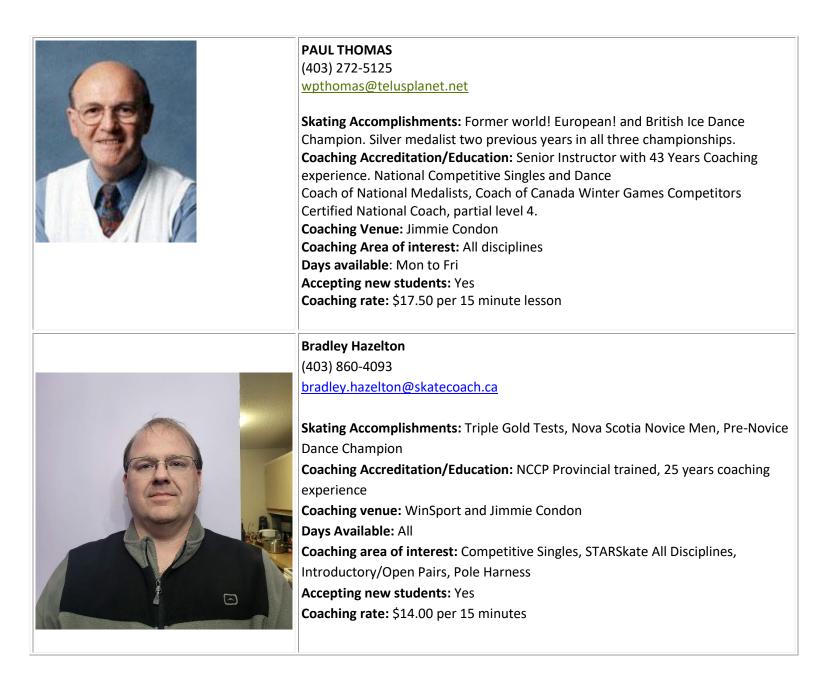
Monique St.Cyr-Wasmann mstcyr@gmail.com

Skating Accomplishments:

Gold Freeskate, Gold Dance, Gold Skills, Ten-Fox Variation, National Open Synchronized Skating Champion, Ballet and Jazz Dance Background.

Coaching Accreditation:

26 years coaching experience National Certified Coach Singles & Synchronized Skating CanPower Certified National Level Synchronized Skating Teams Solstice Synchronized Skating Teams Program Manager National StarSkate Dance Biathlon and Singles Champions Coaching philosophy: Success to me is getting a group of skaters together, as a team, to reach their ultimate potential. It doesn't matter if you are a singles skater or you skate on a synchronized skating team, we all will achieve more and have fun when we get support from our peers and skating community. I aim to create an interest and enthusiasm for skaters to develop sound fundamentals with purpose and inspiration. Coaching Venue: Jimmie Condon Arena Days Available: Thursdays Coaching Area of Interest: All disciplines-Freeskate, Dance, Skills and Synchronized Skating Accepting New Students: Yes Coaching Rate: \$15.00





Kevin Lee (587) 434-7999 easystreetskating@gmail.com

Skating Accomplishments: Alberta Provincial Champion in Men's Singles Competed in Canada Chinese Taipei National Champion Trained in Calgary and in Los Angeles with U.S. National and world-class coaches and competitors Gold Skills, Gold Level Dance ISU Assistant Event Coordinator and Chief Announcer at the 2006 ISU Junior Grand Prix of Figure Skating Final and at the 2016 Four Continents Figure Skating Championships Coaching Accreditation/Education: NCCP National Coach (Partial) NCCP Certified Provincial Coach Coach competitive skaters in Calgary and in Los Angeles ISU Technical Judging System course certificate BCom Degree in Accounting (Haskayne School of Business, University of Calgary) Coaching venue: COP and Jimmie Condon Days Available: Mon-Fri at COP and Sat at JCA **Coaching area of interest**: Competitive Freeskate – all levels beginner to competitive, Skills, Dance Accepting new students: Yes Coaching rate: \$17.00 per 15 minute lesson



Mercedes Shields (587) 435-2574 mercedesshields@me.com

Skating Accomplishments: Competitive singles skater for 10 years Attended multiple Skate Canada AB/NWT/NUN Sectional Championships Skate Canada Challenge Competitor, Skate Canada Team Alberta member Competed across Canada, as well as American competitions. Former Senior Women free skate competitor, Gold free skate, Senior silver skills and Senior silver dance Coaching Accreditation/Education: NCCP Provincial Coach Certified. Currently attending University for a bachelor's degree in Psychology 5 years coaching/program assisting experience Coaching venue: Jimmie Condon Days Available: Monday-Thursday (flexible with days not listed as well) Coaching area of interest: Free Skate Accepting new students: Yes Coaching rate: \$12.00 per 15 mins