



## **Rules of the Dressing Room**

Calalta skaters are expected to be exemplary role models on and off the ice.

Calalta Figure Skating Club is an all genders / all age groups figure skating club. Please keep this in mind when you are in the Dressing Rooms.

- Please tailor your behavior to the youngest in the room.

Please keep the Dressing Rooms neat and tidy.

- Keep your belongings together.
- Put your garbage in the garbage

Please be respectful of other skater's belongings and property.

**No Photos** or **Videoring** allowed in the Dressing Rooms.

Please change in the locked bathroom stalls, not in the open.

Bullying of others will not be tolerated.

Do **Not** leave valuables in the Dressing Room. Please take them with you to the boards. (Calalta is not responsible for lost or stolen items.)

## **Rules of the Ice**

Skaters and Coaches need to exit the ice surface promptly at the end of the session

Skaters are not permitted on the ice when the Zamboni doors are open, or the Zamboni is on the ice.

No skater is allowed on the ice until a Coach is present. (This is a Skate Canada policy)

Please enter and exit the ice in the designated area.

- Corner doors should remain closed at all times. (This is a Skate Canada policy.)

Only non-breakable water bottles are permitted at the boards.

No food, gum, or candy at the ice surface.

Do not socialize on the ice.

Keep the bad attitude elsewhere.

- Do not kick the ice
- Do not kick the boards
- Keep language clean and tone appropriate
- Do not intimidate others with your skating
- If you need to take a moment (crying or frustrated) please exit the ice.

Videeing on the ice is for Training purposes only.

Don't post other skaters on your social media without their permission.

If you fall, please clear the area as quickly as possible.

Please pick up all belongings and garbage at the end of each session.

### **Right of Way on the Ice** (Listed in order of Priority)

1. Those skaters in a program to their music have the right of way. Please stay clear of their pattern.
2. Those skaters in a lesson with a coach / or those skaters in a harness lesson with a coach.
3. Skaters actively in a jump or spin element have the right of way.

Be respectful of the Ice Zones. The safest areas to work on:

- Jumps are at the ends / corners
- Spins are in the center circle
- Skills break down / walk throughs are done lengthwise at the sides of the ice surface. (Not in the Jump Zones)
- Dance and skills to be completed on specified pattern.
- Remember to look both ways before leaving the boards.
- Ice dance partnering will be at the discretion of the director and should always be to the level of the session.

Each skater needs to be aware of their surroundings and respect everyone on the ice. Please be patient and understanding if someone accidentally gets in your way.