

Calalta Figure Skating Club has a highly qualified team of professional coaches who work together to ensure that each skater achieves personal excellence. Our coaching team includes international level coaches in Singles, Pairs, and Dance. All of our coaches have been certified through the National Coaching Certification Program (NCCP) and abide by Skate Canada's Coaches' Code of Ethics.

The Calalta coaching team asks that all skaters and parents adhere to the Calalta Figure Skating Club policies and Skate Canada's Code of Ethics.



**JAIME-LYN JACKSON - Director of Group Skating**

(403) 690-9598

[Calaltagroupprogramsdirector@gmail.com](mailto:Calaltagroupprogramsdirector@gmail.com)

**Skating Accomplishments:** "Disney on Ice" Professional Skater; National Competitive Senior Synchro Skater; Gold tests, Adult 1 Synchro competitor.

**Coaching Accreditation/Education:** National in Training Coach, Trained Skate Canada Learning Facilitator, Canpower certified. 19 years coaching experience. Recipient of the National CanSkate University program, participant in the Challenge Coach Mentorship. Teaching grassroots to Gold/Novice level skaters. Coach of Sectional, StarSkate, AB Winter Games and Leading Edge champions and medalists. Diploma in Broadcasting, MRU. Majored in Psychology, U of L.

**Coaching Venue:** Monday through Saturday. Jimmie Condon (Mon-Sat). COP(Mon

**Days available:** Monday to Saturday

**Coaching Area of interest:** Free skate and skills

**Accepting new students:** Yes

**Coaching rate:** \$16.00 per 15 minutes



**KIM SLOPAK-WEEKS**

[toepik@shaw.ca](mailto:toepik@shaw.ca)

**Skating Accomplishments:** 7th Figure, Jr. Silver Free, Competitive Skating Skills Class 1. Diamond Dance Equivalency, Gold Free Dance, Sr. Competitive Dance Former National Team Member and International Competitor

**Coaching Accreditation/Education:** Certified National Coach / partial Level 4 Coached medalists at Skate Canada National Championships Calalta Competitive Ice Dance Program Manager Coached athletes from CanSkate to Senior level coached competitive dance teams at an international level

Figure Skating Coaching Certificate from Seneca College

33 years coaching experience

**Coaching Venue:** Jimmie Condon & COP

**Coaching Area of interest:** Competitive Dance Teams, Dance, Skills, Stroking and Interpretive Choreography

**Accepting new students:** Yes, all levels and disciplines in September after I have confirmed who is returning

**Coaching rate:** \$18.50 per 15 minute lesson



**BEN WESTENBERGER**  
**(403)604-8883**  
[Benwestenberger@gmail.com](mailto:Benwestenberger@gmail.com)

**Skating Accomplishments:** 2011 ISU World Championships Competitor  
2011 ISU Four Continents Competitor  
**9-Time National Competitor** in Canada and the United States  
**Coaching Accreditation/Education:** National Coach in Training, Skate Canada Triple Gold Medalist. US Figure Skating Triple Gold Medalist in Ice Dance, Moves in the Field, and Free Dance. Coached skaters to National medals and ISU Junior Grand Prix events.

**Coaching Venue:** Jimmie Condon & COP

**Days Available:** Monday through Saturday

**Coaching Area of interest:** All disciplines. Specializing in Ice Dance, Choreography, and Skating Skills

**Accepting new students:** Yes, all levels and disciplines

**Coaching rate:** \$17.50 per 15minute lesson



**Alexandra Young Palin**  
**(403) 479-2602**  
[alexandrayoung26@gmail.com](mailto:alexandrayoung26@gmail.com)

**Accomplishments**

Principal Performer - Disney on Ice. Played the role of Barbie with former Calalta Skater, Eric Palin.

Principal Performer - Willy Bietak Productions on board Royal Caribbean ships Oasis and Allure of the Seas.

National Medallist in Pre-Novice and Novice Pairs.

Junior competitor in Singles & Pairs.

**Coaching Accreditation/Education:** Provincial Coach in Training

Specialist in Pairs, Performance & Singles

**Coaching venue:** Jimmie Condon and COP

**Days Available:** Monday to Saturday

**Coaching area of interest:** Singles, pairs and performance

**Accepting new students:** Yes, with Natasha Taylor

**Coaching rate:** \$13.50 per 15 mins



**DONNA HALLATT**

[dmgskating@shaw.ca](mailto:dmgskating@shaw.ca)

**Coaching Accreditation/Education:** Certified National Coach

NCCP level 2 Pairs and Dance

NCCP level 1 Technical Gymnastics

37 years professional coaching experience

7 years jazz and ballet

11 years Ballroom, 4th in Canada at Canadian Ballroom championships 2018

I have taken skaters to Challenge & National in Freeskate and Dance

**Coaching Venue:** COP and Jimmie Condon

**Days available:** Monday to Friday afternoon COP & Wednesday after 4:00 pm  
Jimmie Condon

**Accepting new students:** Yes

**Coaching Area of interest:** Competitive Freeskate Technical

**Coaching rate:** \$17.00 per 15 minute lesson



**CHANTELLE PORTZ**

**Skating Accomplishments:**

**Coaching Accreditation/Education:** 27 years coaching experience

Certified Provincial Coach, National Coach Trained, Level 3 (partial), CEP Gold Status, Certified CanPower

**Coaching Venue:** COP

**Days available:** Monday to Friday (JC Available for bookings)

**Coaching Area of interest:**

**Accepting new students:** Yes

**Coaching rate:** \$17.00 per 15 minute lesson



**GREG FOLK**

(403) 245-0833

[ghfolk@shaw.ca](mailto:ghfolk@shaw.ca)

**Skating Accomplishments:**

Skate Canada Triple Gold Medalist - National Medalist in Junior and Senior Singles & Senior Fours

**Coaching Accreditation/Education:** NCCP Level 4 Certified

NCCP Level 3 & 4 Course Conductor

Certified Corporate Performance Coach

Over 36 Years Coaching Experience

Master Coach Rating by NCI, PSA(PSGA), and the FSCC

Coach and Trainer of Provincial, Challenge and National Champions

Coach and Trainer of International, Junior World and World Competitors

Many time presenter and guest at National and International Skating Conventions and Conferences.

**Coaching Venue:**

**Days available:** As arranged or by appointment

**Coaching Area of interest:** Jump and Spin Specialist

**Accepting new students:** Yes

**Coaching rate:** \$20.00 per 15 minute lesson



**LAURIE FINNEY**

(403) 462-9650

[lauriejfinney@gmail.com](mailto:lauriejfinney@gmail.com)

**Skating Accomplishments:** Gold Figure, Gold Freeskate, Gold Dance Gold Free Dance, Gold Pairs. Former Alberta Senior Champion and National Competitor - Novice, Junior and Senior

**Coaching Accreditation/Education:** 40 Years Coaching experience Coach & Trainer of Provincial Champions, Divisional Competitors, National & International Competitors, Coach & Trainer of Divisional, National, and International Medalist, Coach of Canada Winter Games Competitors Mentor Coach Level I, II and III Certified National Coach

**Coaching Venue:** JCA **Days available:** 7 days a week

**Coaching Area of interest:** All disciplines

**Accepting new students:** Yes

**Coaching rate:** \$18.00 per 15 minute lesson



**DANIELA SOVAK**

[piruetads@hotmail.com](mailto:piruetads@hotmail.com)

403-287-4144

**Skating Accomplishments:** International competitor Professional ice show soloist/experience

**Coaching Accreditation/Education:** National and International SC coach with 36 years of experience

Chaired the "Learn to Train" stage of SC LTAD (Skate Canada Long Term Athlete Development)

Doctor of Natural Sciences with specialization in human growth and development as related to physical activity.

Ballet and music training

**Coaching Venue:** Jimmie Condon and COP

**Days available:** JCA Mon/Thu last evening session, Sat 1:45-3:15 pm, Sun 10:15-12:30 pm

COP Mon/Wed/Fri am, Mon-Thu day ice

**Coaching area of interest:** Beginners to Senior level competitive in Singles.

Skating fundamentals, Skating Skills, off ice training and basic program choreography

**Accepting new students:** YES

**Coaching rate:** \$18.00 per 15 minutes





**Alison Bonney-Gregson**  
(403) 606-9068  
[alisonskates@gmail.com](mailto:alisonskates@gmail.com)

**Skating Accomplishments:** Diamond Dance, Gold Freeskate, Novice Competitive Test, 7th Figure, Competitive Skating Skills Class 1 equivalency. Former PreNovice Ladies Champion, Alberta/NWT Sectional Championships

**Coaching Accreditation/Education:** Certified National Coach  
NCCP Level 3 Trained Ice Dance  
25 years coaching experience

**Coaching philosophy:**

I love passing the love and joy I feel for skating onto the next generation!!! The relationships that I build with the skaters as they strive to reach their potential in skating are so rewarding. The lessons skaters learn in the rink will serve them in their futures as the sport allows for them to learn discipline and the development of a strong work ethic, to build confidence and both mental and physical strength, as well as the experience to weather both the tough challenges and great accomplishments that the pursuit of their skating goals provides.

**Coaching Venue:** Jimmie Condon & COP

**Days available:** Monday to Saturday

**Coaching Area of interest:** Dance, Freeskate & skills

**Accepting new students:** Yes, all levels and disciplines

**Coaching rate:** \$17.00 per 15 minute lesson



**Andrea St.Cyr**  
[andreastcyr@gmail.com](mailto:andreastcyr@gmail.com)

**Skating Accomplishments:**

Gold Freeskate, Gold Dance, Gold Skills, Ten-Fox Variation, National Open Synchronized Skating Champion, Ballet and Jazz Background, Theater Calgary choreographer Coaching Accreditation

**Coaching Accreditation:**

26 years coaching experience  
Certified National Coach Singles & Synchronized Skating Certified  
CanPower Certified  
National Level Synchronized Skating Teams  
National StarSkate Dance Biathlon and Singles Champions

**Coaching Venue:** Jimmie Condon Arena

**Days Available:** Tuesday and Thursday

**Coaching Area of Interest:** All disciplines-Freeskate, Dance, Skills, Artistic and Synchronized Skating

**Accepting New Students:** Yes

**Coaching Rate:** \$16.00



**CATHY SAHALUK**  
(403) 244-9020 (h)  
(403) 650-8390 (c)  
[cathy\\_sahaluk@shaw.ca](mailto:cathy_sahaluk@shaw.ca)

**Skating Accomplishments:** 6<sup>th</sup> Figure, Sr. Bronze Free Skate, Gold Dance, Ten Fox Variation and Bronze Rhythm Dance  
**Coaching Accreditation/Education:** 50 years coaching experience, Mentor Coach level 1, Certified Provincial Coach, level 3 in training  
**Coaching Venue:** Jimmie Condon  
**Coaching Area of interest:** All disciplines  
**Accepting new students:** Yes  
**Coaching rate:** \$14.00 per 15 minute lesson



**PAUL THOMAS**  
(403) 272-5125  
[wpthomas@telusplanet.net](mailto:wpthomas@telusplanet.net)

**Skating Accomplishments:** Former world! European! and British Ice Dance Champion. Silver medalist two previous years in all three championships.  
**Coaching Accreditation/Education:** Senior Instructor with 43 Years Coaching experience. National Competitive Singles and Dance Coach of National Medalists, Coach of Canada Winter Games Competitors Certified National Coach, partial level 4.  
**Coaching Venue:** Jimmie Condon  
**Coaching Area of interest:** All disciplines  
**Days available:** Mon to Fri  
**Accepting new students:** Yes  
**Coaching rate:** \$17.50 per 15 minute lesson



**Kevin Lee**  
(587) 434-7999  
[easystreetskating@gmail.com](mailto:easystreetskating@gmail.com)

**Skating Accomplishments:** Alberta Provincial Champion in Men's Singles  
Competed in Canada  
Chinese Taipei National Champion  
Trained in Calgary and in Los Angeles with U.S. National and world-class coaches and competitors  
Gold Skills, Gold Level Dance  
ISU Assistant Event Coordinator and Chief Announcer at the 2006 ISU Junior Grand Prix of Figure Skating Final and at the 2016 Four Continents Figure Skating Championships  
**Coaching Accreditation/Education:** NCCP National Coach (Partial)  
NCCP Certified Provincial Coach

Coach competitive skaters in Calgary and in Los Angeles  
ISU Technical Judging System course certificate  
BCom Degree in Accounting (Haskayne School of Business, University of Calgary)  
**Coaching venue:** COP and Jimmie Condon  
**Days Available:** Mon-Fri at COP and Sat at JCA  
**Coaching area of interest:** Competitive Freeskate – all levels beginner to competitive, Skills, Dance  
**Accepting new students:** Yes  
**Coaching rate:** \$17.00 per 15 minute lesson



**Mercedes Shields**

(587) 435-2574

[mercedesshields@me.com](mailto:mercedesshields@me.com)

**Skating Accomplishments:** Competitive singles skater for 10 years  
Attended multiple Skate Canada AB/NWT/NUN Sectional Championships  
Skate Canada Challenge Competitor, Skate Canada Team Alberta member  
Competed across Canada, as well as American competitions.  
Former Senior Women free skate competitor, Gold free skate, Senior silver skills and Senior silver dance

**Coaching Accreditation/Education:** NCCP Provincial Coach Certified. Currently attending University for a bachelor's degree in Psychology  
5 years coaching/program assisting experience

**Coaching venue:** Jimmie Condon

**Days Available:** Monday-Saturday

**Coaching area of interest:** Free Skate

**Accepting new students:** Yes

**Coaching rate:** \$13.00 per 15 mins