

Calalta Figure Skating Club has a highly qualified team of professional coaches who work together to ensure that each skater achieves personal excellence. Our coaching team includes international level coaches in Singles, Pairs, and Dance. All of our coaches have been certified through the National Coaching Certification Program (NCCP) and abide by Skate Canada's Coaches' Code of Ethics.

The Calalta coaching team asks that all skaters and parents adhere to the Calalta Figure Skating Club policies and Skate Canada's Code of Ethics.



JAIME-LYN JACKSON – Interim Director of Skating

(403) 690-9598

Calaltagroupprogramsdirector@gmail.com

Skating Accomplishments: “Disney on Ice” Professional Skater; National Competitive Senior Synchro Skater; Gold tests, Adult 1 Synchro competitor.

Coaching Accreditation/Education: National in Training Coach, Trained Skate Canada Learning Facilitator, Canpower certified. 19 years coaching experience. Recipient of the National CanSkate University program, participant in the Challenge Coach Mentorship. Teaching grassroots to Gold/Novice level skaters. Coach of Sectional, StarSkate, AB Winter Games and Leading Edge champions and medalists. Diploma in Broadcasting, MRU. Majored in Psychology, U of L.

Coaching Venue: Monday through Saturday. Jimmie Condon (Mon-Sat). COP(Mon

Days available: Monday to Saturday

Coaching Area of interest: Free skate and skills

Accepting new students: Yes

Coaching rate: \$16.00 per 15 minutes



KIM SLOPAK-WEEKS

toepik@shaw.ca

Skating Accomplishments: 7th Figure, Jr. Silver Free, Competitive Skating Skills Class 1. Diamond Dance Equivalency, Gold Free Dance, Sr. Competitive Dance Former National Team Member and International Competitor

Coaching Accreditation/Education: Certified National Coach / partial Level 4 Coached medalists at Skate Canada National Championships Calalta Competitive Ice Dance Program Manager Coached athletes from CanSkate to Senior level coached competitive dance teams at an international level

Figure Skating Coaching Certificate from Seneca College

33 years coaching experience

Coaching Venue: Jimmie Condon & COP

Coaching Area of interest: Competitive Dance Teams, Dance, Skills, Stroking and Interpretive Choreography

Accepting new students: Yes, all levels and disciplines in September after I have confirmed who is returning

Coaching rate: \$18.50 per 15 minute lesson



BEN WESTENBERGER
(403)604-8883
Benwestenberger@gmail.com

Skating Accomplishments: 2011 ISU World Championships Competitor
2011 ISU Four Continents Competitor
9-Time National Competitor in Canada and the United States
Coaching Accreditation/Education: National Coach in Training, Skate Canada Triple Gold Medalist. US Figure Skating Triple Gold Medalist in Ice Dance, Moves in the Field, and Free Dance. Coached skaters to National medals and ISU Junior Grand Prix events.

Coaching Venue: Jimmie Condon & COP

Days Available: Monday through Saturday

Coaching Area of interest: All disciplines. Specializing in Ice Dance, Choreography, and Skating Skills

Accepting new students: Yes, all levels and disciplines

Coaching rate: \$17.50 per 15minute lesson



Alexandra Young Palin
(403) 479-2602
alexandrayoung26@gmail.com

Accomplishments

Principal Performer - Disney on Ice. Played the role of Barbie with former Calalta Skater, Eric Palin.

Principal Performer - Willy Bietak Productions on board Royal Caribbean ships Oasis and Allure of the Seas.

National Medallist in Pre-Novice and Novice Pairs.

Junior competitor in Singles & Pairs.

Coaching Accreditation/Education: Provincial Coach in Training

Specialist in Pairs, Performance & Singles

Coaching venue: Jimmie Condon and COP

Days Available: Monday to Saturday

Coaching area of interest: Singles, pairs and performance

Accepting new students: Yes, with Natasha Taylor

Coaching rate: \$16.00 per 15 mins



DONNA HALLATT

dmgskating@shaw.ca

Coaching Accreditation/Education: Certified National Coach

NCCP level 2 Pairs and Dance

NCCP level 1 Technical Gymnastics

37 years professional coaching experience

7 years jazz and ballet

11 years Ballroom, 4th in Canada at Canadian Ballroom championships 2018

I have taken skaters to Challenge & National in Freeskate and Dance

Coaching Venue: COP and Jimmie Condon

Days available: Monday to Friday afternoon COP & Wednesday after 4:00 pm
Jimmie Condon

Accepting new students: Yes

Coaching Area of interest: Competitive Freeskate Technical

Coaching rate: \$17.00 per 15 minute lesson



CHANTELLE PORTZ

Skating Accomplishments:

Coaching Accreditation/Education: 27 years coaching experience

Certified Provincial Coach, National Coach Trained, Level 3 (partial), CEP Gold Status, Certified CanPower

Coaching Venue: COP

Days available: Monday to Friday (JC Available for bookings)

Coaching Area of interest:

Accepting new students: Yes

Coaching rate: \$17.00 per 15 minute lesson



GREG FOLK

(403) 245-0833

ghfolk@shaw.ca

Skating Accomplishments:

Skate Canada Triple Gold Medalist - National Medalist in Junior and Senior Singles & Senior Fours

Coaching Accreditation/Education: NCCP Level 4 Certified

NCCP Level 3 & 4 Course Conductor

Certified Corporate Performance Coach

Over 36 Years Coaching Experience

Master Coach Rating by NCI, PSA(PSGA), and the FSCC

Coach and Trainer of Provincial, Challenge and National Champions

Coach and Trainer of International, Junior World and World Competitors

Many time presenter and guest at National and International Skating Conventions and Conferences.

Coaching Venue:

Days available: As arranged or by appointment

Coaching Area of interest: Jump and Spin Specialist

Accepting new students: Yes

Coaching rate: \$20.00 per 15 minute lesson



LAURIE FINNEY

(403) 462-9650

lauriejfinney@gmail.com

Skating Accomplishments: Gold Figure, Gold Freeskate, Gold Dance Gold Free Dance, Gold Pairs. Former Alberta Senior Champion and National Competitor - Novice, Junior and Senior

Coaching Accreditation/Education: 40 Years Coaching experience Coach & Trainer of Provincial Champions, Divisional Competitors, National & International Competitors, Coach & Trainer of Divisional, National, and International Medalist, Coach of Canada Winter Games Competitors Mentor Coach Level I, II and III Certified National Coach

Coaching Venue: JCA **Days available:** 7 days a week

Coaching Area of interest: All disciplines

Accepting new students: Yes

Coaching rate: \$18.00 per 15 minute lesson



DANIELA SOVAK

piruetads@hotmail.com

403-287-4144

Skating Accomplishments: International competitor Professional ice show soloist/experience

Coaching Accreditation/Education: National and International SC coach with 36 years of experience

Chaired the "Learn to Train" stage of SC LTAD (Skate Canada Long Term Athlete Development)

Doctor of Natural Sciences with specialization in human growth and development as related to physical activity.

Ballet and music training

Coaching Venue: Jimmie Condon and COP

Days available: JCA Mon/Thu last evening session, Sat 1:45-3:15 pm, Sun 10:15-12:30 pm

COP Mon/Wed/Fri am, Mon-Thu day ice

Coaching area of interest: Beginners to Senior level competitive in Singles.

Skating fundamentals, Skating Skills, off ice training and basic program choreography

Accepting new students: YES

Coaching rate: \$18.00 per 15 minutes



Alison Bonney-Gregson

(403) 606-9068

alisonskates@gmail.com

Skating Accomplishments: Diamond Dance, Gold Freeskate, Novice Competitive Test, 7th Figure, Competitive Skating Skills Class 1 equivalency. Former PreNovice Ladies Champion, Alberta/NWT Sectional Championships

Coaching Accreditation/Education: Certified National Coach

NCCP Level 3 Trained Ice Dance

25 years coaching experience

Coaching philosophy:

I love passing the love and joy I feel for skating onto the next generation!!! The relationships that I build with the skaters as they strive to reach their potential in skating are so rewarding. The lessons skaters learn in the rink will serve them in their futures as the sport allows for them to learn discipline and the development of a strong work ethic, to build confidence and both mental and physical strength, as well as the experience to weather both the tough challenges and great accomplishments that the pursuit of their skating goals provides.

Coaching Venue: Jimmie Condon & COP

Days available: Monday to Saturday

Coaching Area of interest: Dance, Freeskate & skills

Accepting new students: Yes, all levels and disciplines

Coaching rate: \$17.00 per 15 minute lesson



Andrea St.Cyr

andreastcyr@gmail.com

Skating Accomplishments:

Gold Freeskate, Gold Dance, Gold Skills, Ten-Fox Variation, National Open Synchronized Skating Champion, Ballet and Jazz Background, Theater Calgary choreographer Coaching Accreditation

Coaching Accreditation:

26 years coaching experience

Certified National Coach Singles & Synchronized Skating Certified

CanPower Certified

National Level Synchronized Skating Teams

National StarSkate Dance Biathlon and Singles Champions

Coaching Venue: Jimmie Condon Arena

Days Available: Tuesday and Thursday

Coaching Area of Interest: All disciplines-Freeskate, Dance, Skills, Artistic and Synchronized Skating

Accepting New Students: Yes

Coaching Rate: \$16.00



CATHY SAHALUK
(403) 244-9020 (h)
(403) 650-8390 (c)
cathy_sahaluk@shaw.ca

Skating Accomplishments: 6th Figure, Sr. Bronze Free Skate, Gold Dance, Ten Fox Variation and Bronze Rhythm Dance
Coaching Accreditation/Education: 50 years coaching experience, Mentor Coach level 1, Certified Provincial Coach, level 3 in training
Coaching Venue: Jimmie Condon
Coaching Area of interest: All disciplines
Accepting new students: Yes
Coaching rate: \$14.00 per 15 minute lesson



PAUL THOMAS
(403) 272-5125
wpthomas@telusplanet.net

Skating Accomplishments: Former world! European! and British Ice Dance Champion. Silver medalist two previous years in all three championships.
Coaching Accreditation/Education: Senior Instructor with 43 Years Coaching experience. National Competitive Singles and Dance Coach of National Medalists, Coach of Canada Winter Games Competitors Certified National Coach, partial level 4.
Coaching Venue: Jimmie Condon
Coaching Area of interest: All disciplines
Days available: Mon to Fri
Accepting new students: Yes
Coaching rate: \$17.50 per 15 minute lesson



Kevin Lee
(587) 434-7999
easystreetskating@gmail.com

Skating Accomplishments: Alberta Provincial Champion in Men's Singles
Competed in Canada
Chinese Taipei National Champion
Trained in Calgary and in Los Angeles with U.S. National and world-class coaches and competitors
Gold Skills, Gold Level Dance
ISU Assistant Event Coordinator and Chief Announcer at the 2006 ISU Junior Grand Prix of Figure Skating Final and at the 2016 Four Continents Figure Skating Championships
Coaching Accreditation/Education: NCCP National Coach (Partial)
NCCP Certified Provincial Coach

Coach competitive skaters in Calgary and in Los Angeles
ISU Technical Judging System course certificate
BCom Degree in Accounting (Haskayne School of Business, University of Calgary)
Coaching venue: COP and Jimmie Condon
Days Available: Mon-Fri at COP and Sat at JCA
Coaching area of interest: Competitive Freeskate – all levels beginner to competitive, Skills, Dance
Accepting new students: Yes
Coaching rate: \$17.00 per 15 minute lesson



Mercedes Shields

(587) 435-2574

mercedesshields@me.com

Skating Accomplishments: Competitive singles skater for 10 years
Attended multiple Skate Canada AB/NWT/NUN Sectional Championships
Skate Canada Challenge Competitor, Skate Canada Team Alberta member
Competed across Canada, as well as American competitions.
Former Senior Women free skate competitor, Gold free skate, Senior silver skills and Senior silver dance

Coaching Accreditation/Education: NCCP Provincial Coach Certified. Currently attending University for a bachelor's degree in Psychology
5 years coaching/program assisting experience

Coaching venue: Jimmie Condon

Days Available: Monday-Saturday

Coaching area of interest: Free Skate

Accepting new students: Yes

Coaching rate: \$13.00 per 15 mins