

Welcome to September 2025!

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Calalta publishes a monthly update sharing information such as important dates, volunteer opportunities, safety issues and other items of interest. This document can also be found on our website at www.calalta.net

Fall Registration

Some sessions are already full and other are filling fast! A few highlights that you should be aware of:

- Our focus continues to be on stroking – power and edges are critical! You will see stroking out at COP as well this year on Monday and Friday mornings and it is strongly encouraged you sign up for it!
- Off Ice sessions! With certain classes, there is a free off ice class that is offered (limit of 15 people). Please ensure you read the schedule carefully when booking to see which sessions this applies to.
- Members receive a 20% discount if they book between July 15 at noon and August 30 at noon if they register for 6 clicks.
- No discounts after August 30 at noon.

Register [here](#) for Fall

Program Assistant Training

- Friday September 12 – In class upstairs at Jimmie Condon 6-8 pm
- On ice portion Saturday September 13 from 4:45-5:45 pm
- Email calaltacanskatecoordinator@gmail.com to reserve your spot

Volunteer Policy

If you have registered, you will be aware that there is a volunteer commitment required. Calalta is a non-profit organization, and we rely on our members to volunteer to make for a successful club. We will be sharing all volunteer opportunities through the monthly update and through emails so make sure you read them. Some opportunities go fast!

The full details of the volunteer commitment can be found on our website at <https://calalta.net/volunteer-opportunities/>.

Back by popular demand! Davison Orchard Apple Fundraiser

[Davison Orchards](#) is a family farm just outside of Vernon BC, specializing in apples

- All apples are hand-picked into a 15 lb box
- Pick up will October 23 to the Jimmie Condon parking lot -
Exact details will be emailed closer to the date

Deadline to order is noon October 1, 2025

Order [here](#)



Did you know that you can earn two (2) volunteer hours of credit for every \$100 of Davison apples sold? This is a great opportunity to share with your friends, family, neighbours and co-workers. Let them help you earn your volunteer hours!

Opportunity to start your volunteer hours - Sign up [here](#) if you can volunteer on Oct 23 from 3-6 pm to distribute apple orders (unload truck, organize in parking lot, load boxes into vehicles)

Used Skate and Dress Sale – Coming this fall

We are accepting items for the used skate and dress sale. Please note the items must be in good enough condition that someone else will want to buy them at a reduced price.

Please label item with your name, cell number, brief item description, size and asking price. If the item sells, Calalta takes 20% of sale and the seller makes 80%. Cheques will be available 10 days after the sale date and can be picked up at Jimmie Condon.

Drop items off (usually between 12-7:30 pm weekdays or Saturdays 9-5 pm) at Jimmie Condon, volunteers will sort and display items on sale day. Any questions? Please email the office at info@calalta.net

We are looking for someone to take the lead volunteer role on this. Would include set up, cash management, volunteer training, inventory control, take down and cleanup. Please email the office if you are interested info@calalta.net

Let's Dance!

Looking to improve or develop your skills in the anticipation of competing in competitive ice dance with a partner? Or does competitive solo dance interest you? It's the latest from the ISU – check it out [here](#) - ice dance without a partner!

- No ice dance experience required - just need to show a desire and interest
- Must have successfully completed assessments at minimum Star 5 level
- Your edges, turns and field moves will be improved
- You will learn patterns, partnering techniques, lifts, spins and twizzles as well as Free Dance elements

Limited spots available!

If interested please contact Kim Weeks at kimijoe@shaw.ca

This fall!

Two time slots available

- 6:15 am - 8:15 am at WinSport
- 8:30 am - 9:45 am at WinSport

Once accepted, you will then need to register on Calalta's Uplifter page

Coached by Kim Weeks, Ben Westenberger and Donna Hallet

Synchro Opportunities

Are you ready to take your skating to the next level? Calalta is thrilled to announce that we are recruiting skaters for the 2025-2026 season to compete at a national level!

Join Our Open Team!

Is your skater eager to advance their competitive experience and represent the Alberta section on a national stage? This is your chance to join our Open synchronized skating team and be part of an exhilarating journey!

Why Join Us?

- **Competitive Edge:** Skate at a national level and showcase your skills.
- **Team Atmosphere:** Experience the camaraderie and support of a synchronized skating team.
- **Travel Opportunities:** Compete across Canada and gain invaluable experience.
- **Skill Enhancement:** Add to your existing skating skills with our comprehensive on and off-ice programming.

Who Can Join?

- Skaters who are at least 15 years of age with Star 8 or higher.
- Those looking to explore a team environment and take their skating to new heights.

Details:

- **Practice Schedule:** Wednesday evenings and Sunday afternoons with both on and off-ice sessions.
- **Season Start Date:** Sunday, September 7, 2025.

We would love to have you join us for an exciting season of growth, competition, and fun! If you're interested, please contact Coach Andrea at andreastcy@gmail.com

2025-2026 Calalta Synchronized Skating Season Teams

We want you! as (It's not too late!!)

The 2025-2026 Synchronized Skating season kicks off in September and we are looking for a few additional team members to join this growing discipline! Calalta's Solstice will be running the following teams:

- **Elementary (Star 4)**
 - Practices Sunday at Jimmie Condon
 - Starting synchro level for new young skaters - no age requirement
- **Juvenile (Star 6)**
 - Practices Sunday at Jimmie Condon
 - No age requirement or experience needed
- **Open – Canada Cup Nationals competitive (must be 15 & over with some Gold levels/Star 8)**
 - Practices Wednesday evening and Sunday at Jimmie Condon

- **Adult 1 (must be 18 with some Senior Silver levels/Star 8)**
 - Practices Monday evening at Jimmie Condon
- **Adult 2 (must be 18 with some Junior Silver/Star 6)**
 - Practices Thursday evening at Jimmie Condon
- **Adult 3 (must be 18 and have previous skating experience)**
 - Practices Tuesday evening at Jimmie Condon

If you are interested, speak to your coach, or contact the Synchro Program head coach, Andrea St. Cyr at andreastcyr@gmail.com. Don't miss out on this incredible opportunity to be part of something special. **Let's make the 2025-2026 season unforgettable!**

Upstairs Cleaning – Another volunteer opportunity!

This is for someone that has an extra hour a week. Cleaning of the fitness studio, offices and washrooms upstairs at Jimmie Condon.

- Sweeping stairs and large open floor area from the office to the entrance
- Cleaning bathrooms
- Empty Garbage
- Mop floors and stairs
- Ensure cleaning supplies are replenished (receipts to be submitted for refund)
- Windows and mirrors
- General dusting/organizing

This can be done anytime there is no off-ice classes running even though the sign up indicates Thursday. If interested, sign up and then email Natalie at info@calalta.net to discuss what hours work best for you and your schedule.

Sign up to volunteer [here](#) for the cleaning opportunity.

Important Dates for 2025/26 Season for Jimmie Condon and COP

September 2025		
Jimmie Condon		WinSport/COP
Labour Day – all City rinks closed	Mon Sep 1	Labour Day – No sessions running
Welcome back Jimmie Condon skaters!	Tues Sep 2	Welcome back COP skaters!
	Wed Sep 3	4:00-4:45, 4:45-5:45 & 6:00-7:00 PM sessions cancelled (Known cancellation and not part of your registration fees)

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FIGURE SKATING CLUB

	Thu Sep 4	4:00-5:00, 4:00-5:45 + PTC, 4:45-5:45 & 6:00-7:00 PM sessions cancelled (Known cancellation and not part of your registration fees)
	Fri Sep 5	1:00-1:45, 2:00-2:45, 3:45-4:45 PM sessions cancelled (Known cancellation and not part of your registration fees)
	Tue Sep 9	6:15-8:15 and 8:30-9:45 AM sessions cancelled (Known cancellation and not part of your registration fees)
	Wed Sep 10	6:15-8:15 and 8:30-9:45 AM sessions cancelled (Known cancellation and not part of your registration fees)
Program Assistant training at JC (Classroom) - TBD with Lisa B	Fri Sep 12	6:30-7:45 AM, 1:00-1:45 and 2:00-2:45 PM sessions cancelled (Known cancellation and not part of your registration fees) 8:30-9:45 AM sessions cancelled. Newly cancelled as of Aug 27, credits will be issued.
Program Assistant training at JC (On Ice)	Sat Sep 13	
Monday CanSkate begins	Mon Sept 15	No 2:00-2:45 and 3:00-3:45 pm sessions running (unknown cancellation, credits will be issued to those who registered by Aug 15)
Wednesday CanSkate begins	Wed Sept 17	
	Thurs Sept 18	6:00-7:00 PM session cancelled (Known cancellation and not part of your registration fees)
Friday CanSkate begins	Fri Sept 19	
Saturday CanSkate and Power skating starts	Sat Sept 20	
	Wed Sep 24	6:15-8:15 and 8:30-9:45 AM sessions cancelled (Known cancellation and not part of your registration fees)
	Thu Sep 25	6:15-8:15 and 8:30-9:45 AM sessions cancelled (Known cancellation and not part of your registration fees)
	Fri Sep 26	8:30-9:45 AM sessions cancelled (Known cancellation and not part of your registration fees)
	Mon Sep 29	2:00-2:45 and 3:00-3:45 PM cancelled (Known cancellation and not part of your registration fees)
Truth & Reconciliation Day – No sessions	Tue Sep 30	Truth & Reconciliation Day – only 2 sessions running are 6:15-8:15 and 8:30-9:45 AM (Known cancellation and not part of your registration fees)
October 2025		
All sessions cancelled (Known cancellation and not part of your registration fees)	Sun Oct 5	
	Mon Oct 6	2:00-2:45 and 3:00-3:45 PM cancelled (Known cancellation and not part of your registration fees)
	Tue Oct 7	8:30-9:45, 2:00-2:45 and 3:00-3:45 PM cancelled (Known cancellation and not part of your registration fees)
Seminar with Ravi	Sat Oct 11	
Happy Thanksgiving – all City rinks closed	Mon Oct 13	Happy Thanksgiving – No sessions running

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	Tue Oct 14	2:00-2:45 and 3:00-3:45 PM cancelled (Known cancellation and not part of your registration fees)
	Mon Oct 20	2:00-2:45 and 3:00-3:45 PM cancelled (Known cancellation and not part of your registration fees)
	Tue Oct 21	2:00-2:45 and 3:00-3:45 PM cancelled (Known cancellation and not part of your registration fees)
All sessions cancelled (Known cancellation and not part of your registration fees)	Sat Oct 25	
All sessions cancelled (Known cancellation and not part of your registration fees)	Sun Oct 26	
	Thu Oct 30	All sessions cancelled except 6:15-8:15 and 8:30-9:45 AM (Known cancellation and not part of your registration fees)
NO CanSkate/PreCanSkate (Known cancellation and not part of your registration fees)	Fri Oct 31	

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