

# NEWSLETTER

CALALTA FSC



## Welcome to September 2026!

Calalta publishes a monthly update sharing information such as important dates, volunteer opportunities, safety issues and other items of interest. This document can also be found on our website at [www.calalta.net](http://www.calalta.net)

### Program Assistant Training

- Friday September 11 – In class upstairs at Jimmie Condon 6-8 pm
- On ice portion Saturday September 12 from 4:45-5:45 pm
- Email [canskate@calalta.net](mailto:canskate@calalta.net) to reserve your spot

### Back by popular demand! Davison Orchard Apple Fundraiser

Davison Orchards is a family farm outside of Vernon BC, specializing in apples

- All apples are hand-picked into a 15 lb box
- Pick up will October 22 to the Jimmie Condon parking lot - Exact details will be emailed closer to the date

Deadline to order is noon September 29, 2026

Order [here](#)



This is a great opportunity to share with your friends, family, neighbours and co-workers. Let them help you earn your volunteer hours!

Opportunity to start your volunteer hours - Sign up [here](#) if you can volunteer on Oct 22 from 3-6 pm to distribute apple orders (unload truck, organize in parking lot, load boxes into vehicles)

### Solstice Synchronized Skating

Big news for synchro fans: synchronized skating is joining the 2030 Olympic lineup — and we could not be more excited!

Whether you're curious about trying synchro for the first time or ready to take the next step on a recreational or competitive Podium Pathway team, we'd love to welcome you. Talk to your coach or contact Synchro Program Lead Andrea St. Cyr at [solsticesynchro@gmail.com](mailto:solsticesynchro@gmail.com) to learn more.

There's a place for many ages and stages in synchro — from Star 4 skaters to adults. For the 2026–2027 season, Calalta's.

Solstice will offer the following teams:

- Star 4 & 6
- Novice (Podium Pathway and national competitive)

### Volunteer Policy

If you have registered, there is a volunteer commitment required. Calalta is a non-profit organization, and we rely on our members to volunteer to make for a successful club. We will be sharing all volunteer opportunities through the monthly update and through emails so make sure you read them. Some opportunities go fast!

The full details of the volunteer commitment can be found on our website at <https://calalta.net/volunteer-opportunities/>.

- Senior Synchro9 (national and international competitive)
- Adult 1, 2 & 3

Fun fact: The current Senior World Champions are Les Suprêmes includes two Solstice/Calalta alumnae, Sadie Nicholson and Isabelle Barcenas-Squire.

### Upstairs Cleaning – Another volunteer opportunity!

This is for someone that has an extra hour a week. Cleaning of the fitness studio, office and washrooms upstairs at Jimmie Condon

- Sweeping/mopping stairs and floor
- Cleaning bathrooms

- Empty Garbage
- Ensure cleaning supplies are replenished
- Windows and mirrors
- General dusting/organizing

This can be done anytime there is no off-ice classes running. If interested, sign up and then email Natalie at [info@calalta.net](mailto:info@calalta.net) to discuss what hours work best for you and your schedule.

Sign up to volunteer [here](#) for the cleaning opportunity.

*Thank you for reading!*



## Stay in Touch

- \* @calaltafsc
- ✉ [info@calalta.net](mailto:info@calalta.net)
- ☎ (403)-245-2425
- 📍 502 Heritage Dr SW, Calgary AB T2V 0T3

\* Follow us on Instagram and like us on Facebook

### Important Dates

| Jimmie Condon                            |            | WinSport/COP                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
|------------------------------------------|------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Aug 2026                                 |            |                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| Welcome back Jimmie Condon skaters!      | Mon Aug 31 | Welcome back COP skaters!                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| Sep 2026                                 |            |                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| Labour Day – all City rinks closed       | Mon Sep 7  | Labour Day – All sessions running                                                                                                                                                                                                                                                                                                                                                                                                                            |
|                                          | Thu Sep 10 | All sessions cancelled except 4:00-5:45 PM and 6:00-7:00 PM (Known cancellation and not part of your registration fees)<br><b>NOTE: Dance Sessions from 6:15-8:15 AM and 8:30-9:45 AM have moved to Father David Bauer, running from 6:30-8:30 AM and 8:45-10:00AM. These sessions were not included in your registration and will be automatically added at registered rate.</b>                                                                            |
|                                          | Fri Sep 11 | 6:15-8:15 AM and 8:30-9:45 AM sessions cancelled. (Known cancellation and not part of your registration fees)<br><b>NOTE: Dance Sessions from 6:15-8:15 AM and 8:30-9:45 AM have moved to Southland JK, running from 6:30-8:30 AM and 8:45-10:40AM. These sessions were not included in your registration and will be automatically added at registered rate.</b><br>6:30-7:45 AM, 1:00-1:45, 2:00-2:45, 3:00-3:45 and 3:45 4:45 pm are still running at COP |
|                                          | Mon Sep 14 | 2:00-2:45 PM and 3:00-3:45 PM sessions cancelled (Known cancellation and not part of your registration fees)                                                                                                                                                                                                                                                                                                                                                 |
| Wednesday CanSkate begins                | Wed Sep 16 |                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
|                                          | Thu Sep 17 | 2:00-2:45 PM and 3:00-3:45 PM sessions cancelled (Known cancellation and not part of your registration fees)                                                                                                                                                                                                                                                                                                                                                 |
| Friday CanSkate begins                   | Fri Sep 18 |                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| Saturday CanSkate and Power Skate begins | Sat Sep 19 |                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| Monday CanSkate begins                   | Mon Sep 21 |                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
|                                          | Thu Sep 24 | 6:15-8:15 AM and 8:30-9:45 AM sessions cancelled. (Known cancellation and not part of your registration fees)<br><b>NOTE: Dance Sessions from 6:15-8:15 AM and 8:30-9:45 AM have moved to Father David Bauer and Norma Bush running from 6:30-7:45 AM for the first session and 8:15-10:00AM for the second session. These sessions were not included in your registration and will be automatically added at registered rate.</b>                           |
| Truth & Reconciliation Day – No sessions | Wed Sep 30 | Truth & Reconciliation Day – All sessions running                                                                                                                                                                                                                                                                                                                                                                                                            |